

Postpartum Depression

*A Comprehensive
Approach for Nurses*

Kathleen A. Kendall-Tackett
with Glenda Kaufman Kantor

Sage Series in

Clinical Nursing Research

Postpartum Depression A Comprehensive Approach For Nurses

Amy R. Koehn



Postpartum Depression A Comprehensive Approach For Nurses:

Postpartum Depression Kathleen A. Kendall-Tackett, Glenda Kaufman Kantor, 1993 This book integrates recent research on postpartum depression PPD organizing it into a conceptual model and providing specific steps that can help professionals identify mothers who might be suffering from postpartum depression The author proposes a model based on five independent risk factors that combine biological and psychosocial views hormonal factors other biological factors traumatic birth experiences infant factors and psychosocial factors Attention is paid to how it can be used to develop individual treatment plans and how nurses can build a resource network to help the new mother find community based resources

Perinatal and Postpartum Mood Disorders Susan Dowd Stone, Alexis E. Menken, 2008-05-12 As a psychotherapist and educator of future mental health practitioners I believe this work fills an important gap in reference books for professionals who care for childbearing women Since the volume provides invaluable neurobiological research on depression and anxiety I recommend this work to all health and mental health professionals Illness Crisis and Loss Over the past three years pregnancy related mood disorders have become the focus of health care advocates and legislators alike with subsequent reflection in nationwide media Statistics on the prevalence of perinatal mood disorders suggest that up to 20% of women experience diagnosable pregnancy related mood disorders The growing recognition of these common disorders coupled with an increasing knowledge base about the dire consequences of untreated maternal depression has propelled this issue to the fore of national public health priorities This increasing awareness has also resulted in recent legislative and healthcare initiatives to screen assess and treat such disorders On April 13 2006 Governor Jon S Corzine D NJ signed a law requiring all new mothers to be educated and screened for postpartum depression This law is the first of its kind in the country but many states and federal advocates are proposing similar laws The motivation for states and the federal government to adopt education and screening program is high and may soon be a federal mandate But a major barrier to successful implementation of such programs is the lack of available resources to train healthcare professionals in this specialty This book offers a major resource for healthcare professionals mental health professionals and medical nursing psychology and social work students who will be confronting this problem in their practices The contributions by renowned experts fill a glaring gap in the knowledge professionals need in order to successfully manage maternal mental health

Mayes' Midwifery E-Book Sue Macdonald, 2011-04-05 Mayes Midwifery an established key textbook for students and qualified midwives contains essential knowledge for professional practice For this 14th edition each section and chapter has been fully updated and enhanced by leading authors to ensure the text complies with contemporary practice and current guidelines Added benefits are the availability of a variety of additional online resources for each chapter including case studies video and website links and a bank of multiple choice questions to test knowledge With a strong emphasis on normal birth the book covers the spectrum of midwifery related topics applied to practice providing a foundation of knowledge and

encouraging independent thought through the use of reflective exercises in each chapter and online The book provides midwives with material that meets individual ways of learning and supports current modes of midwifery education Mayes Midwifery is the text for initial preparation and for ongoing midwifery practice New chapters on essential contemporary issues Vulnerable women Perspectives on the future of midwifery in a global context Evidence based information to guide best practice Learning outcomes and Key Points in all chapters Reflective activities Now with an integrated website offering additional resources and material including Multiple choice questions for self testing Case studies Reflective activities to consolidate your professional development Useful additional reading resources and weblinks Expanded topics Downloadable materials including illustrations

Postnatal Care E-Book Debra Bick,Christine MacArthur,Heather Winter,2008-08-22 This title is now out of print A new edition with e book is available under ISBN 9780702041174 This practical handbook presents evidence based guidelines for the identification and management of postnatal health needs It reviews the evidence on the physical and psychological postpartum health problems experienced by women and the primary management of these and facilitates individualised care The ten guidelines were developed by experts in postpartum health as part of a large randomised controlled trial and were peer reviewed by nationally acknowledged experts in each subject area The guidelines were designed for use by midwives and incorporate criteria for referral but will also be useful for other health professionals and for women Leaflets presenting a summary of recommended management are held in a pocket inside the back cover for ease of regular use An essential reference for those involved with caring for women after childbirth scientific evidence on management clearly reviewed assessed and summarised in what to do sections each guideline is structured around one symptom area incorporating definitions prevalence estimates risk factors and management including referral Lift out leaflets on What to Do are enclosed for easy use in clinical practice

