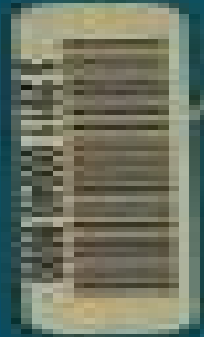


# POSTURE EXERCISE HANDBOOK

A Progressive Sequence Approach



# Posture Exercise Handbook A Progressive Sequence Approach

**O García**



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