

# Reconceiving Our Bodies



## *RECONCEIVING My BODY*

*TAKE TWO, FROM THE HEART*

*Gil Hedley, Ph.D.*

# Reconceiving My Body

**Amy Cook**



## **Reconceiving My Body:**

**Reconceiving My Body** Gil Hedley, 2000-03-20 Reconceiving My Body Take Two from the Heart is the first volume of a multi part multi genre series I have planned to develop the more general theme Reconceiving Our Bodies I decided I needed to walk the talk before inviting anyone to join me The idea that we can actually grow new bodies by shifting the way that we conceive of our bodies and ourselves is one over which I have thought for a long time But thinking about it only got me outlines on paper The real thing has come for me from the heart feeling my way into new and more pleasurable ways of being in the world as a whole person embodied The first volume is a bit of a romp In it I invite my readers to laugh with me over the silliness and pathos of my own life in order to provide an accessible and compelling backdrop for exploring the overarching theme of the book No one is spared least of all me I figure that if I just go ahead and offend everyone it will make the class action suit that much more lucrative I certainly had fun writing this book and sincerely hope you enjoy reading it for your own sake as well

**Modalities for Massage and Bodywork** Elaine Stillerman, 2014-12-18 Ideal for both classroom and practice Modalities for Massage Bodywork 2nd Edition presents 23 modalities of bodywork their history development effects benefits contraindications basic curricula and certification requirements Updated photos and illustrations critical thinking questions and flash cards give you a better picture of today s massage best practices Evolve companion website provides matching activities flash cards answers to multiple choice questions weblinks and video demonstrations of various modalities covered in the text to make learning more interactive Case histories in each chapter illustrate the effects of the modality within a therapeutic context creating the opportunity for integrative clinical reasoning that helps prepare you for work in the various modalities Student objectives and key terms at the start of each chapter provides a framework for what to expect and what to focus on with each chapter In My Experience boxes provide personal insights about specific techniques from experts in the field Full color design and techniques shown with photos and illustrations enhance understanding and comprehension of each modality Multiple choice test questions at the end of each chapter with answers on the Evolve website help you measure your understanding of the modality and obtain instant feedback from the answer key that includes rationales Suggested readings resources and references in each chapter offer robust resources for you to further research each modality Clinically relevant boxes and tables highlight important information NEW Modalities chapters provide you with a greater awareness of the opportunities and options available as they pursue a massage therapy career and practitioners with more practical information they can apply to their work NEW Student resources on Evolve supplement the classroom experience and ensures you retain the material in the text 23 different body techniques are introduced to help you learn about different modalities you may want to pursue and reaffirm your knowledge of techniques More than 2 hours of video on the Evolve website bring the modalities to life and help put the text instructions in perspective NEW Updated content photos and illustrations equip you with the latest information and visuals on modalities from experts in the field that reflect current

practices in the field and the needs and wants of massage therapy practitioners and students NEW Critical thinking questions added to each chapter actively engage and challenge your reasoning skills NEW Additional review questions added to each chapter supply you with more opportunities to review what you have learned and test your knowledge

**Eros and Touch from a Pagan Perspective** Christine Kraemer, 2013-10-23 Within the past twenty years contemporary Pagan leaders progressive Christian and Goddess theologians advocates for queer and BDSM communities and therapeutic bodyworkers have all begun to speak forcefully about the sacredness of the body and of touch Many assert that the erotic is a divinely transformative force both for personal development and for social change Although the erotic includes sexuality it is not limited to it access to connected nonsexual touch is as profound a need as that for sexual freedom and health In this book Christine Hoff Kraemer brings together an academic background in religious studies and theology with lived experience as a professional bodyworker and contemporary Pagan practitioner Arguing that the erotic is a powerful moral force that can ground a system of ethics Kraemer integrates approaches from queer theology therapeutic bodywork and sexual minority advocacy into a contemporary Pagan religious framework Addressing itself to liberal religious people of many faiths **Eros and Touch from a Pagan Perspective** approaches the right to pleasure as a social justice issue and proposes a sacramental practice of mindful consensual touch

