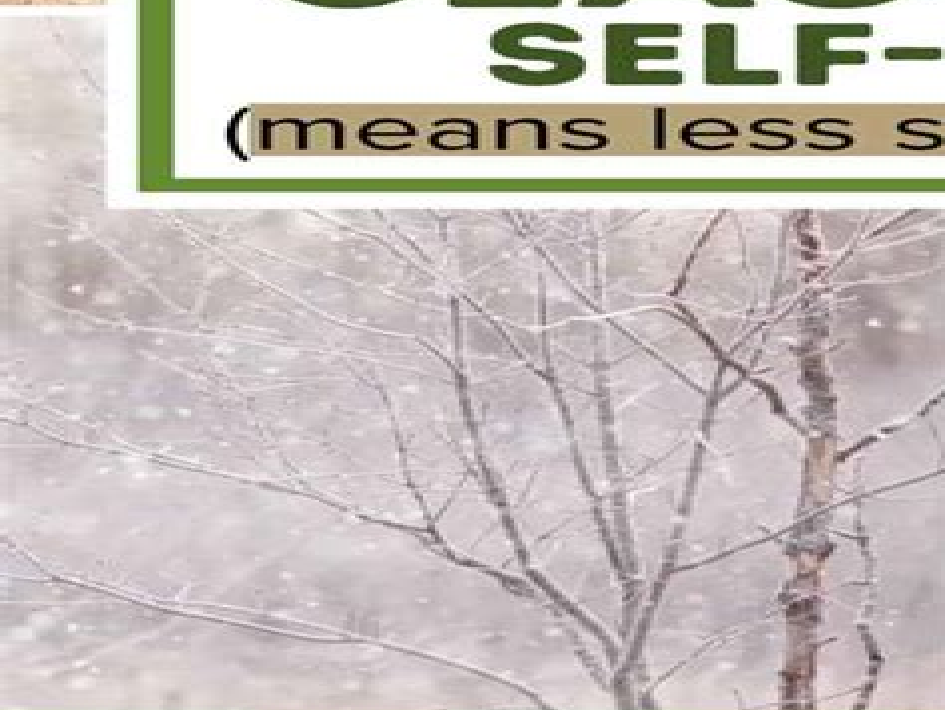




how to do **SEASONAL SELF-CARE**

(means less stress for you)



Seasons Of The Self

JR Anderson



Seasons Of The Self:

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