

# Lowering Cholesterol in High-Risk Individuals and Populations

edited by  
Edward M. Rothman

# Lowering Cholesterol In High Risk Individuals And Populations

**World Health Organization**



## **Lowering Cholesterol In High Risk Individuals And Populations:**

**Lowering Cholesterol in High-Risk Individuals and Populations** Basil M. Rifkind, 1995-02-07 Investigates recent scientific findings concerning cholesterol lowering and the nature of atherosclerotic plaque suggesting practical guidelines for treating high blood cholesterol in both individual patients and the population at large Describes the specifics of the National Cholesterol Education Program reports on the detection and management of high blood cholesterol in adults children and the general population *The World Health Report 2002* World Health Organization, 2002 The world is living dangerously either because it has little choice or because it is making the wrong choices Dr Gro Harlem Brundtland WHO Director General Evidence-Based Cardiology Salim Yusuf, John A. Cairns, A. John Camm, Ernest L. Fallen, Bernard J. Gersh, 2008-04-15 This second edition is a ground breaking clinical text with a strong emphasis on rigorous evidence Leaders in the field discuss best practice in the light of systematic reviews and randomised control trials and how best to treat where the information is less clear Case histories provide intriguing discussions on how to apply the evidence in real life situations Evidence based Cardiology also includes free access to the latest evidence which is automatically posted on a companion website **Economic Aspects of Preventive Measures in Coronary Artery Disease** Ortrud Wendt, 1997-09-15

**Inhaltsangabe Abstract** An ounce of prevention is worth a pound of cure Rarely are there any objections to this old proverb Its significance is underscored by the fact that the Major causes of death today are the degenerative chronic diseases of civilization Abundant evidence has been accumulated that these diseases can often be prevented However the appeal of prevention lies not only in its ability to reduce suffering from disease but also in its assumed power to reduce the costs of health care At first sight it appears that promoting health and preventing disease would easily rehabilitate the health care system granting prevention a prominent spot on the health policy agenda For example in Germany prevention in the form of health check ups was introduced to the catalogue of services to be offered by health insurance companies in 1989 Yet concerns have been raised that prevention may not reduce but rather add to the costs of health care Especially in the case of prevention of chronic diseases death or sickness can only be postponed but never avoided Thus a careful analysis of all the effects of preventive measures is necessary to assess their full economic consequences Cardiovascular diseases primarily coronary artery disease and stroke account for the majority of deaths in industrialized countries In the United States these diseases kill nearly as many Americans as all other diseases combined and are also among the leading causes of disability The aggregate cost of coronary artery disease CAD in the United States is enormous costing the country between 50 and 100 billion dollars per year for medical treatment and lost wages Nonetheless over the past two decades the mortality from cardiovascular disease has declined dramatically 40 per cent for coronary artery disease Major contributions to this decline came from risk factor reduction and changes in lifestyles Moreover new technology improved pharmacology as well as better surgical techniques contributed to this decline Risk factor reduction and changes in lifestyle are preventive measures in

coronary artery disease with a straightforward appeal Preventing the disease not only means avoiding the pain and suffering of the individual but also avoiding the risk of irreversible consequences and permanent damage In addition to these obvious benefits the costs of many preventive measures for example screening tests appear to be very small Nevertheless the

*Epidemiology and Prevention of Cardiovascular Diseases: A Global Challenge* Labarthe, 2010-03-23 This book provides a comprehensive epidemiological perspective on cardiovascular diseases and analysis of measures for their prevention and control in community and clinical settings Perfect for both students and practitioners the second edition includes over 300 tables figures and exhibits and has been thoroughly updated to reflect the most recent research in the field Epidemiology and Prevention of Cardiovascular Disease A Global Challenge Second Edition provides an in depth examination of epidemiologic research and prevention measures for the full range of cardiovascular diseases CVD This authoritative text on the world's leading causes of death describes in detail the nature of atherosclerotic and hypertensive diseases including their determinants prevention and control as well as policies for intervention in community and clinical settings This second edition is fully updated more extensively referenced and expanded to include new information about the public health dimensions of CVD prevention exploring the basis of public health decisions and the process by which decision making bodies develop guidelines and recommendations Epidemiology and Prevention of Cardiovascular Diseases A Global Challenge Second Edition is the essential text for any student or practitioner concerned with global cardiovascular health The second edition includes The most up to date epidemiologic research prevention measures and policies Fully revised content and expanded material A comprehensive review of CVD research **Herzog's CCU Book** Eyal Herzog, 2017-11-22 Geared to any health care professional practicing in or rotating into a CCU this quick reference adopts a similar format to the author's highly regarded Cardiac Care Unit Survival Guide Packed with full page diagnosis treatment algorithms and management pathways Herzog's CCU Book ensures you acquire in depth knowledge and understand the subtleties in treating the different kinds of patients you encounter in a CCU setting Advancing Dietetics and Clinical Nutrition E-Book Anne Payne, Helen M. Barker, 2011-05-28 This book provides a comprehensive account of the relevant physiology pathophysiology nutritional therapy and dietetic application for each specialist dietetic area All major specialist areas involved in the treatment of adults are covered The first section deals with clinical governance for example patient centred care clinical decision making and developing evidence based practice The second section on advanced clinical practice describes 18 clinical conditions or dietetic areas in detail There is detailed coverage of 18 clinical conditions or dietetic areas The control of food intake and absorption of nutrients Drug nutrient interactions Food allergy allergy and intolerance Irritable bowel disease IBD and colorectal cancer Short bowel syndrome Enteral nutrition Parenteral nutrition Thermal injury Nutrition and liver disease HIV Palliative care Renal disease Diabetes Obesity Cardiovascular disease Stroke Neurological conditions Mental health Each chapter concludes with a section on possible future developments in the specialty providing insight into hot topics making

