

A silhouette of a person sitting in a meditative lotus position on a beach. The person is facing away from the camera, looking out at the ocean. The sky is a mix of orange, yellow, and blue, suggesting a sunset or sunrise. The person's reflection is visible in the wet sand in the foreground. The text "Mind-Body MEDICINE" is overlaid on the right side of the image.

Mind-Body MEDICINE

WEDICINE

Mind Body Medicine

Deepak Chopra



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