



SEVEN DECADES

HOW WE EVOLVED
TO LIVE LONGER

MICHAEL D. GURVEN

Seven Decades

Michael D. Gurven



Seven Decades:

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Seven Decades of the Union Henry Alexander Wise, 1872 *A History of the Western High School*

in Seven Decades, 1844-1913 Pamela A. Hartman, 1915 **Women's Occupations Through Seven Decades** Janet Montgomery Hooks, 1947 *This Hour Has Seven Decades* Patrick Watson, 2005 Patrick Watson much to his surprise found himself hosting a CBC television series at the age of 26 Within weeks he had abandoned both his doctoral studies and a promising career in publishing to sail into the uncharted waters of the new medium Ten years later he was one of the best known people in Canada primarily because of a television series called THIS HOUR HAS SEVEN DAYS which regularly reached more viewers than HOCKEY NIGHT IN CANADA During its spectacular two year run Watson was on the front pages of the nation's major newspapers week after week Throughout a broadcasting career that began in radio 61 years ago he has written produced directed acted in or hosted literally thousands of television programs and films from creating children's radio adventure drama to globe girdling documentaries from anchoring a daily news show on New York City's famous Channel XIII to producing directing for Jacques Cousteau As well Watson hosted the first CBC Current Affairs series to be named for its host and created the Historica Foundation's famous Heritage Minutes In THIS HOUR HAS SEVEN DECADES Watson gives a first person account of a sunny and adventurous childhood the early days of broadcasting the troubled years of his chairmanship of the CBC and the myriad of projects of the in between and later years in a frank gossipy narrative that reflects the story telling skills that have made his novels and historical books bestsellers **Notes for Oboists** Nora Anderson Lewis, 2025 Notes for Oboists A Guide to the Repertoire is an essential resource for professional amateur and student oboists that collects the important historical and analytical information for thirty five of the best known pieces composed for the instrument These works span the eighteenth through the twenty first century and include sonatas concertos chamber music and works for solo oboe by a wide range of composers Chapters will cover compositions such as Alessandro Marcello's Concerto in D Minor Robert Schumann's Three Romances Op 94 Francis Poulenc's Sonata for Oboe and Piano Isang Yun's Piri for Oboe Solo Reena Esmail's Jhula Jhule for Oboe and Piano and thirty other treasures of the oboe repertoire Writing in engaging and accessible prose supported by fact filled analytical charts Nora A Lewis offers rich biographical information on individual composers historical context for compositions such as the circumstances for its development as well as clear structural analyses to help oboists gain a deeper understanding of well known repertoire In offering both historical biographical as well as musicological insight Notes for Oboists connects performance studies with scholarship allowing readers to build a more complete picture of the music and encourage them to approach other compositions in a similarly analytical manner *Women's Occupations Through Seven Decades* Janet Montgomery Hooks, 1978 *Reflections* Peter James Ford, 2024-03-27 Peter James Ford The Unlikely Messenger is a unique individual with a broad understanding of life from having lived life from many lifestyles Peter experienced the good the bad the ugly and then an awakening and redemption His younger years found him struggling with alcoholism and the drugs of the sixties with having learning disabilities including attention deficit disorder and growing up in a violent environment Peter turned to

physical training and motorcycles and found much satisfaction in both At an early age Peter crawled into the 12 step recovery program a broken man This was the beginning of Peter s spiritual journey Over the years Peter attained the promises of the program and began living a great life Many years later Peter was initiated into a yogic path that had begun thousands of years ago by an ancient lineage of Masters Peter did not realize that his profound spiritual experience at that time was actually a powerful Kundalini Awakening within him Shortly after his awakening these mystic tales of past lives and powerful wisdom truths began flowing Peter has just completed his seventh book about his life adventures and spiritual journey Peter hopes people find something useful in his writings or at least that they will bring a smile to your face when thinking about Peter this Unlikely Messenger **Time's Telescope for ... ; Or, A Complete Guide to the Almanack**
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