

Pathways of growth. Essentials of child psychiatry

P.L.M. van der Doef

Psychopathologie is een onderwerp dat de laatste jaren hernieuwd in de belangstelling staat. Onlangs verscheen een Nederlandstalig handboek over dit onderwerp (onder redactie van Vandereycken, Hoogduin en Emmelkamp). Het Nederlandse handboek beslaat zowel volwassenen- als kinderproblematiek. Hoe voortreffelijk deze laatste problematiek ook uit de doeken wordt gedaan, daarmee kan toch niet worden voorkomen dat psychopathologie in de kindertijd in dit boek relatief weinig aandacht krijgt in verhouding tot volwassenenproblematiek (slechts vier van de achttien hoofdstukken gaan over problemen specifiek voor de kindertijd).

Anders is dit in het boek van Noshpitz en King, vooral het tweede deel over psychopathologie, dat uitsluitend handelt over kinderpsychopathologie en een gedetailleerde beschrijving en discussie bevat van klinische beelden uit de kindertijd. Evenals voor het Nederlandse handboek vormt de DSM-III-R voor het boek van King en Noshpitz uitgangspunt van beschrijving. Daarnaast worden uitvoerig categorieën besproken die niet in de DSM-III-R staan maar die wel klinisch relevant moeten worden genoemd, zoals borderline-problematiek in relatie tot pervasieve ontwikkelingsstoornissen en narcistische stoornissen in relatie tot gedragsstoornissen. Steeds wordt bij de bespreking van deze stoornissen een verband gelegd tussen de kindertijd en de volwassenheid. Uit de klinische praktijk, theorie en onderzoek wordt een rijkdom aan gegevens gepresenteerd en worden vragen gesteld rond de waarde van diagnostische categorieën die tevens de betrouwbare aangeven van huidige classificatiecategorieën.

Het boek is als volgt opgebouwd:

1. Principes van pathogenese en behandeling;
2. Ontwikkelingsstoornissen (mentale retardatie, schizofrenie, autisme, borderlineproblematiek);
3. Ontregelingen van affect, angst en beweging (affectieve stoornissen, angststoornissen, schoolfobie, obsessief-compulsieve stoornissen, tic-stoornissen);
4. Stoornissen in leren, aandacht en gedrag (aandachtsstoornissen en hyperactiviteit, leerproblemen, gedragsstoornissen, narcistische stoornissen);
5. Stoornissen in de lichaam-geestintegratie (psychosomatische stoornissen, astma, uitscheidingsstoornissen, eetstoornissen, geslachtsidentiteitsstoornissen);
6. Invloed van traumatische omgevingen (fysieke en seksuele kindermishandeling).

In een appendix wordt ingegaan op het diagnostische proces, het eerste contact, klacht- en problemenformulering, gezinsachtergronden, ontwikkelingsgeschiedenis, evaluatie-instrumenten en psychologisch testmateriaal.

Het eerste deel over de normale ontwikkeling is voornamelijk psychoanalytisch, of liever psychodynamisch, geïntendeerd en bevat een bespreking van de klassieke denkbeelden uit de leer van Freud, maar ook van begrippen uit de psychoanalytisch geïntendeerde hechttingstheorie en de theorie van Daniel Stern over de ontwikkeling van het zelf. Hierbij worden toch ook wel andere theoretische invalshoeken gemist zoals de theorie van Erik Erikson.

De opbouw van dit boek is als volgt:

1. Achtergrond (genetische basis, van conceptie tot geboorte, structuur en ontwikkeling van de hersenen);
2. Geboorte en kindertijd (geboorte van de baby, verzorgersrol, de eerste zes maanden, vorming van de persoonlijkheid in de tweede helft van het eerste jaar, het dynamische perspectief, de theorie van Stern over de ontwikkeling van het zelf);

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