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Guía práctica de medicina china Yves Réquena, Marie Borrel, 2018-10-15 Según la medicina china la salud y el equilibrio dependen de las relaciones que mantenemos con el mundo que nos rodea. Este libro nos invita a entrar en el laberinto del pensamiento chino y extraer nuevos recursos para el bienestar y la salud. Se trata de una obra precisa, práctica y amena. En primer lugar presenta con gran claridad las nociones a menudo imprecisas de la energía del Yin y el Yang y sobre todo de los cinco elementos de la medicina y la psicología chinas. A continuación nos propone descubrir gracias a un sencillo test de 40 preguntas y al estudio de la mano a qué elemento estamos más íntimamente vinculados. Por último ofrece medios naturales y eficaces para armonizarnos con los elementos: acupuntura, masajes, alimentación, fitoterapia, aceites esenciales, elixires florales, ejercicios respiratorios y visualizaciones de Qi Gong. La lectura de esta guía le permitirá valorar la naturaleza como un reflejo del funcionamiento interior del ser humano. Conocer todas las aplicaciones prácticas del pensamiento chino. Aplicar los principios de la filosofía mística china para alcanzar la armonía plena. Averiguar a qué elemento natural pertenece usted a través de un test de 40 preguntas. Descubrir las herramientas terapéuticas en función de su elemento natural. Saber cómo conjugar las terapias occidentales con el pensamiento oriental. Revelaciones para sanar con Medicina China Lina

Rubiano, 2023-11-01 Esta lectura te ayudará a ser tu propio médico en el rea del autocuidado preventivo de tal forma que puedas ayudar a tu médico a proteger y mejorar tu salud. Dra Elsa Lucía Arango Tienes espasmos musculares, ojos secos y acné. Tus menstruaciones son abundantes y dolorosas. Se te cae el pelo, te duelen las rodillas y sufres de fatiga. Eres irritable, tienes insomnio y te cuesta bajar de peso. En la medicina occidental cada síntoma debe tratarlo un especialista diferente, mientras que la Medicina China demuestra que el origen de la enfermedad está en el desequilibrio de un órgano o víscera y los trata directamente. La Medicina China con 5 000 años de antigüedad nos enseña que el cuerpo, la mente y las emociones están interrelacionados y son indivisibles: somos un todo y no la suma de las partes. Por eso los pensamientos y las emociones afectan al cuerpo de la misma forma que los alimentos afectan a la mente. La doctora Lina Rubiano recoge las enseñanzas que recibí de sus maestros en China y capítulo a capítulo revisa las funciones de cada órgano, los síntomas que revelan fallas y las herramientas para revertir el daño a través de terapias milenarias. Con este conocimiento será más fácil despertar la sabiduría de tu cuerpo y su capacidad de sanar. Reseñas. Esta lectura te ayudará a ser tu propio médico en el rea del autocuidado preventivo de tal forma que puedas ayudar a tu médico a proteger y mejorar tu salud. Dra Elsa Lucía Arango Su horóscopo chino. Tigre

Pô Bit-Na, 2016-04-25 Buda convocó a los representantes del reino animal para otorgarles una recompensa sin embargo sólo se presentaron ante el Maestro doce especies: Rata, Bata, Tigre, Liebre, Dragón, Caballo, Serpiente, Cabra, Mono, Gallo, Perro y Cerdo. Buda les mostró su reconocimiento dedicándoles a cada uno un año que llevar a su nombre. Conozca su signo en el horóscopo chino, la psicología, la salud, la vida sentimental, familiar y profesional y las previsiones para el año 2018.

