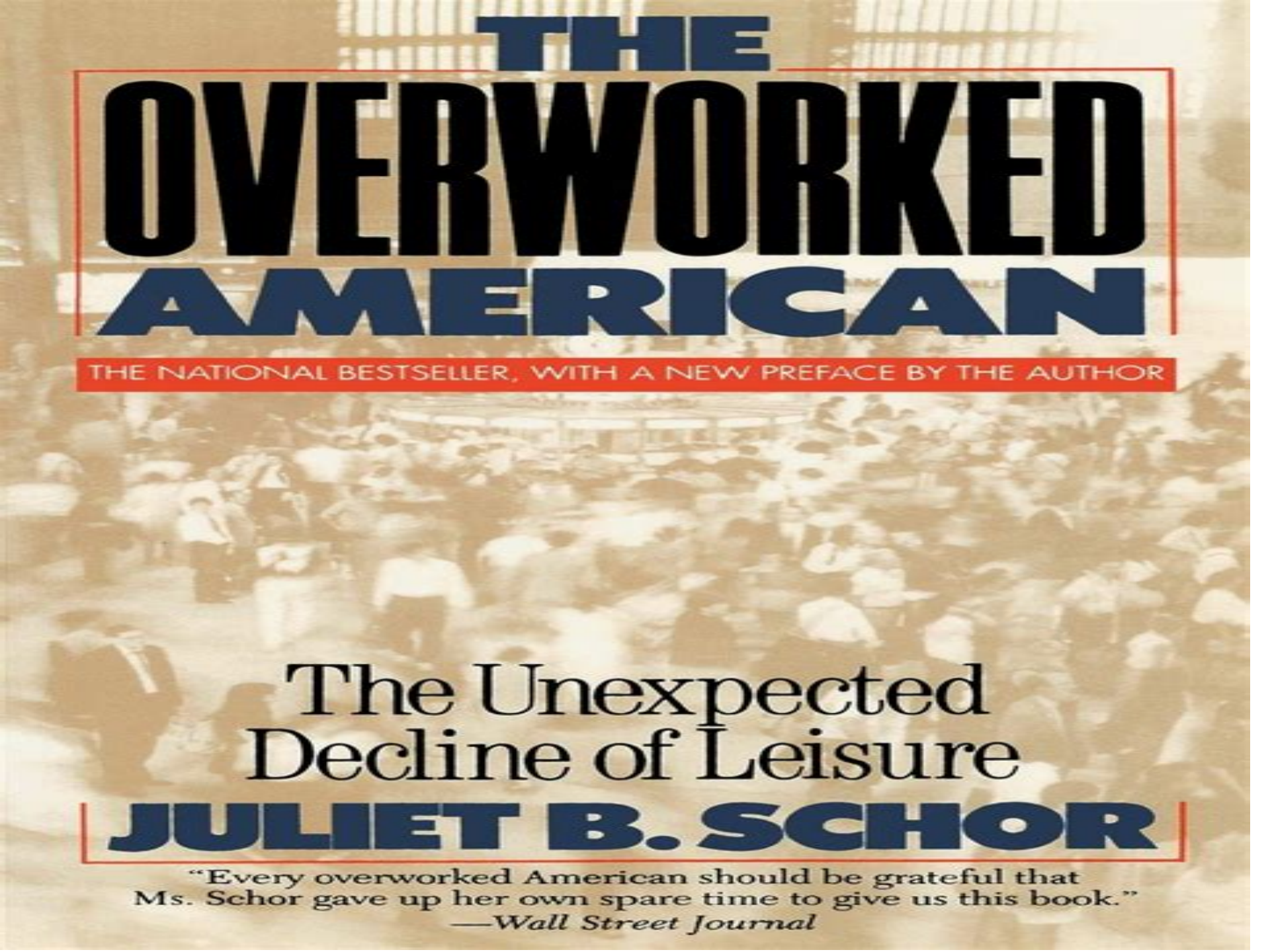




THE OVERWORKED AMERICAN

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The Unexpected
Decline of Leisure

JULIET B. SCHOR

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Overworked American The Unexpected Decline Of Leisure

Dick Meyer



Overworked American The Unexpected Decline Of Leisure:

The Overworked American Juliet Schor, 2008-08-05 This pathbreaking book explains why contrary to all expectations Americans are working harder than ever Juliet Schor presents the astonishing news that over the past twenty years our working hours have increased by the equivalent of one month per year a dramatic spurt that has hit everybody men and women professionals as well as low paid workers Why are we unlike every other industrialized Western nation repeatedly choosing money over time And what can we do to get off the treadmill