this an essential text for all working in the field of Dietetics and Clinical Nutrition Each clinical chapter follows a standard structure Learning objectives Key points summarise important aspects Case studies with questions and answers help link theory to practice References and further reading suggestions encourage wider research

**Davidson's Principles and Practice of Medicine E-Book** Ian D Penman, Stuart H. Ralston, Mark W.J. Strachan, Richard Hobson, 2022-06-20 Well over two million medical students doctors and other health professionals around the globe have owned a copy of Davidson's Principles and Practice of Medicine since it was first published over 70 years ago Now in its 24th Edition this thoroughly updated textbook describes the pathophysiology and clinical features of the most frequently encountered conditions in the major specialties of adult medicine and explains how to recognise investigate diagnose and manage them Taking its origins from Sir Stanley Davidson's much admired lecture notes Davidson's has endured because it keeps pace with how modern medicine is taught and provides a wealth of trusted information in an easy to read concise and beautifully illustrated format

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Awards This book comes through where others fail an excellent textbook easy to read and superb value British Medical Journal *Braunwald's Heart Disease - E-Book* Peter Libby, 2021-10-15 Current comprehensive and evidence based Braunwald's Heart Disease remains the most trusted reference in the field and the leading source of reliable cardiology information for practitioners and trainees worldwide The fully updated 12th Edition continues the tradition of excellence with dependable state of the art coverage of new drugs new guidelines more powerful imaging modalities and recent developments in precision medicine that continue to change and advance the practice of cardiovascular medicine Written and edited by global experts in the field this award winning text is an unparalleled multimedia reference for every aspect of this complex and fast changing area Offers balanced dependable content on rapidly changing clinical science clinical and translational research and evidence based medicine Includes 76 new contributing authors and 14 new chapters that cover Artificial intelligence in Cardiovascular Medicine Wearables Influenza Pandemics COVID 19 and Cardiovascular Disease Tobacco and Nicotine Products in Cardiovascular Disease Cardiac Amyloidosis Impact of the Environment on Cardiovascular Health and more Features a new introductory chapter Cardiovascular Disease Past Present and Future by Eugene Braunwald MD offering his unique visionary approach to the field of cardiology Dr Braunwald also curates the extensive bimonthly online updates that include Hot Off the Press with links to Practice Update and Late Breaking Clinical Trials Provides cutting edge coverage of key topics such as proteomics and metabolomics TAVR diabetocardiology and cardio oncology Contains 1 850 high quality illustrations radiographic images algorithms and charts and provides access to 215 videos called out with icons in the print version Highlights the latest AHA ACC and ESC guidelines to clearly summarize diagnostic criteria and clinical implications Provides tightly edited focused content for quick dependable reference Flexible format options include either one or two volumes in print as well as a searchable eBook with ongoing updates Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices

**Textbook of Diabetes** Richard I. G. Holt, Allan Flyvbjerg, 2024-02-12 Textbook of Diabetes Classic textbook providing diabetologists and endocrinologists with illustrated and clinically focused content on diabetes Now in its sixth edition the Textbook of Diabetes has established itself as the modern international guide to diabetes Sensibly organized and easy to navigate with exceptional illustrations the textbook hosts an unrivalled blend of clinical and scientific content Written by highly experienced editors and international contributors all of whom have provided insight on new developments in diabetes care These include the most recent guidelines from the European Association for the Study of Diabetes EASD the American Diabetes Association ADA Diabetes UK and the National Institute for Health and Care Excellence NICE and information on the latest treatment modalities used around the world The textbook includes free access to the Wiley Digital Edition which provides easy to use searching across the book the full reference list with web links illustrations and photographs and post publication updates Sample topics covered in Textbook of Diabetes include Diabetes in its historical

and social context covering the history of diabetes past classification and diagnosis of diabetes and the global burden of diabetes Normal physiology covering glucose homeostasis islet function and insulin secretion and glucagon in islet and metabolic regulation Pathogenesis of diabetes covering genetics of diabetes and obesity autoimmune type 1 diabetes and other disorders with type 1 diabetes phenotype Other types of diabetes covering endocrine disorders that cause diabetes pancreatic diseases and diabetes and drug induced diabetes Beautifully illustrated with a clinical focus Textbook of Diabetes provides endocrinologists and diabetologists both consultants specialists and those in training with a fresh and comprehensive clinical resource to consult time and time again The text is also of value to specialist diabetes nurses and researchers in the field Nutrition: A Health Promotion Approach Third Edition Geoffrey P. Webb, Geoffrey P