Gender Issues and Nursing Practice Margaret Miers,2000-02-15 The relevance of gender to nursing as an activity and as a profession has already been discussed extensively in the sociological literature and gender is recognised as a relevant variable by social policy analysts interested in community care Furthermore there is a growing awareness of the sociological aspects of women s and increasingly men s health issues This book demonstrates the relevance of theoretical approaches to the understanding of gender issues within nursing practice

Depression in New Mothers Kathleen A Kendall-Tackett,2009-12-04 Depression is the number one cause of maternal death in developed countries and results in adverse health outcomes for both mother and child It is vital therefore that health professionals are ready and able to help those women that suffer from perinatal and postpartum depression PPD This book provides a comprehensive approach to treating PPD in an easy to use format It reviews the research and brings together the evidence base for understanding the causes and for assessing the different treatment options including those that are safe for use with breastfeeding mothers It incorporates a new psychoneuroimmunology framework for understanding postpartum depression and includes chapters on negative birth experiences infant

characteristics psychosocial factors antidepressant medication therapies such as cognitive behavioural therapy herbal medicine and alternative therapies suicide and infanticide Invaluable in treating the mothers who come to you for help this helpful guide dispels the myths that hinder effective treatment and presents up to date information on the impact of maternal depression on the health of the mother as well as the health and well being of the infant Essential Psychology for Nurses and Other Health Professionals Graham Russell,2002-01-08 All pre registration students study psychology new entrants in UK in 1997 c24 000 *The Darkest Days of My Life* Natasha S. Mauthner,2002 The resulting depression how it is experienced and how it might be relieved is the subject of Natasha Mauthner s insightful and compassionate book which recounts the stories of new mothers caught between a cultural ideal and a far more complex reality Depression in New Mothers Kathleen Kendall-Tackett,2016-09-05 Depression is the most common complication of childbirth and results in adverse health outcomes for both mother and child It is vital therefore that health professionals be ready to help women who have depression anxiety or posttraumatic stress disorder in the perinatal period Now in its third edition Depression in New Mothers provides a comprehensive approach to treating postpartum depression in an easy to use format It reviews the research and brings together the evidence base for understanding the causes and for assessing the different treatment options including those that are safe for breastfeeding mothers It incorporates research from psychoneuroimmunology and includes chapters on assessing depression mother infant sleep traumatic birth experiences infant temperament illness and prematurity childhood abuse and partner violence psychotherapy complementary and integrative therapies community support for new mothers antidepressant medication suicide and infanticide This most recent edition incorporates new research findings from around the world on risk factors the use of antidepressants the impact of breastfeeding and complementary and integrative therapies as well as updated research into racial ethnic minority differences Rich with case illustrations and invaluable in treating mothers in need of help this practical evidence based guide dispels the myths that hinder effective treatment and presents up to date information on the impact of maternal depression on the mother and their infants alike **Breastfeeding A-Z** Karin Cadwell,Cindy Turner-Maffei,2006 Answering breastfeeding questions on the telephone is a complex process Breastfeeding A Z Terminology and Telephone Triage provides lactation consultants nurses physicians and nutritionists with evidence based information on breastfeeding issues that may present as telephone calls This succinct reference covers the triage guides for common problems such as breast pain engorgement concerns about milk supply and also contains an encyclopedia of terms relevant to breastfeeding in both plain language and in medical terminology The key words direct further questions and provide the support person with information in order to clarify the situation and decide the appropriate urgency and disposition of the case The unique combination of encyclopedia with triage provides a dual duty quick reference tool for new and experienced clinicians **Current Catalog** National Library of Medicine (U.S.),1993 First multi year cumulation covers six years 1965 70 **Family-Focused Nursing Care** Sharon A.

