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POST-POLIO SYNDROME

CAUSES, SYMPTOMS, RISK FACTORS,
DIAGNOSIS, TREATMENT AND COMPLICATIONS.



MEDICINE



Postpolio Syndrome

Marc Shell

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the name 'Marc Shell'.

Postpolio Syndrome:

The Post-Polio Experience Margaret Backman, 2006 Today many polio survivors are finding themselves with new symptoms reminiscent of the earlier days when they first had polio new symptoms that trigger frightening memories along with anxieties that had long been repressed Dr Backman a Clinical Psychologist examines polio survivors psychological reactions to their earlier experiences and to their current struggles with the late effects of polio The Post Polio Experience includes guidelines for polio survivors on Coping with the emotional and interpersonal aspects of Post Polio Syndrome Managing stress and depression Negotiating relationships with family and friends Developing a positive self concept Improving doctor patient communication Family and friends learn how to deal with the changing roles that they and the survivor now face and gain insight into their own needs as they interact and sometimes conflict with the polio survivor s needs Mental health providers and physicians gain a better understanding of their patients psychological reactions to Post Polio Syndrome paving the way for more effective treatment

Post Polio Syndrome John Latham (GP.), 2007-01-01 Provides all stakeholder groups with information that will place them at the leading edge of service delivery to those experiencing Post Polio Syndrome It takes a multidisciplinary and holistic approach and is targeted towards helping to enrich the practitioner client relationship to the benefit of both

Post-polio Syndrome Lauro S. Halstead, 1995 Available in the US Canada Latin America and South East Asia except Japan only Not distributed by LWW in Europe

Managing Post-polio, 1998

Post-Polio Syndrome: Background, Management and Treatment, An Issue of *Physical Medicine and Rehabilitation Clinics of North America*, E-Book Darren Rosenberg, Craig Rovito, 2021-07-01 Approx 240 pages

The Post-polio Syndrome Marinos C. Dalakas, Harry Bartfeld, Leonard T. Kurland, 1995 Post polio syndrome PPS embodies the new neuromuscular symptoms that patients with prior paralytic poliomyelitis develop after a stable course from 20 to 40 years These include new muscle weakness fatigue muscular atrophy muscle pain and various secondary muscular complaints Fundamental questions regarding the neurobiology of the motor neurones previously affected by the poliovirus the ongoing changes of the reinnervating process and the potential role of the poliovirus in generating a chronic immune stimulation or viral persistence are discussed in this volume Data from the neurological immunological virological electrophysiological and rehabilitational fields is presented shedding light on the pathogenesis of post polio syndrome as well as that of other motor neurone diseases such as amyotrophic lateral sclerosis ALS

Living with Polio Daniel J. Wilson, 2008-11-15 Polio was the most dreaded childhood disease of twentieth century America Every summer during the 1940s and 1950s parents were terrorized by the thought that polio might cripple their children They warned their children not to drink from public fountains to avoid swimming pools and to stay away from movie theaters and other crowded places Whenever and wherever polio struck hospitals filled with victims of the virus Many experienced only temporary paralysis but others faced a lifetime of disability Living with Polio is the first book to focus primarily on the personal stories of the men and women who had acute

polio and lived with its crippling consequences Writing from personal experience polio survivor Daniel J Wilson shapes this impassioned book with the testimonials of more than one hundred polio victims focusing on the years between 1930 and 1960 He traces the entire life experience of the survivors from the alarming diagnosis all the way to the recent development of post polio syndrome a condition in which the symptoms of the disease may return two or three decades after they originally surfaced Living with Polio follows every physical and emotional stage of the disease the loneliness of long separations from family and friends suffered by hospitalized victims the rehabilitation facilities where survivors spent a full year or more painfully trying to regain the use of their paralyzed muscles and then the return home where they were faced with readjusting to school or work with the aid of braces crutches or wheelchairs while their families faced the difficult responsibilities of caring for and supporting a child or spouse with a disability Poignant and gripping Living with Polio is a compelling history of the enduring physical and psychological experience of polio straight from the rarely heard voices of its survivors

The Polio Paradox Richard L. Bruno, 2009-02-28 Although the threat of polio ended with the Salk vaccine in 1954 many polio survivors are now experiencing the onset of post polio syndrome PPS a complication with new but related symptoms such as chronic fatigue and joint pain

Post-polio Syndrome Julie K. Silver, 2001-01-01 The effects of polio that occur decades after the disease has run its course weakness fatigue pain intolerance to cold difficulty with breathing and swallowing are often more devastating than the original disease This book on the diagnosis and management of polio related health problems is an essential resource for polio survivors and their families and health care providers Dr Julie K Silver who has both personal and professional experience with post polio syndrome begins the book by defining and describing PPS and providing a historical overview of its diagnosis and treatment Chapters that follow discuss finding good medical care dealing with symptoms maintaining proper nutrition and weight preventing osteoporosis and falls and sustaining mobility Dr Silver reviews the latest in braces shoes assistive devices and wheelchairs and scooters She also explores issues involving managing pain surgery complementary and alternative medicine safe and comfortable living environments insurance and disability and sex and intimacy

