



Loosening Your Grip



Loosening The Grip

Elsa Blomster, Lena Gunnarsson



Loosening The Grip:

Loosening the Grip: A Handbook of Alcohol Information Jean Kinney, 2011-04-12 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking The book also includes information on alcohol abuse and alcohol dependence Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others As noted on the website for the Substance Abuse and Mental Health Services Administration SAMHSA There are many helpful books on alcohol and alcoholism Loosening the Grip A Handbook of Alcohol Information by Jean Kinney is a good place to start

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Kinney,Gwen Leaton,1978 **Loosening the Grip** G. Jean Kinney,2000-11 This text offers a through approach to understanding alcohol and its physical and psychological affects on an individual It is the only comprehensive self contained book intended to cover the range of psychological factors physical complications treatment options and family concerns The text is easy to read and covers a broad range of situations making it suitable for academics students or families of alcoholics

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