Webb, 2007-12-28 The third edition of this highly regarded introductory textbook continues to cover all aspects of nutrition including nutritional epidemiology social aspects of nutrition the science of food as a source of energy and essential nutrients and the microbiological safety of food and food processing Its focus is on nutrition in industrialized nations where nutritional deficiencies in the traditional sense are less of an issue but the roles of diet in causing or preventing chronic disease and maintaining good life long health and well being are gaining ever increasing attention The importance of good health promotion is therefore a guiding principle throughout the book supported by a section devoted to health promotion theory Nutrition a health promotion approach is the book of choice for first year nutrition students looking for a readable but comprehensive introduction to the field dieticians undertaking the nutrition components of their course and other students undertaking nutrition modules as part of a broader scientific or professional course such as food science or catering

*Guide to Clinical Preventive Services* DIANE Publishing Company, 1997-03 An exhaustive report on recommended clinical preventive services that should be provided to patients in the course of routine clinical care including screening for vascular neoplastic and infectious diseases and metabolic hematologic ophthalmologic and ontologic prenatal and musculoskeletal disorders Also mental disorders and substance abuse counseling and immunization The majority of deaths below age 65 are preventable This Guide results from the most comprehensive evaluation and synthesis of preventive interventions to date

**Introduction to Epidemiology** Ilona Carneiro, Natasha Howard, Lucianne Bailey, 2011-09-01 An introduction to the principles methods and application of epidemiology for improving health and survival **Introduction To Epidemiology**

Carneiro, Ilona, Howard, Natasha, 2011-09-01 This popular book examines the underlying concepts and applications of epidemiology Brocklehurst's Textbook of Geriatric Medicine and Gerontology E-Book Howard M. Fillit, Kenneth Rockwood, Kenneth Woodhouse, 2010-05-10 Popular with generations of practitioners Brocklehurst's Textbook of Geriatric Medicine and Gerontology has been the definitive reference of choice in the field of geriatric care The new 7th Edition by Howard M Fillit MD Kenneth Rockwood MD and Kenneth Woodhouse carries on this tradition with an increased clinical focus and updated coverage to help you meet the unique challenges posed by this growing patient population Consistent

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**Preventive Cardiology** Jo Anne Micale Foody, 2007-11-03 Preventive cardiology is a fast moving field that places emphasis on the prevention and treatment of coronary disease Preventive Cardiology Insights Into the Prevention and Treatment of Cardiovascular Disease Second Edition is intended for clinical cardiologists internists primary care providers and allied health care professionals who wish to extend their knowledge and expertise in the rapidly expanding field of preventive cardiology It is the mission of this book to provide clinicians with the understanding and tools necessary to implement prevention in their daily practices Recent changes in the delivery of health care in the United States and abroad in conjunction with new scientific evidence supporting the role of preventive strategies in the maintenance of cardiovascular health have focused new attention and efforts on the field of cardiovascular disease prevention The field of cardiology is thus making a gradual transition from the technology driven intervention oriented perspective of the last several decades to a new preventive molecular based perspective As fresh evidence amasses that preventive measures produce a considerable decrease in the incidence of both primary and secondary cardiac events and mortality there is growing widespread acknowledgment that health care providers from all arenas must initiate preventive strategies in the management and care of their patients

**Tresch and Aronow's Cardiovascular Disease in the Elderly** Wilbert S. Aronow, Jerome L. Fleg, Michael W. Rich, 2019-02-06 With an exponential growth in the number of older adults understanding the common disorders of the elderly patient requiring cardiac care is becoming increasingly important Incorporating recent advances in the field Tresch and Aronow's Cardiovascular Disease in the Elderly 6th Edition has been completely revised and updated to provide cardiologists primary care physicians geriatricians and other clinicians caring for the elderly a comprehensive and accessible overview of the epidemiology pathophysiology and treatment of cardiovascular disorders in older patients

**Guide to Clinical Preventive Services** U.S. Preventive Services Task

Force,1996      *Hyperlipidaemia 3Ed* Paul Durrington,2007-07-27 The third edition of this well received text provides a state of the art treatise on modern clinical practice relating to hyperlipidaemia and lipoprotein disorders conditions responsible for a huge amount of morbidity and mortality in Western countries and increasingly the developing world The clinical evidence underlying the treatment of hyperlipidaemia has burgeoned since the second edition published in 1994 with the publication of the results of several clinical trials on statin drugs and the subsequent appearance of national and international guidelines for cholesterol lowering in coronary prevention There has also been considerable development in the definition of cardiovascular risk and the methodology for identifying high risk patients All of these aspects are addressed fully in the new edition In addition the book offers helpful summaries of the background biochemistry of lipoprotein metabolism and atherosclerosis where relevant putting the subject in the context of its pathophysiology and epidemiology The text relating to clinical aspects has a strong evidence base reviewing in particular areas of uncertainty and controversy Drawing on the wealth of experience of the author and representing his widely respected views on the subject readers will find this comprehensive well referenced and accessible book invaluable      **Prevention** ,

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