shyla's initiative

A NOVEL

Barbara Casey

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Shyla's Initiative Barbara Casey, Thirty five year old novelist Shyla Wishon fears that her life is spinning out of control since her recent marriage to Carl Cores First her overbearing new mother in law moves to Florida in order to be close to her son followed by a steady stream of visiting relatives who become a constant intrusion on what was once her time to write To make matters worse Carl s two grown daughters refuse to have anything to do with her and even though Carl has a good job bills are starting to pile up Shyla tries to cheerfully accept the responsibilities that come with a new marriage and the inevitable adjustments but the stress is leaving her with constant migraines a lack of energy and worst of all a loss of creativity Shyla leaves her home in West Palm Beach to spend two weeks in Naples where she teaches creative writing each summer at the Ibis Institute of Writing When she arrives her friend Jayne Sinclare president of Ibis invites Shyla to join her for lunch Mariela Fanjul whose family has just donated 100 000 to the Institute and the Fanjul family attorney Terry Sawyer who is a big fan of Shyla's published work are also invited Mariela Fanjul has signed up for Shyla's course and is writing a novel based on her family s Cuban heritage and their Santerian beliefs As Shyla works with Mariela she becomes entangled in the ancient Regla de Ocha involving soul transference and animal sacrifice It is through these beliefs and a remarkable series of events that eventually allow Shyla to escape her present life and become a totally new person Barbara Casey, Thirty five year old novelist Shyla Wishon fears that her life is spinning out of control since her recent marriage to Carl Cores First her overbearing new mother in law moves to Florida in order to be close to her son followed by a steady stream of visiting relatives who become a constant intrusion on what was once her time to write To make matters worse Carl s two grown daughters refuse to have anything to do with her and even though Carl has a good job bills are starting to pile up Shyla tries to cheerfully accept the responsibilities that come with a new marriage and the inevitable adjustments but the stress is leaving her with constant migraines a lack of energy and worst of all a loss of creativity Shyla leaves her home in West Palm Beach to spend two weeks in Naples where she teaches creative writing each summer at the Ibis Institute of Writing When she arrives her friend Jayne Sinclare president of Ibis invites Shyla to join her for lunch Mariela Fanjul whose family has just donated 100 000 to the Institute and the Fanjul family attorney Terry Sawyer who is a big fan of Shyla's published work are also invited Mariela Fanjul has signed up for Shyla's course and is writing a novel based on her family s Cuban heritage and their Santerian beliefs As Shyla works with Mariela she becomes entangled in the ancient Regla de Ocha involving soul transference and animal sacrifice It is through these beliefs and a remarkable series of events that eventually allow Shyla to escape her present life and become a totally new person 2006 Novel & Short Story Writer's Market ,2005 2007 Novel & Short Story Writer's Market Lauren Mosko, 2006 Lists addresses and information on contacts pay rates and submission requirements and includes essays on the craft of writing 2004 Children's Book Market Ellen Hopkins, Susan Heyboer O'Keefe, 2004 2008 Novel & Short Story Writer's Market Lauren

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