**The Nature of Home** Greta Gaard, 2018-02-15 As long as humans have been around we've had to move in order to survive So arises that most universal and elemental human longing for home and so begins Greta Gaard's exploration of just precisely what it means to be at home in the world Gaard journeys through the deserts of southern California through the High Sierras the Wind River Mountains and the Northern Cascades through the wildlands and waterways of Washington and Minnesota through snow season rain season mud season and lilac season yet her essays transcend mere description of natural beauty to investigate the interplay between place and identity Gaard examines the earliest environments of childhood and the relocations of adulthood expanding the feminist insight that identity is formed through relationships to include relationships to place Home becomes not a static noun but an active verb the process of cultivating the connections with place and people that shape who we become Striving to create a sense of home Gaard involves herself socially culturally and ecologically within her communities discovering that as she works to change her environment her environment changes her As Gaard investigates environmental concerns such as water quality oil spills or logging she touches on their parallels to community issues such as racism classism and sexism uncovering the dynamic interaction by which humans like other life on earth both shape and are shaped by our environments While maintaining an understanding of the complex systems and structures that govern communities and environments Gaard's writing delves deeper to reveal the experiences and realities we displace through euphemisms or stereotypes presenting issues such as homelessness or hunger with compelling honesty and sensitivity Gaard's essays form a quest narrative expressing the process of letting go that is an inherent part of an impermanent life And when a person is broken in the aftermath of that

letting go it is a place that holds the pieces together As long as we are forced to move by economics by war by colonialism the strategies we possess to make and redefine home are imperative to our survival and vital in the shaping of our very identities

*Naturally Late* Will Johncock,2019-04-15 Is time a natural reality that social symbols such as clocks and calendars merely contingently represent Lateness protocols seemingly exhibit such contingency for not all cultures regulate synchronization identically Just as social cultural time structures are interpreted to diverge from time s natural rhythm body modifications are often presented as social productions that divert human bodies from their naturally originated corporeal temporality A similar separation informs climate change discourses supposing a natural rhythm that industrialized culture has invaded the effects of which humans might be too late to arrest Interrogating this conceptual separation matters given that if certain times are considered to be more natural than others a situated politics emerges regarding the associated cultural structures Furthermore our personal investments in experiences of lateness which are embedded within social time seemingly contradict the constructionist impression that social time is merely a contingent misrepresentation of what time actually is Through Derridian deconstruction Merleau Pontian phenomenology and Bergsonian time philosophy complemented with voices from fields including object oriented ontology new materialism and new criticism this book re evaluates the timing of times from a philosophical perspective

*Body Music* Dennis Lee,1998 *Body Music* reveals the remarkable depth and range of Dennis Lee as a poet and thinker In eleven ground breaking essays Lee explores the experience of body music the dance of energy from which poems arise Whether he is discussing rhythm as a form of cosmology examining children s verse or probing what it means to worship without belief his explorations constantly fascinate and entertain At a time when literary theory can be highly abstract *Body Music* is anchored in a writer s working experience It opens up dramatic new ways to think about words and the world

**The Dark Womb** Karen O'Donnell,2022-02-28 The experience of reproductive loss raises a series of profoundly theological questions how can God have a plan for my life Why didn t God answer my prayers How can I have hope after such an experience Who am I after such a loss Sadly these are questions that along with reproductive loss have largely been ignored in theology Karen O'Donnell tackles these questions head on drawing on her own experiences of repeated reproductive loss as she re conceives theology from the perspective of the miscarrying person Offering a fresh original and creative approach to theology O'Donnell explores the complexity of the miscarrying body and its potential for theological revelation She offers a re conception of theologies of providence prayer hope and the body as she reimagines theology out of these messy origins This book is for those who have experiences such losses and those who minister to them But it is also for all those who want to encounter a creative and imaginative approach to theology and the life of faith in our messy complex world

Disability and Mothering Cynthia Lewiecki-Wilson,Jen Cellio-Miller,2011-09-14 Editors Lewiecki Wilson and Cellio have put together the first book to focus on the intersecting spaces both cultural and personal of disability and mothering Derived from the Latin for threshold

the word liminal calls attention to the book's focus on the transitional moments and spaces where the personal and social inside and outside self and other converge. The volume features twenty-one previously unpublished essays by new as well as established scholars and community activists. Contributors, some of whom are themselves disabled or mothers of children with disabilities, present moving personal accounts and accessible scholarship grounded in historical study, experiential and retrospective analysis, interviews, social research, and feminist and disability studies theories. In their introduction, the editors survey the theoretical frameworks of feminism and disability studies, locating the points of overlap crucial to a study of disability and mothering. Organized in five sections, the book engages questions about reproductive technologies, diagnoses and cultural scripts, the ability to rewrite narratives of mothering and disability, political activism, and the tensions formed by the overlapping identities of race, class, nation, and disability. The essays speak to a broad audience, from undergraduate and graduate students in women's studies and disability studies to therapeutic and health care professionals to anyone grappling with issues such as genetic testing and counseling, raising a child with a disability, or being disabled and contemplating starting a family.