Post-Polio Syndrome Patrick Marshwell, 2022-11-18 Post polio syndrome PPS is a condition that affects approximately 25 to 50 percent of people who have previously had poliomyelitis polio Although there is no cure for PPS there are treatments available that can help manage the symptoms and improve the quality of life There are three main types of treatment for PPS Medication There are a variety of medications available that can assist in relieving the pain fatigue and muscle weakness that are associated with PPS Physical therapy A person who has PPS can work with a physical therapist to develop an exercise program that is tailored to their needs and will help them improve their strength and endurance Diet and nutrition People who have PPS should prioritize maintaining a healthy diet and getting the recommended amount of rest and sleep each night In this beginner's quick start guide we will go over the following in great detail About post polio syndrome Causes and symptoms of PPS Diagnosing and treating PPS Natural ways to prevent and

manage PPS PPS friendly diet and meal plans Managing Post-Polio Lauro S. Halstead, 2006-10 We are pleased to offer this all new professional reference guide to living well with post polio The Second Edition provides all new contact and resource information as well as updated medical content Edited by Lauro S Halstead M D Managing Post Polio provides a comprehensive overview on dealing with the medical psychological vocational and many other challenges of living with post polio syndrome Written by 20 authorities in their fields the majority of whom are polio survivors themselves Managing Post Polio distills and summarizes the wealth of information presented at conferences and published in the medical literature over the past 20 years This information is supplemented with personal stories of seven individuals who provide eloquent testimony to the many ways people have prevailed in the face of ongoing disability Managing Post Polio was written by healthcare professionals who work with and counsel patients with post polio syndrome and who need an up to date and quick reference as well as a guide to living well for persons who have had polio their families friends and loved ones As Dr Halstead a polio survivor himself observes in the introduction this book was written and edited partly to help me deal better with my own unique disability and to help the many thousands of other polio survivors in this country and around the world deal more effectively with their unique version of polio disability **Post-polio Syndrome** Lori Klein, 1989 *Poliomyelitis and post-polio syndrome* Sics Editore, 2014-10-01 Poliomyelitis polio is a highly contagious disease but in the majority of cases it causes no symptoms Since the implementation of polio vaccines the number of cases has greatly reduced and many countries are now thought to have eliminated the poliovirus Infection is possible in the endemic regions of Asia and Africa if immunisation coverage is suboptimal Rapidly developing flaccid paralysis is asymmetrical Sensation is preserved in the paralysed limbs Post polio syndrome e g fatigue muscle weakness myalgia and arthralgia is a condition that affects patients several years after recovery from an initial acute attack The treatment of these late effects is symptomatic analgesia exercises rest weight control assistive devices **Post Polio Sequelae** , 1996 **The Post-Polio Syndrome: A Guide to Understanding and Managing PPS** Pasquale De Marco, 2025-05-14 The Post Polio Syndrome A Guide to Understanding and Managing PPS is a comprehensive guide to Post Polio Syndrome PPS a condition that can affect people who have had polio PPS can occur years or even decades after the initial polio infection and can cause a variety of symptoms including fatigue muscle weakness pain and difficulty breathing This book provides up to date information on the symptoms causes and treatment of PPS It also includes chapters on coping with the challenges of PPS and living a full and active life with the condition The Post Polio Syndrome A Guide to Understanding and Managing PPS is written by a team of experts in the field of PPS including doctors physical therapists and occupational therapists The book is written in a clear and concise style and it is packed with practical information that can help people with PPS manage their symptoms and improve their quality of life This book is an essential resource for people with PPS their families and caregivers It is also a valuable resource for healthcare professionals who work with people with PPS The Post Polio Syndrome A Guide to Understanding and Managing

PPS is the definitive guide to PPS It is the most comprehensive and up to date book on the subject and it is written by a team of experts in the field This book is a must read for anyone who wants to learn more about PPS Pasquale De Marco is a leading expert on PPS He is a doctor and a physical therapist and he has been working with people with PPS for over 20 years He is the author of several books and articles on PPS and he is a frequent speaker at conferences and workshops on the topic Pasquale De Marco is passionate about helping people with PPS live full and active lives He is dedicated to providing people with PPS with the information and support they need to manage their symptoms and achieve their goals If you like this book write a review on google books

[Living with Post Polio Painlessly](#) Agata Pascoe,2013-05-21 Anyone who suffers from Post Polio Syndrome PPS and the chronic pain associated with it has no doubt consulted a medical professional and been offered pain killers to control it But is there a way to escape both the pain and the painkillers There is The author Agata Pascoe offers a set of guidelines on how to manage PPS with the emphasis on the elimination of PPS associated pain both physical and emotional The two methods concerning pain elimination are gentle completely natural easy to implement and above all wonderfully effective They constitute the essential core of the guide Accompanying them is a set of supporting strategies aiming to create an optimal environment for the other two All the advice given is based on the author s personal experience and is the result of a long search trials and errors and eventually success in finding the solution Her result is proof that it is possible to live with post polio painlessly She wishes to share this experience with her fellow polio survivors If you are a polio survivor and suffer from chronic PPS associated pain you can stop it right now without the use of drugs Living with Post Polio Painlessly gives you all the information you need to do it

[Post-Polio Syndrome](#) Fred Goodwin,1999-03 **Polio and Its Aftermath** Marc Shell,2005-06-15 In this book Shell himself a victim of polio offers an inspired analysis of the disease Part memoir part cultural criticism and history part meditation on the meaning of disease Shell s work combines the understanding of a medical researcher with the sensitivity of a literary critic

Medical and Psychosocial Aspects of Chronic Illness and Disability Donna R. Falvo,2005 A comprehensive text that provides easy to understand explanations of medical aspects of common chronic illnesses and disabilities

[Polio](#) Anne Elizabeth Nixon,2017-07-11 The author contracted polio in the early 1950s She explains that post polio symptoms often return later in life Recognizing this early on can help prepare for the downside many experience There are ways to make life easier as days become more difficult and complicated With explanations and photos the author will help post polio sufferers And advice given to her by a doctor soon after polio struck has been invaluable

Decoding **Postpolio Syndrome**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Postpolio Syndrome**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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Postpolio Syndrome Introduction

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