Denham, Sandra Eggenberger, Patricia Young, Norma Krumwiede, 2015-02-16 Nurses have a unique role in redefining the way we view partnerships in healthcare Transitioning from individualized to family focused care is not only advocated by the Institute of Medicine it s becoming a way of life Families want their perspectives and choices for their loved ones to be heard

The Psychological Processes of Childbearing Joan Raphael-Leff, 2018-05-03 Childbearing seems eternal primordial and universal Yet human reproduction in the 21st century is in a state of flux This accessible book highlights dramatic changes that have occurred over the last decades focusing on both individual and cross cultural diversity across the now elongated childbearing cycle and the uniqueness of desire and emotional experience It does so by locating the transition to parenthood in its psycho sexual and socio economic context emphasising interweaving internal external realities and our inherent interconnectedness with others Included are conscious and unconscious factors determining beliefs expectations and parenting practices and ways in which these are affected by rapid urbanisation shrinking families societal instability HIV governmental maternity and child care policies and attitudes of professionals Drawing widely on empirical and clinical research from disparate disciplines psychoanalytic neuro scientific neonatal sociological obstetric anthropological and midwifery this resource book synthesises these to illustrate a spectrum of processes affecting each person s mental health

Maternal Distress and Postnatal Depression Jane Littlewood, Nessa McHugh, 1997-11-11 Written by a social psychologist and a midwife this book moves beyond the conventional medical approach to emotional problems following childbirth It examines the range of potential causes of maternal distress and postnatal depression and puts forward suggestions for a practical multidisciplinary and woman centred response The personal cost to women of postnatal depression is highlighted by the use of case history material and the Appendices offer a wealth of information on resources and avenues for help

National Library of Medicine Current Catalog National Library of Medicine (U.S.), 1993

Maternal-Newborn Davis Essential Nursing Content + Practice Questions Sheila Whitworth, Taralyn McMullan, 2017-03-08 Too much information Too little time Here s everything you need to succeed in your maternal newborn nursing course and prepare for course exams and the NCLEX Succinct content reviews in outline format focus on must know information while case studies and NCLEX style questions develop your ability to apply your knowledge in simulated clinical situations A 100 question final exam at the end of the book You ll also find proven techniques and tips to help you study more effectively learn how to approach different types of questions and improve your critical thinking skills

Neonatal Nurse Practitioner (NNP-BC®) Certification Review Amy R. Koehn, 2023-11-08 Awarded 3rd place in the 2024 AJN Book of the Year Awards in Maternal Child Neonatal Nursing The 2nd edition of Neonatal Nurse Practitioner NNP BC Certification Review is designed to help you prepare for the NCC certification exam This comprehensive study aid is thoroughly updated to closely mirror the latest exam blueprint Written by NNP educators and clinicians the user friendly outline format highlights key content for targeted learning Each chapter encompasses all the essential knowledge required to pass the exam and includes

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Neonatal Nurse Practitioner Certification Intensive Review Amy R. Koehn,2019-12-13 The definitive certification review for exam success Written by leading APRN neonatal educators and clinicians this authoritative study guide delivers all the tools neonatal nurse practitioners need to pass the National Certification Corporation NCC certification exam and the Continuing Competency Assessment CCA User friendly and concise this review s content mirrors that of the actual exam and is structured in accordance with the most updated test plan blueprint This resource s numerous exam style questions and answers with rationales included in each chapter help readers uncover gaps in their knowledge This review synthesizes the knowledge required to pass the exam saving the reader time and effort by omitting extraneous material In addition to spotlighting essential content throughout the text recommended references provide the reader with the option to seek out additional information as needed Additional benefits include important information about the exam along with savvy study and test taking tips This review will ensure exam success for both new NNPs and those who are taking the CCA exam **KEY FEATURES** Mirrors the format of the certification exam Concise outline format for easy access to essential content Written by leading NNP educators and clinicians Includes valuable study and test taking tips Exam style questions and answers with explanatory rationales Includes more than double the amount of questions on the exam including a 175 question simulated practice exam Purchase includes digital access for use on most mobile devices or computers Beyond the Blues Shoshana S. Bennett,Pec Indman,2002

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