The Overworked American Photocopy Juliet B. Schor, 1993

Gender and the politics of time Valerie Bryson, 2007-11-21 Women's increased role in the labour market has combined with concerns about the damaging effects of long working hours to push time related issues up the policy agenda in many Western nations This wide ranging and accessible book assesses policy alternatives in the light of feminist theory and factual evidence The book introduces mainstream ideas on the nature and political significance of time and re frames them from a feminist perspective to provide a critical overview of policies in Western welfare states Themes covered include gender differences in time use and the impact of time poverty on women's citizenship the need to value time spent giving and receiving care the social meanings of time and whether we can talk about women's time and men's time and the role of the past in framing policy options today The book is essential reading for all those interested in gender inequality time use or work rest of life balance It will be an invaluable resource for students and academics throughout the social sciences

The Human Person and a Culture of Freedom Peter A. Pagan Aguiar, Terese Auer, 2009 Collection of essays on the metaphysical underpinnings of intellectual and individual freedom within a civic political order or cultural milieu Provided by publisher

Hooked on Growth Douglas E. Booth, 2004-05-03 Challenging conventional wisdom on the virtues of a consumer economy this provocative book explores the nexus between growth and environment sustainability The miracle of the modern affluent economy is an ever swelling cornucopia of consumer goods leading to expanding consumption as the essential underpinning of economic growth in more and more parts of the globe Douglas Booth contends that expansion in this form amounts to an addiction Are we as a society hooked on economic growth of a kind that carries with it significant threats to the natural environment A critical dilemma for the modern economy is that growth is required to prevent the pain of unemployment As growth continues the environment declines but if growth slows unemployment rises We seem trapped in a spiraling predicament like that of the addict This accessible work explores whether getting unhooked from growth to meet the needs of the environment is possible Giving the environment priority over growth may seem to some like a radical idea yet the author argues that it can be accomplished using marketable emissions allowances transferable development rights and other tools popular with conventional economists It can also be achieved by creating more interesting and environmentally friendly urban landscapes less beholden to the automobile The key problem a less growth oriented society will face is ensuring that everyone who wants employment can find it This will require something that many people wish for

anyway a shorter workweek More leisure a higher quality environment and more attractive cities and towns are the potential rewards of a less consumption oriented society Yet powerful economic interests that benefit from a high growth economy are arrayed against changes in the status quo Under what circumstances can the power of special interests be overcome in the name of environmental conservation This is the author's critical final question as he offers a clear path to a sustainable economic and environmental future

Vocabulary for Sustainable Consumption and Lifestyles Lewis Akenji, Philip J. Vergragt, Halina Szejnwald Brown, Thomas S.J. Smith, Laura Maria Wallnöfer, 2025-09-29 Vocabulary for Sustainable Consumption and Lifestyles a Language for our Common Future curates a shared vocabulary of concepts that enables a society wide conversation about sustainable consumption and lifestyles the future of consumer society and ways to transcend it Since the United Nations UN Earth Summit in Rio de Janeiro in 1992 the global environmental and social consequences of mass consumption have been well documented yet progress is slow Overconsumption and extractive practices continue to drive ecological overshoot Set against this backdrop each of the 87 essays in this book imparts a meaning to a concept highlights its history and offers different perspectives interpretations and applications for social change The two premises of this book are that we need to transition to a society in which the well being and dignity of people are achieved with a much smaller footprint and that technological solutions are inadequate for the challenge Policies and actions are greatly lagging behind the growing understanding of the system of production consumption because social change is often slow and sustainable consumption does not have a clear political champion The book addresses tensions that also interfere with progress such as science versus politics economic winners versus losers traditions versus an uncertain future and present needs versus future costs This innovative volume is an important resource for students scholars policymakers grassroots activists and agents of change interested in sustainable consumption and sustainable living more broadly

The Changing Nature of Happiness Sandie McHugh, 2017-11-24 This book shines a light on the meaning of happiness and how public perceptions of it have changed over time A question that has engaged philosophers from the days of Aristotle happiness is a subject of growing academic interest and its recent integration into government policy is provoking increased debate into its definition and nature Sandie McHugh and her associates build on the work of social anthropologist Tom Harrison's Worktown Mass Observation study from 1938 repeating the original study today Together these accounts show how perceptions of happiness have changed over the years for the people of Bolton UK and reveal major difference between its definition then and now This unique study is a useful tool in the understanding and study of happiness offering invaluable insights for scholars and practitioners working in the fields of social psychology positive psychology health psychology and wellbeing With chapters by Martin Guha and Jerome Carson John Haworth Robert Snape and Matthew Watson and Linda Withey

