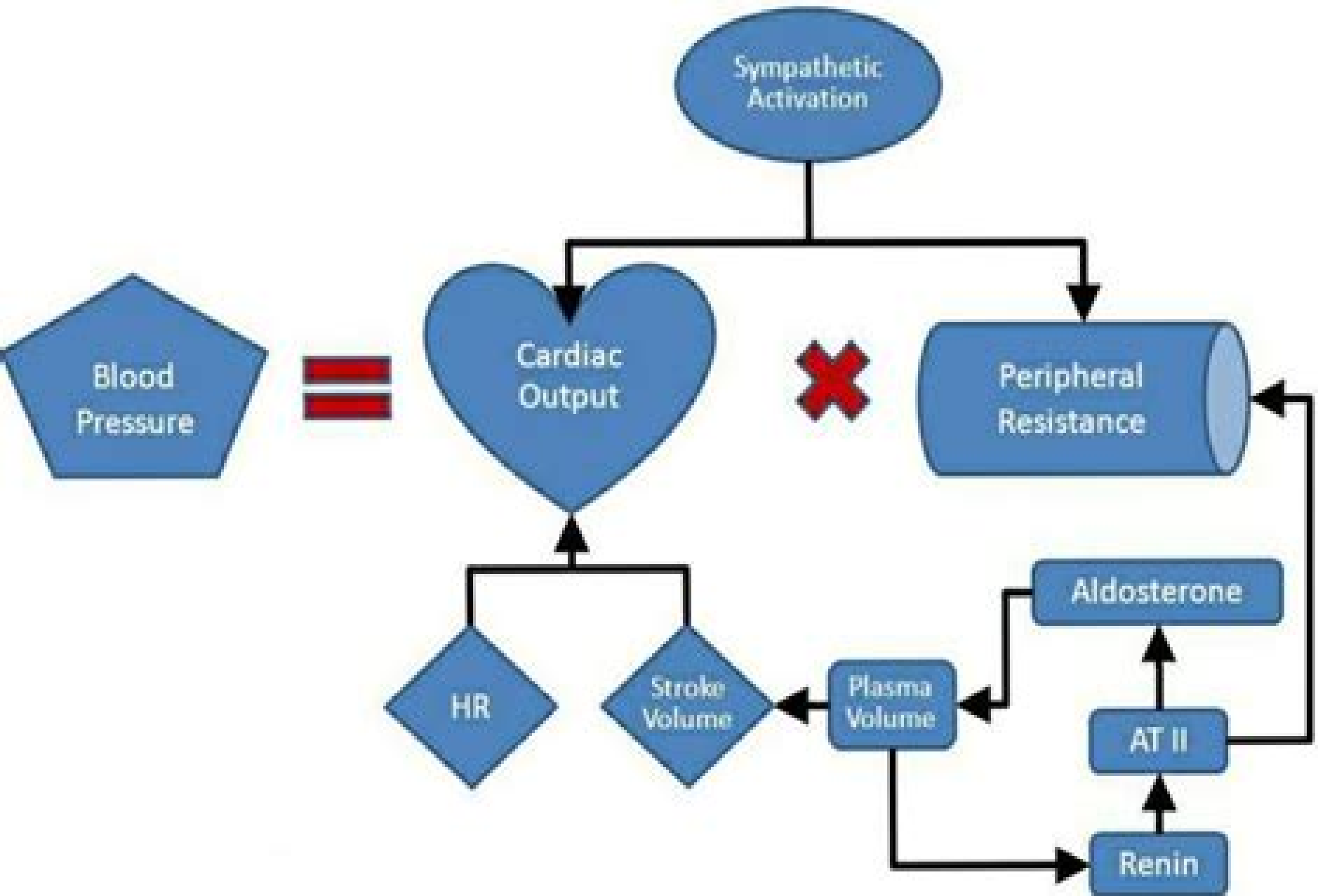


Pathophysiology of Hypertension



Pathophysiology Of Hypertension

H.V. Villareal, M.P. Sambhi



Pathophysiology Of Hypertension:

Topics in Pathophysiology of Hypertension H.V. Villareal, M.P. Sambhi, 2012-12-06 It is not often that one writes the foreword for a book based on a conference which contributed so much to our knowledge in the field of hypertension. During my close association with the International Society of Hypertension from 1978-1982, numerous satellite symposia were held in connection with five international meetings. The specific topics addressed in this volume, the quality of the contributions, and the superb expertise of the contributors make this monograph one of the most outstanding publications that the International Society of Hypertension has sponsored. Satellite symposia such as the present one serve useful and important functions for our society. They provide a mechanism of getting together the outstanding experts on special subjects for presentation of new data and for a free interchange of ideas. This type of endeavor is one of the most uniquely effective ways of accumulating new knowledge because the data presented are subjected to critical review and discussion. No textbook or publication in journals can provide the type of critically evaluated information that comes from a small group meeting; it is a mechanism for scientists to become acquainted or better acquainted with one another. All of this is of course very provocative and supportive of high quality research, one of the trademarks of the International Society of Hypertension. The conference for this book publication was organized by Drs. *Pathophysiology of Hypertension in Blacks* John C.S. Fray, Janice G. Douglas, 2013-05-27 Overall, American blacks have twice the rate of high blood pressure of American whites and five to seven times the rate of severe hypertension. As a result, American blacks have a higher incidence of stroke (50%), heart disease (30%), and kidney disease (50%). Not only are blacks more likely to develop hypertension, but the disorder develops earlier, is often more severe, and is more likely to be fatal at an earlier age. While lack of early and aggressive treatment contributes to the problem, research has shown that physiological and environmental factors play an important role. *Pathophysiology of Hypertension in Blacks* examines much of the research that has been done to explain the pathogenesis of hypertension among black Americans. The book is divided into four sections. The first section considers genetic mechanisms of the disease. Increased sensitivity to salt, a common feature among both normotensive and hypertensive blacks, may have developed during the slave trade and slavery as a physiological adaptation to prevent death from excessive loss of salt and water. Survival favored those most able to conserve salt, an ability which predisposes black Americans today to hypertension. During childhood, this enhanced salt sensitivity may be complicated by insulin resistance and hyperinsulinemia. The second section examines the role of social, cultural, psychosocial, and socioeconomic factors in the pathogenesis of hypertension. The authors of these chapters present models and explanations that show how these factors may influence physiological variables. The third area of the book deals with the role of urbanization and salt, both in and out of Africa, the role of diet, the role of intracellular ion metabolism, and the increasing significance of renin. The last section of the book summarizes the evidence presented in earlier chapters and also outlines therapeutic strategies that are effective in

controlling blood pressure in hypertensive blacks The book presents underlying physiological mechanisms which may become impaired and therefore sets the stage for the application of modern molecular biology to the pathophysiology of hypertension in blacks This book is a volume in the Clinical Physiology Series of the American Physiological Society and is based on a symposium sponsored by the Society at the 1990 meeting of the Federation of American Societies for Experimental Biology It will be valuable to both researchers and clinicians who study and treat hypertension in blacks

Pathophysiology of Hypertension ,1986

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