**Heidegger and Executive Education** Toby Thompson, 2017-09-13. Global corporations and the senior executives who oversee them have been subject to great criticism in recent times; not only do such corporations hold extreme concentrations of wealth, but they continue to sanction staggering pay inequalities between the haves and the have-nots. At the same time, university-based business schools are conducting programmes of executive education seemingly customised to sanction these same inequalities. *Heidegger and Executive Education* is a piece of critical philosophy that has been written from within the business school in order to examine how this sheltered process of educating in role corporate executives operates. Thompson claims that executive education is based on a very simple premise: that an executive executes an order, and that executive education is an amelioration of that process. Thompson argues that the easiest way to conceive of executive education is to treat order and execution as cognates as a single conceptual entity. Thus he asks if educating executives in line with the order-execution cognate involves swapping the boardroom for the classroom, and in keeping with the critical tag, shouldn't executive education be about questioning not only the execution but also the dominant order? The author uses time as the philosophical method by which one can undo the order-execution cognate, question the sanctity of the cognate, and thereby halt the seemingly inexorable temporal sequence from order through to those orders becoming executed. This book uses Martin Heidegger's exotic philosophy of time in order to mount a philosophical challenge to the temporal sequentiality of executive education. It will therefore be of great interest to academics, researchers, and postgraduates who are interested in Heidegger, the philosophy of education, and executive education. It should also be essential reading for those involved in training, developing, and educating corporate executives.

Immanent Distance Bruce Bond, 2015-09-24. In these essays, Bruce Bond interrogates the commonly accepted notion that all poetry since modernism tends toward one of two traditions: that of a more architectural sensibility with its resistance to metaphysics, and that of a

latter day Romantic sensibility which finds its authority in a metaphysics authenticated by the individual imagination Poetry whether self consciously or not has always thrived on the paradox of the distant in the immanent and the other in the self as such it is driven by both a metaphysical hunger and a resistance to metaphysical certainty Hidden resources of being animate the language of the near just as near things beckon from an elusive and inarticulate distance Bond revalidates the role of poetry and more broadly of the poetic imagination as both models for and embodiments of a transfigurative process an imperfectly mimetic yet ontological engendering of consciousness at the limits of a language that must if cognizant of its psychological ethical and epistemological summons honor that which lies beyond it      **Rebellious Feminism** E.

Bartlett,2004-01-16 In what might seem an unusual pairing Barlett brings together the insights of Albert Camus and feminist thought and in doing so sheds new light on both Looking through a Camusian lens Bartlett reveals a rebellious feminism that simultaneously refuses oppression and affirms human dignity in solidarity with concrete diverse others and the earth giving us new insights into this life affirming ethic      **The Being of the Phenomenon** Renaud Barbaras,2004 Part I Toward ontology The dualism of phenomenology of perception The other Autrui The problem of expression From speech to being Phenomenology and ontology Part II Philosophical interrogation The diplopia of cartesian ontology Fact and essence phenomenology Being and nothingness dialectic Philosophical interrogation Part III The visible Introduction The flesh the visible and the invisible Dimensionality the thing and the world Originary spatio temporality Merleau Ponty s leibnizianism Part IV The invisible Introduction The inner frame of intersubjectivity Desire The flesh of ideality The last chiasm