Gender in the Legal Profession Joan Brockman, 2001 An analysis of the causes and implications of the gendered structure of the legal profession in Canada and elsewhere The author concludes that until there is significant change in how

women are perceived in relation to domestic duties it is unlikely that they will attain equality within the legal profession

Immigrant Women in Atlantic Canada Evangelia Tastsoglou, Peruvemba S. Jaya, 2011 At last an in depth exploration of immigrant women's experiences in the labour force family and broader community in Atlantic Canada Highlighting feminist research on women and gender based analyses the collection focuses on the intersections of gender with race ethnicity and class

Men, Wage Work and Family Paula McDonald, Emma Jeanes, 2012 In the last two decades there has been a plethora of research on a range of subjects collectively and rhetorically known as work life balance The bulk of this research which spans disciplines including feminist sociology industrial relations and management has focused on the significant concerns of employed women and or dual career couples Less attention has been devoted to scholarship which explicitly examines men and masculinities in this context Meanwhile public and organizational discourse is largely espoused in gender neutral terms often neglecting salient gendered issues which differentially impact the ability of women and men to successfully integrate their work and non work lives This edited book brings together empirical studies of the work life nexus with a specific focus on men's working time arrangements how men navigate and traverse paid work and family commitments and the impact of public and organizational policies on men's participation in work leisure and other life domains The book is innovative in that it presents both macro institutional how policy affects practice and micro individual from men's own perspectives level studies allowing for a rich and contrasting exploration of how men's participation in paid work and other domains is divided conflicted or integrated The essays in this volume address issues of fundamental social labor market and economic change which have occurred over the last 20 years and which have profoundly affected the way work care leisure and community have evolved in different contexts Taking an international focus Men Wage Work and Family contrasts various public and organizational policies and how these policies impact men's opportunities and participation in paid work and non work domains in industrialised countries in Europe North America and Australia

Work, Vacation and Well-being Dalia Etzion, 2019-08-21 Based on a twenty year research study Work Vacation and Well being delves into the ubiquitous yet often underestimated issues surrounding vacation and respite Providing an original outlook on how breaks from work can be beneficial for the well being of employees this book also addresses the potential negative impacts of vacation Taking into account factors concerning the nature of the break and the person taking it Etzion delves into the benefits and drawbacks of workplace breaks from annual leave to maternity leave and sabbaticals Work Vacation and Well being looks at breaks from work through various social and cultural lenses to present a balanced and well researched perspective on all angles of taking a break Perfect for students of Organizational and Health Psychology Work Vacation and Well being also widely appeals to those studying Social Policy Management Studies Occupational Health and Research Methods

Communication and the Work-Life Balancing Act Elizabeth Fish Hatfield, 2016-12-27 Communication and the Work Life Balancing Act Intersections across Identities Genders and Cultures offers scholarly research related to

work life balance in today's environment with a particular focus on the fields of communication and gender studies. The chapters examine the choices, challenges, and gendered experiences that women and men face as they navigate structures of work, domestic duties, and childcare in search of balance. Underpinning this text is the notion that work life balance affects everyone but is experienced differently through the intersections of sex, age, gender, socioeconomic status, and race.

Recommended for scholars of communication, gender studies, organizational communication, sociology, and family communication.

