

LOWER BACK PAIN



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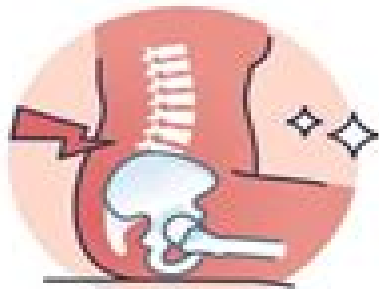
**DEGENERATIVE
CONDITIONS**



HEAVY LIFTING



TRAUMA



**POOR SITTING
POSTURE**



**FREQUENT BENDING
FORWARD**



Lower Back Pain Some Real Answers

Padhraic Smyth



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Immerse yourself in heartwarming tales of love and emotion with is touching creation, **Lower Back Pain Some Real Answers** . This emotionally charged ebook, available for download in a PDF format (*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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