

Painless Childbirth

AN EMPOWERING JOURNEY THROUGH PREGNANCY AND BIRTH

Pregnancy is a beautiful balance of life, ove, and spirit, and Giuditta reflects that perfectly in her gentle book. What a lovely way to prepare for your new life ahead."

Harvey Karp, MD, FAAP, Creator of the book/DVD The Happiest Baby on the Block Giuditta Tornetta

CONTRACTOR OF THE PARTY.

Painless Childbirth Through Psychoprophy

RJ Shavelson

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