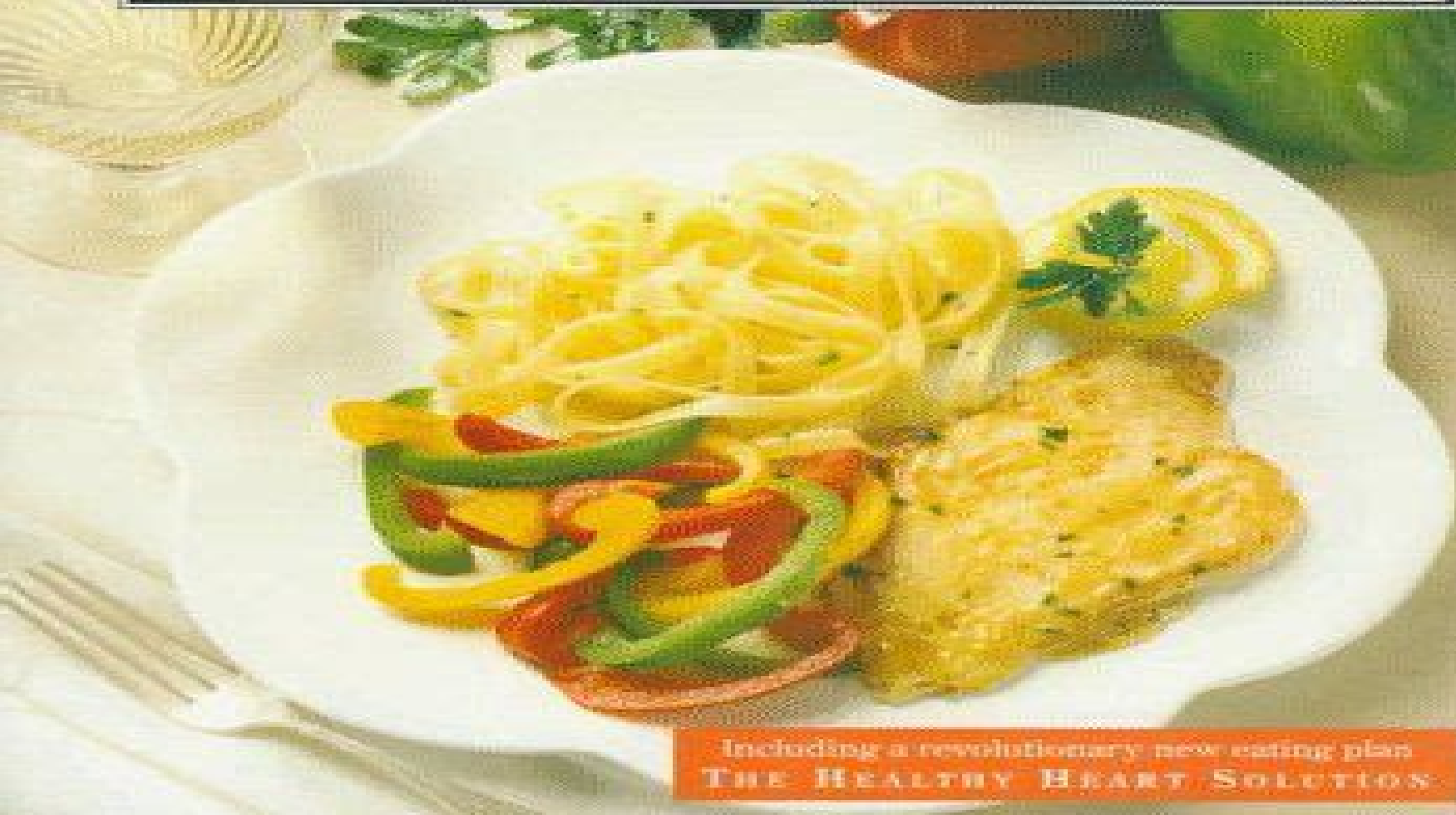


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# Lowfat Cooking In The Cultural Blur Of California

**Ian Pickup**



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