# Sacred Portals Pathways to the Self

by Constance S. Rodriguez, PhD

## **Sacred Portals Pathways To The Self**

**Amerissis Kumara** 

### **Sacred Portals Pathways To The Self:**

Sacred Portals Pathways to the Self Constance S. Rodriguez, 2003-07 Unlock Your Heart Goal Setting From The Inside Out is designed to assist anyone actively doing life and yet yearning for peace of mind and fulfillment It is a guidebook to discovering your life purpose that will empower your ability to make choices based upon your natural creativity From the first page you are enrolled in an exciting journey that explores the possibility of being the best you can be The seven sessions based on prior workshops include exercises processes and examples that are fun and insightful You rediscover personal values release attachment to limiting beliefs create scenarios depicting your greatest possibilities and design goals that are purposeful intentions By the completion of session seven your life will have begun to shift to one of joy and empowerment You will have achieved clarity of purpose and inspiration toward creating the life you love Ancient Illuminations: Pathways to the True Self Pasquale De Marco, 2025-04-25 Ancient Illuminations Pathways to the True Self is a profound exploration of the timeless teachings of perennial wisdom offering guidance and insights for those seeking to awaken to their true nature Drawing upon the wisdom of ancient sages mystics and philosophers this book delves into the core principles that underlie all spiritual traditions revealing the path to self realization and liberation In a world often characterized by fragmentation and disconnection Ancient Illuminations offers a beacon of light illuminating the path towards wholeness and unity It invites readers to embark on a transformative journey of self discovery guiding them through the labyrinth of the human psyche and revealing the gateway to the true Self With eloquence and clarity this book explores the nature of consciousness the illusion of separation and the interconnectedness of all living beings It unveils the power of presence the transformative nature of suffering and the path to true liberation It reveals the hidden chambers of the heart the boundless potential that lies dormant within each of us and the ultimate destination of self realization Ancient Illuminations is more than just a book it is an invitation to awaken to the fullness of our being It is a companion on the journey of self discovery offering solace guidance and inspiration along the way Whether you are a seasoned seeker or just beginning your spiritual journey this book will illuminate the path towards your true Self Through its profound insights and timeless wisdom Ancient Illuminations has the power to transform lives offering readers a deeper understanding of themselves their place in the universe and the interconnectedness of all things It is a book that will stay with you long after you finish reading it a source of inspiration and guidance on the path to enlightenment If you like this book write a review on google books A Sage's **Soul: Pathways to Self-Realization** Pasquale De Marco, 2025-04-25 Embark on a transformative journey of self discovery and spiritual awakening with A Sage's Soul Pathways to Self Realization Delve into the profound teachings and insights of the great sages and mystics throughout history as you explore the mysteries of the mind the power of the heart and the interconnectedness of all life Within these pages you will find a wealth of wisdom and guidance to help you cultivate mindfulness embrace change and navigate the challenges of life with grace and resilience Discover the secrets of the subtle

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you must set aside your intellect and like poetry listen to its rhythms with an open heart Tony Ellis award winning poet and author of There is Wisdom in Walnuts **Chant and Dance** Dr. Sky, 2014 This fourth volume of the five part SohKiDo series introduces Pathways V and VI Chant and Dance used in Therapeutic Noh Theater for training performance healing and self Cosmic Ascension Pathways Amerissis Kumara, 2018-03-29 The purpose of this book is to inform and assist you on your pathway to healing and ascension Through the frequencies and vibrations of the prayers meditations and healing processes your energy levels shift and you are able to connect with the truth of who you are and what your purpose is for this lifetime The prayers and meditations are keys and they are designed to access your inner belief systems and bring to your conscious awarenessfrom your cellular memory and unconscious mindthe negative mental and emotional patterns and programs that are detrimental to your life From this you will gain insights into what beliefs patterns and programs you have running from your unconscious mind There are affirmations for the prayers that are also keys which will bring forth beliefs that show the reverse of the affirmation The sacred flames and rays have attributes that they enhance and amplify on certain days of the week Also if you have an issue or problem with a particular flame or ray attribute the energy and vibration of the sacred flames of that ray will help you heal the issue or problem and reframe to a positive outcome by your having received its wisdom and understanding Mythic Portals Theresa Walton, AI, 2025-02-26 Mythic Portals Uncovering Legends of Hidden Gateways Between Worlds explores humanity s long held fascination with portals gateways between our world and other realms From ancient myths to modern fantasy the concept of these interdimensional gateways reveals fundamental aspects of human psychology and spirituality Consider the Gates of Ishtar in Babylonian mythology seen as a literal and symbolic entrance to the city or the various pathways to the underworld in Greek stories each reflecting cultural anxieties and hopes The book examines the historical evolution of portal narratives tracing their development across cultures and religions Beginning with foundational myths the study progresses through historical periods and diverse faith traditions analyzing the role of portals in rituals spiritual ascensions and literature The approach blends comparative mythology religious studies and literary criticism to offer a nuanced understanding Mythic Portals culminates in a discussion of the enduring power of these myths suggesting they reflect our need to transcend limitations and explore the boundaries of consciousness By examining ancient texts archaeological findings and modern fantasy the book provides a comprehensive view of how portal beliefs have shaped cultural and spiritual values Yoni Healing; 20 Meditation Techniques for +++ Your Tantric Love tounknowndotcom, 2023-11-17 Welcome to 20 Yoni Healing Guided Meditation Techniques for Your Tantric Love Within this audiobook you ll discover 20 guided meditation scripts each lasting 15 minutes We explore transformative unic yoni meditation techniques specially designed for understanding and developing women s love to help you connect with your divine feminine essence Each practice is a sacred invitation to self discovery healing and empowerment Find a comfortable quiet space and allow yourself to immerse fully in these powerful meditations This audio guided meditation

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