**Reconfiguring Reproduction** Sarojini N.,Vrinda Marwah,2015-01-01 Though commonplace today as a technological quick fix for infertility assisted reproduction is a complex phenomenon located at the intersection of patriarchy medicalization and commerce These technologies create both challenges and opportunities and response to them have sought to balance questions of ethics rights and politics The essays in this volume map the journey of ARTs in different countries examining the global industry and the challenges it poses in the context of markets and look at regulatory frameworks in diverse settings Together they bring a feminist lens to the examination of the now established ART industry Sama s longstanding work provides a special focus on India the spread and features of the industry the gendered nature of the burden and treatment of infertility the destabilization of the family as we know it and feminist debates around surrogacy that re assess ideas of agency and commodification Published by Zubaan      *The Savage Side* B. Jill Carroll,2001 In this book B Jill Carroll uses the nature writing of Annie Dillard and the philosophical categories of Emmanuel Levinas to critique the models of God that drive contemporary political theologies especially feminist and liberation theologies These political theologies ignore the amoral and often harsh aspects of our existence in the natural world even though they often align God with the cosmos Political theologies excise from their models of God all notions of violence indifference to social justice or general amorality in favor of models that support and advance specific social political and economic ideologies Such

domestication of God does not do justice to the hard facts of our existence in the natural world nor does it fully plumb the depths of using nature to metaphorize God Furthermore Carroll argues that current political models of God do not survive the most important critiques of religion in the modern era namely those leveled by Feuerbach Freud and Nietzsche Instead the God of the oppressed stands tall among any number of gods that exist primarily as projections of our best selves illusions rooted in wish fulfillment and attempts to further our own personal goals by claiming the universe is on our side The Savage Side offers us a glimpse of a natural theology uninterested in apologetics but thoroughly obsessed with using the natural world as a springboard for describing God The God that emerges is wildly beautiful terrifyingly indifferent to political or moral ideology the consummate Other and the ultimate ground of our being This book demands to be read by anyone interested in the relationship between religion and politics especially those who have given themselves to the cause of social justice in the name of God Readers will be challenged to let go of comfortable but outdated notions of deity despite their convenience for the advancement of certain social and political goals like gay and lesbian rights women s rights or third world liberation Indeed the claim that God is on our side emerges as the most problematic claim of contemporary constructive theology

Are We Not Men? Rhiannon Graybill, 2016 Are We Not Men offers an innovative approach to gender and embodiment in the Hebrew Bible revealing the male body as a source of persistent difficulty for the Hebrew prophets Drawing together key moments in prophetic embodiment Graybill demonstrates that the prophetic body is a queer body and its very instability makes possible new understandings of biblical masculinity Prophecy disrupts the performance of masculinity and demands new ways of inhabiting the body and negotiating gender Graybill explores prophetic masculinity through critical readings of a number of prophetic bodies including Isaiah Moses Hosea Jeremiah and Ezekiel In addition to close readings of the biblical texts this account engages with modern intertexts drawn from philosophy psychoanalysis and horror films Isaiah meets the poetry of Anne Carson Hosea is seen through the lens of possession films and feminist film theory Jeremiah intersects with psychoanalytic discourses of hysteria and Ezekiel encounters Daniel Paul Schreber s Memoirs of My Nervous Illness Graybill also offers a careful analysis of the body of Moses Her methods highlight unexpected features of the biblical texts and illuminate the peculiar intersections of masculinity prophecy and the body in and beyond the Hebrew Bible This assembly of prophets bodies and readings makes clear that attending to prophecy and to prophetic masculinity is an important task for queer reading Biblical prophecy engenders new forms of masculinity and embodiment Are We Not Men offers a valuable map of this still uncharted terrain

Marks of His Wounds Beth Felker Jones, 2007-04-12 It is a central tenet of Christian theology that we will be resurrected in our bodies at the last day But we have been conditioned writes Beth Felker Jones to think of salvation as being about anything but the body We think that what God wants for us has to do with our thoughts our hearts or our interior relationships In popular piety and academic theology alike strong spiritualizing tendencies influence our perception of the body Historically some theologians have denigrated the body



