

Congenital hypothyroidism: Diagnostic algorithm

Screen for hypothyroidism:

Initial T4 <10%, TSH ↑

Or Initial TSH ↑

Clinical suspicion of hypothyroidism

Measure serum TSH and
free T4 (or T4 and T3 resin uptake)

TSH ↑ (>9 mU/L)
Free T4 ↓ (<0.6 ng/dL)
Diagnosis primary CH confirmed

Diagnostic studies to
define etiology (optional):
• Radioiodine uptake and scan
• Thyroglobulin
• Maternal antithyroid antibodies
• Iodine

TSH ↓ or normal (<9 mU/L)
Free T4 ↓ (<0.6 ng/dL)
**Diagnosis likely secondary
(central) hypothyroidism**

- Isolated: TSHβ gene analysis
- Evaluate for other pituitary hormone deficiencies
- MRI of brain
- Eye exam-check for optic nerve hypoplasia

Research In Congenital Hypothyroidism

JL Elias



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