



DR. DALE'S **7**
STEPS TO A
HAPPIER,
HEALTHIER &
SEXIER YOU

REVITALIZE YOUR HORMONES

THERESA DALE, Ph.D., CCN

Foreword by Earl Mindell, author of *The Vitamin Bible*

Revitalize Your Hormones Dr Dales 7 Steps To A Happier Healthier And Sexier You

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