as an obstacle to sanctification This notion is deeply problematic for feminist ethics which centers on embodiment Jones's purpose is to devise a theology of the body that is compatible with feminist politics Human creatures must be understood as psychosomatic unities she says on analogy with the union of Christ's human and divine natures She offers close readings of Augustine and Calvin to find a better way of speaking about body and soul that is consonant with the doctrine of bodily resurrection She addresses several important questions What does human psychosomatic unity imply for the theological conceptualization of embodied difference especially gendered difference How does embodied hope transform our present bodily practices How does God's momentous yes to the body in the Incarnation both judge and destroy the corrupt ways we have thought produced constructed and even broken bodies in our culture especially bodies marked by race and gender Jones's book articulates a theology of human embodiment in light of resurrection doctrine and feminist political concerns Through reading Augustine and Calvin she points to resources for understanding the body in a way that coheres with the doctrine of the resurrection of the flesh Jones proposes a grammar in which human psychosomatic unity becomes the conceptual basis for sanctification Using gender as an illustration she interrogates the difference resurrection doctrine makes for holiness Because death has been overcome in Christ's resurrected body human embodiment can bear witness to the Triune God The bodily resurrection makes sense of our bodies of what they are and what they are for **William**

**Shakespeare and John Donne** Angelika Zirker, 2019-02-08 William Shakespeare's *The Rape of Lucrece* and John Donne's Holy Sonnets are read against the background of concepts of the soul during the early modern period This approach provides new insights into concepts of interiority and performance as well as a new understanding of the soliloquy in both poetry and drama *Reasons and Empty Persons: Mind, Metaphysics, and Morality* Christian Coseru, 2023-02-22

Best known for his groundbreaking and influential work in Buddhist philosophy Mark Siderits is the pioneer of fusion or confluence philosophy a boldly systematic approach to doing philosophy premised on the idea that rational reconstruction of positions in one tradition in light of another can sometimes help address perennial problems and often lead to new and valuable insights Exemplifying the many virtues of the confluence approach this collection of essays covers all core areas of Buddhist philosophy as well as topics and disputes in contemporary Western philosophy relevant to its study They consider in particular the ways in which questions concerning personal identity figure in debates about agency cognition causality ontological foundations foundational truths and moral cultivation Most of these essays engage Siderits' work directly building on his pathbreaking ideas and interpretations Many deal with issues that have become a common staple in philosophical engagements with traditions outside the West Their variety and breadth bear testimony to the legacy of Siderits' impact in shaping the contemporary conversation in Buddhist philosophy and its reverberations in mainstream philosophy giving readers a clear sense of the remarkable scope of his work *Building Character* Amy Cook, 2018-02-28 What can we learn about how we understand each other and ourselves by examining the casting we find on stage and film the casting we find perfect and the

casting we find wrong Building Character examines how the process of casting an actor in a part creates a character and how this can be usefully understood through deploying theories from the cognitive sciences A casting director may match the perceived qualities of an actor with the perceived qualities of the character but the combination is also synergistic casting a character creates qualities While casting directors do this professionally all of us do this when we make sense of the people around us This book argues that we build the characters of others from a sea of stimuli and that the process of watching actors take on roles improves our ability to cast those roles in our daily lives Amy Cook examines the visible celebrity casting such as Robert Downey Jr as Ironman or Judi Dench as Bond s M the political casting of one candidate as presidential and another as weak the miscasting of racial profiling and sexual assault and the counter casting that results when actors and characters are not where or who we expect

**I Sing to Use the Waiting: A Collection of Essays About the Women Singers Who've Made Me Who I Am** Zachary Pace, 2024-01-23 I Sing to Use the Waiting A Collection of Essays about the Women Singers Who ve Made Me Who I Am is a vital and affecting reflection on how popular culture can shape personal identity With remarkable grace candor and a poet s ear for prose Zachary Pace recounts the women singers from Cat Power to Madonna Kim Gordon to Rihanna who shaped them as a young person coming of age in rural New York first discovering their own queer voice Structured like a mixtape Pace juxtaposes their coming out with the music that informed them along the way They recount how listening to themselves sing along as a child to a Disney theme song they recorded on a boom box in 1995 was when they first realized there was an effeminate inflection to their voice As childhood friendships splinter Pace discusses the relationship between Whitney Houston and Robyn Crawford Cat Power s song My Daddy Was a Musician spurs a discussion of Pace s own musician father and their gradual estrangement Resonant and compelling I Sing to Use the Waiting is a deeply personal rumination on how queer stories are abundant yet often suppressed and how music may act as a comforting balm carrying us through difficult periods and decisions Read an excerpt Debutiful presents Colors of the Wind an excerpt from Zachary Pace s I Sing to Use the Waiting Further reading LitHub presents Zachary Pace on the Push and Pull of Working in Publishing as a Writer Jan 23 2024

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