Why We Hate Us Dick Meyer, 2009-09-22 Americans are as safe, well fed, securely sheltered, long lived, free, and healthy as any human beings who have ever lived on the planet. But we are down on America. So why do we hate us? According to Dick Meyer, the following items on this much abbreviated list are some of the contributors to our deep disenchantment with our own culture: Cell phone talkers broadcasting the intimate details of their lives in public spaces; Worship of self-awareness, self-realization, and self-fulfillment; T-shirts that read "Eat Me"; Facebook, MySpace, and kids being taught to market themselves; High level cheating in business and sports; Reality television and the cosmetic surgery boom; Multinational corporations that claim "We care about you"; The decline of organic communities; A line of cosmetics called "S L U T"; The phony red state/blue state divide; The penetration of OmniMarketing into OmniMedia and the insinuation of both into every facet of our lives. You undoubtedly could add to the list with hardly a moment's thought. In *Why We Hate Us*, Meyer absolutely nails America's early twenty-first century mood disorder. He points out the most widespread carriers of the "why we hate us" germs, including the belligerence of partisan politics that perverts our democracy, the decline of once common manners, the vulgarity of Hollywood entertainment, the superficiality and untrustworthiness of the news media, the cult of celebrity, and the disappearance of authentic neighborhoods and voluntary organizations, the kind that have actual meetings where one can hobnob instead of just clicking in an online contribution. Meyer argues with biting wit and observations that make you want to shout "Yes, I hate that too!" that when the social, spiritual, and political turmoil that followed the sixties collided with the technological and media revolution at the turn of the century, something inside us hit overload. American culture no longer reflects our own values. As a result, we are now morally and existentially tired, disoriented, anchorless, and defensive. We hate us, and we wonder why. *Why We Hate Us* reveals why we do and also offers a thoughtful and uplifting prescription for breaking out of our current morass and learning how to hate us less. It is a penetrating but always accessible *Culture of Narcissism* for a new generation, and it carries forward ideas that resounded with readers in bestsellers such as *On Bullshit* and *Bowling Alone*.

Encyclopedia of Race, Ethnicity, and Society Richard T. Schaefer, 2008-03-20 This encyclopedia offers a comprehensive look at the roles race and ethnicity play in society and in our daily lives. Over 100 racial and ethnic groups are described with additional thematic essays offering insight into broad topics that cut across group boundaries and which impact on society.

Tourism and Hospitality in the 21st Century S. Medlik, 2009-11-03 *Tourism and Hospitality in the 21st Century* is a collection of essays which consider the future of tourism and hospitality. The international

team of contributors represent a wide range of interests involved in tourism and hospitality Divided into three parts this book analyses Global dimensions patterns and trends demographic social economic and technical Regional development of such areas as Africa Asia Europe and America among others The future of various sectors within the industries such as transport tourist attractions coastal resorts and timesharing Tourism and Hospitality in the 21st Century is suitable for senior personnel in private and public sector tourism and hospitality operations international and national official tourism bodies and other organizations universities and other higher education institutions universitties and other higher education institutions consultancy finance construction and supply industries and as a reference point for students

Gender, Race, and Ethnicity in the Workplace Margaret Foegen Karsten, 2006-07-30 Despite tremendous strides that have led to increasing numbers of women and minorities entering the workplace and achieving positions of power and influence there is still much ground to be gained Blending theory and practice statistics and analysis this three volume set presents the latest research from the fields of management sociology psychology law and public policy to shed new light on the dynamics of gender and race ethnicity in the workplace The first volume details the corporate paths of women and minorities to date highlighting continuing challenges and gaps Volumes 2 and 3 tackle such complex issues as corporation socialization and how it excludes women and minorities the impact of affirmative action decisions on practice and policy the fine line between office romance and sexual harassment and work life balance These volumes also showcase innovative practices in promoting diversity and leadership development Featuring contributions from such influential authors as Nancy Adler Gail Evans and Gary Powell this set presents a unique collection of perspectives on the dynamics of race ethnicity and gender in the workplace and considers how they both reflect and reinforce the culture at large Since women were first admitted to the Harvard Radcliffe business program in 1959 they have made remarkable progress in assuming leadership and management positions traditionally held by white men more recently African Asian Hispanic and Native American women and men have joined the professional realm in increasing numbers with profound implications for organizations Nevertheless the statistics still tell a discouraging story women make up nearly 50 percent of the workforce but only 16 percent of the corporate officer pool in America s 500 largest companies for every dollar a white man earns a black man earns 76 cents in a recent survey 70 percent of women cited lack of an influential mentor as a key obstacle to attaining business success The leading business experts assembled here consider what is behind these statistics and what can be done to change the culture that creates them Blending theory and practice statistics and analysis this three volume set presents the latest research from the fields of management sociology psychology law and public policy to shed new light on the dynamics of gender and race ethnicity in the workplace The first volume details the corporate paths of women and minorities to date highlighting continuing challenges and gaps Volumes 2 and 3 tackle such complex issues as socialization and how it excludes women and minorities the impact of affirmative action decisions on practice and policy the fine line between office romance and sexual harassment

the depth of racial and gender stereotypes work life balance and unwritten codes of power and influence These volumes also showcase innovative practices in promoting diversity and leadership development Featuring contributions from such influential authors as Nancy Adler Gail Evans and Gary Powell this set presents a unique collection of perspectives on the dynamics of race ethnicity and gender in the workplace and considers how they both reflect and reinforce the culture at large