Su horóscopo chino. Perro Pô Bit-Na, 2016-04-25 Buda convocó a los representantes del reino animal para otorgarles

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Medicina china y flores de Bach Pablo Noriega,2014-01-27 Libro muy esperado en el que el autor aborda por primera vez en toda la bibliograf a floral el nexo entre la terapia floral y la medicina tradicional china Gran conocedor de ambas disciplinas las funde minuciosamente La introducci n resulta esclarecedora y la profundizaci n en cada rgano desde la perspectiva de la medicina china es brillante **Boletín de la Unión Panamericana** Pan American Union,1918

Connecting China, Latin America, and the Caribbean Enrique Dussel Peters,James A. Cook,Joseph S. Alter,2024-02-13 A long history of migration trade and shared interests links China to Latin America and the Caribbean Over the past twenty years China has increased direct investment and restructured trade relations in the region In addition Chinese public sector enterprises private companies and various branches of the central government have planned developed and built a large number of infrastructure projects in Latin America and the Caribbean such as dams roads railways energy grids security systems telecommunication networks hospitals and schools These projects have had a profound impact on local environments and economies and help shape the lived experiences of individuals Each chapter in this volume examines how the impact of

these infrastructure projects varies in different countries focusing on how they produce new forms of global connectivity between various sectors of the economy and the resulting economic and cultural links that permeate everyday life

Medicina China Tradicional Fabio Budris,2004 **Pequeño compendio de materia médica china** Eduard Genís Sol,2014-08-29 El libro Pequeño compendio de materia médica china incluye los entre cuatrocientos y quinientos remedios medicinales chinos que pueden encontrarse en occidente Incide sobre todo en la comprensión global del funcionamiento de todos los grupos y subgrupos de la materia médica y proporciona una información sumaria de los parámetros propios de cada remedio su sabor su naturaleza su tropismo su posología su eventual toxicidad sus acciones e indicaciones y sus contraindicaciones con la particularidad de que en todos y en cada uno de los casos en los que procede también especifica el tipo de procedimiento de transformación o zh indicado para lograr una mayor eficacia en cada una de las acciones de dicho medicamento Este libro supone una exposición pormenorizada de la utilización de los remedios medicinales chinos cuando como por qué y de qué manera Razonado práctico y útil

China in Argentina Máximo Badaró,2022-01-31 This is the first book to shed light on the growing presence influence and expansion of China in the daily life of Argentina While most previous academic studies focus on the geopolitical and macroeconomics dimensions of the relations between Argentina and China this book shows at a micro social level the multiple facets of the economic political and social influence of China in Argentina The book presents ethnographic studies of encounters of actors and negotiation of identities from Argentina and China in companies schools restaurants hospitals districts public and private institutions in Argentina Themes discussed in the ethnographies include identity struggle and strategic uses of culture in Buenos Aires's Chinatown teaching Chinese as the first foreign language or teaching it as a heritage language in a bilingual school the contested production of images of Chinese authenticity in Chinese restaurants the connections and contestations between so called Western medicine and so called Chinese Traditional Medicine and the conflictive relations between Chinese expatriate bosses of Chinese state owned enterprises and their Argentinean employees

La cocina china L. y M. Landra,2012-07-23 La cuidadosa preparación de los platos la riqueza de los ingredientes y la variedad de los métodos de cocción han hecho de la gastronomía china una de las más famosas del mundo Este libro ilustrado con numerosas fotos en color presenta todo lo que hay que saber sobre la cocina china la cocina de las distintas regiones de China pequinesa cantonesa los distintos utensilios y equipos los métodos de cocción al vapor estofado en la sartén la preparación de las tortitas los rollitos y los raviolis Con más de 135 recetas de las más sencillas a las más elaboradas y con un breve glosario de ingredientes esta obra se convertirá en una herramienta imprescindible para todos los amantes de la cocina china que les permitirá obsequiar a familiares y amigos con los mejores platos tradicionales

