

BACKGROUND

- NUTRITION PLAN CREATED ACCORDING to INDIVIDUAL NUTRITIONAL STATUS & REQUIREMENTS by REGISTERED DIETITIAN-NUTRITIONIST (RDN)
 - ~ RECOMMENDED by H.C.P.
 - ~ SIMPLE CHANGES in DIET or LIFESTYLE
 - ~ STRICT DIET
 - ~ ADVANCED: IV or TUBE FEEDING



SCHEDULE						
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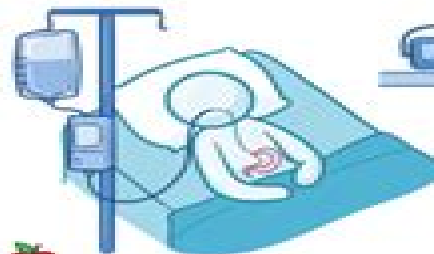
ASSESSMENT

- NUTRITION STATUS & HEALTH CONDITIONS
- BODY MEASUREMENTS
- BLOOD TESTS
- ESTIMATION of CALORIE INTAKE
- EATING HABITS, PORTION SIZES, & COOKING METHODS
- CHANGES in SMELL or TASTE
- USE of DENTURES or SWALLOWING DIFFICULTIES / ASPIRATION RISK
- FOOD INTOLERANCES & TASTE PREFERENCES



TREATMENT

- DIABETES MELLITUS
 - ~ IMPROVE GLUCOSE CONTROL
 - ~ PREVENT LONG-TERM COMPLICATIONS
- OBESITY
 - ~ LOSE WEIGHT
 - ~ ↓↓ CHOLESTEROL
 - ~ IMPROVE HYPERTENSION
- GI DISORDERS
 - ~ IBD, GERD, CELIAC DISEASE, IBS, SHORT BOWEL SYNDROME
- LIVER or KIDNEY DISEASE
- PREVENT MALNUTRITION
- TREATMENT of METABOLIC DISORDERS or SEVERE FOOD INTOLERANCES
- COMBINED with PSYCHOLOGICAL THERAPY in ANOREXIA & BULEMIA NERVOSA or BINGE EATING DISORDERS



Nutrition For DummiesR

R Pring



Nutrition For DummiesR:

Nutrition For DummiesR Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be more evident than ever. They have the ability to inspire, provoke, and ignite change. Such could be the essence of the book **Nutrition For DummiesR**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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