Occupational Science Gail E. Whiteford, Clare Hocking, 2012-02-13 Occupational Science Society Inclusion Participation is the must have resource for occupational therapists occupational scientists students and researchers The book begins with a comprehensive review of the current literature and the knowledge generated to date Reasons for the field's limited impact are proposed including its focus on individuals rather than groups and communities its psychological view of occupation and its narrow focus on socially approved occupations Global realities such as poverty anti social behaviour and ageing populations are discussed and implications for action are considered The second section of the book comprises a series of chapters that address the philosophical theoretical and scientific bases that underpin and inform everyday decision making in occupational therapy practice This is followed by a section on methodological and structural considerations The concluding chapter offers a critical reflection on methods strategies values and relationships for the future to achieve a relevant science that makes a difference to current occupational realities Written by an internationally renowned team of contributors this book offers a truly comprehensive critique of the field Features Internationally renowned Editors and contributors First comprehensive text on occupational science Fully up to date with the latest thinking and research Links theory to practice

Just Work for All Joshua Preiss, 2020-12-23 This is a book about the American Dream how to understand this central principle of American public philosophy the ways in which it is threatened by a number of winner take all economic trends and how to make it a reality for workers and their families in the 21st century Integrating political philosophy and the history of political thought with recent work in economics political science and sociology this book calls for renewed political and policy commitment to just work Such a commitment is essential to combat the negative moral externalities of an economy where the fruits of growth are increasingly claimed by a relatively small portion of the population slower growth rising inequality declining absolute mobility dying communities the erosion of social solidarity lack of faith in political leaders and institutions exploding debt ethnic and nationalist backlash widespread hopelessness and the rapid rise in what economists Angus Deaton and Anne Case call deaths of despair Covid 19 threatens to pour gasoline on these winner take all fires further concentrating economic and political power in the hands of those best suited to withstand and even profit from the pandemic driven economic crisis In this book the author provides a model for understanding the American Dream and making it a reality in a post Covid 19 economy A tour de force this book is essential reading for scholars and researchers of political philosophy political economy political theory and economics as well as for the layperson trying to make sense of the post pandemic world

A Public Health Perspective of Women's Mental Health Bruce Lubotsky

Levin, Marion Ann Becker, 2010-03-10 *A Public Health Perspective of Women's Mental Health* Edited by Bruce Lubotsky Levin and Marion Ann Becker As many as one half of all women in the U S will experience some form of mental illness in their lives an especially distressing fact when health care budgets are in flux adding to existing disparities and unmet health needs Written from a unique multidisciplinary framework *A Public Health Perspective of Women's Mental Health* addresses today's most pressing mental health challenges effective treatment efficient prevention equal access improved service delivery and stronger public policy Eminent clinicians researchers academicians and advocates examine the effects of mental illness on women's lives and discuss the scope of clinical and service delivery issues affecting women focusing on these major areas Epidemiology of mental disorders in girls female adolescents adult women and older women Selected disorders of particular concern to women including depression and postpartum depression eating disorders menopause chemical dependence and HIV AIDS Mental health needs of women in the workplace rural areas and prisons Racial and ethnic disparities and their impact on service delivery Parenting and recovery issues in mothers with mental illness Women's mental health services in an era of evidence based medicine Improving women's health in today's technological climate *A Public Health Perspective of Women's Mental Health* is a resource of immediate importance to professionals and graduate students in the public health health administration health disparities social work behavioral health and health services research fields as well as nursing community health psychology and community public psychiatry Time, Freedom and the Self Michelle

Shir-Wise, 2019-04-10 While abundant research has investigated time use much less attention has been given to the cultural meanings attached to free time and what these may express with regard to conceptions of freedom and the self In an attempt to fill this gap Michelle Shir Wise examines not only what people do in their free time but also how they perceive interpret and experience it and in what way it relates to notions of happiness freedom and the ideal self *Time Freedom and the Self* draws on contemporary theoretical debates concerning the relation between discourse cultural repertoires subjective meaning and agency as well as literature around the sociology of leisure to inform a unique interpretation of free time disciplined freedom developed in the light of questionnaires and in depth interviews with middle class middle aged participants in suburban Israel

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