Sano y en Forma. Perder Peso con la Medicina China Wang Shu-li,Carl Stimson,2014-10-03 La guía se entiende como ayuda para dar los primeros pasos hacia una mejor manera de enfocar la salud y el bienestar Paso a paso se explican los conceptos básicos de la medicina china así como sus posibilidades terapéuticas Se ofrecen consejos para

mejorar la dieta o la práctica de ejercicios y terapias que se pueden hacer en casa Fundamentos. Guías de Estudio de Medicina China Zhou Xue-sheng, 2014-10-03 Esta guía de estudios aborda los fundamentos teóricos de la medicina china desde la teoría de Yin y Yang y los Cinco Movimientos hasta los principios de prevención y tratamiento. La inserción de amplias citas de los textos medicinales clásicos hace que el texto sea particularmente interesante para aquellos lectores que no tienen la oportunidad de leer los textos en original. El autor Prof. Zhou Xue-shen de la Universidad de Medicina China de Nanjing se sirve de un lenguaje claro con lo que consigue transferir los conceptos a menudo densos en explicaciones comprensibles que se complementan por figuras y diagramas. Un libro valioso que merece consultar una y otra vez sea estudiante, docente o profesional sanitario.

Diagnóstico. Guías de Estudio de Medicina China Chen Jia-xu, 2014-10-03 Con el libro de Prof. Chen Jia-xu, vicedecano del departamento de diagnóstico de la Universidad de Medicina China de Beijing, disponemos de una guía de referencia indispensable sobre los métodos de diagnóstico y la diferenciación de síndromes. Cada método diagnóstico es presentado de forma tan exhaustiva como precisa, dotada de explicaciones y análisis de signos, síntomas y síndrome. Numerosas tablas y diagramas facilitan al estudiante la memorización de la información relevante y al terapeuta a recordar la base teórica de su trabajo clínico.

Acupuntura y Acupresión MTC: Guía Práctica de Medicina Tradicional China Boreas M.L. Saage, Acupuntura y Acupresión MTC. Guía Práctica de Medicina Tradicional China es una obra completa que introduce al lector en los fundamentos y aplicaciones prácticas de la Medicina Tradicional China. MTC centrándose en las técnicas de acupuntura y acupresión. Este libro presenta de manera clara y accesible los conceptos filosóficos fundamentales de la MTC como el Yin y Yang, los Cinco Elementos y el Qi como energía vital. A través de explicaciones detalladas y gráficos ilustrativos, el lector comprenderá cómo estos principios se aplican en el diagnóstico y tratamiento de diversas dolencias. La obra profundiza en los métodos diagnósticos tradicionales chinos incluyendo la observación de la lengua, la toma del pulso y la observación corporal proporcionando notas prácticas para su correcta interpretación y aplicación. En la sección dedicada a la acupuntura se exploran los meridianos y las energías que fluyen a través del cuerpo identificando los puntos de acupresión más relevantes y sus efectos terapéuticos. El texto detalla las técnicas de aplicación, los tipos de agujas y las precauciones necesarias para una práctica segura. La acupresión MTC recibe especial atención como método de autoaplicación describiendo técnicas de presión, intensidad y frecuencia para el tratamiento de problemas comunes como dolores de cabeza, trastornos digestivos y problemas de sueño. Se incluyen instrucciones para el masaje de zonas reflejas y técnicas derivadas como el shiatsu y EFT. Técnicas de Liberación Emocional. Una característica de este libro son los capítulos dedicados a MTC y acupuntura en forma de notas y reglas mnemotécnicas facilitando el aprendizaje y la retención de información crucial sobre puntos de acupresión y sus combinaciones terapéuticas. Finalmente, la obra aborda la integración de la MTC con la medicina occidental ofreciendo pautas para combinar ambos enfoques de manera complementaria así como recomendaciones preventivas basadas en los principios de la medicina china según las estaciones del año y la constitución individual. Esta guía práctica

ctica es ideal tanto para principiantes interesados en descubrir la MTC como para practicantes que desean ampliar sus conocimientos en acupuntura y acupresión **The Directory and Chronicle for China, Japan, Corea, Indo-China, Straits Settlements, Malay States, Siam, Netherlands India, Borneo, the Philippines, and Etc ,1873 Tapas asiáticas** Christophe Megel,Anton Kilayko,2006

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