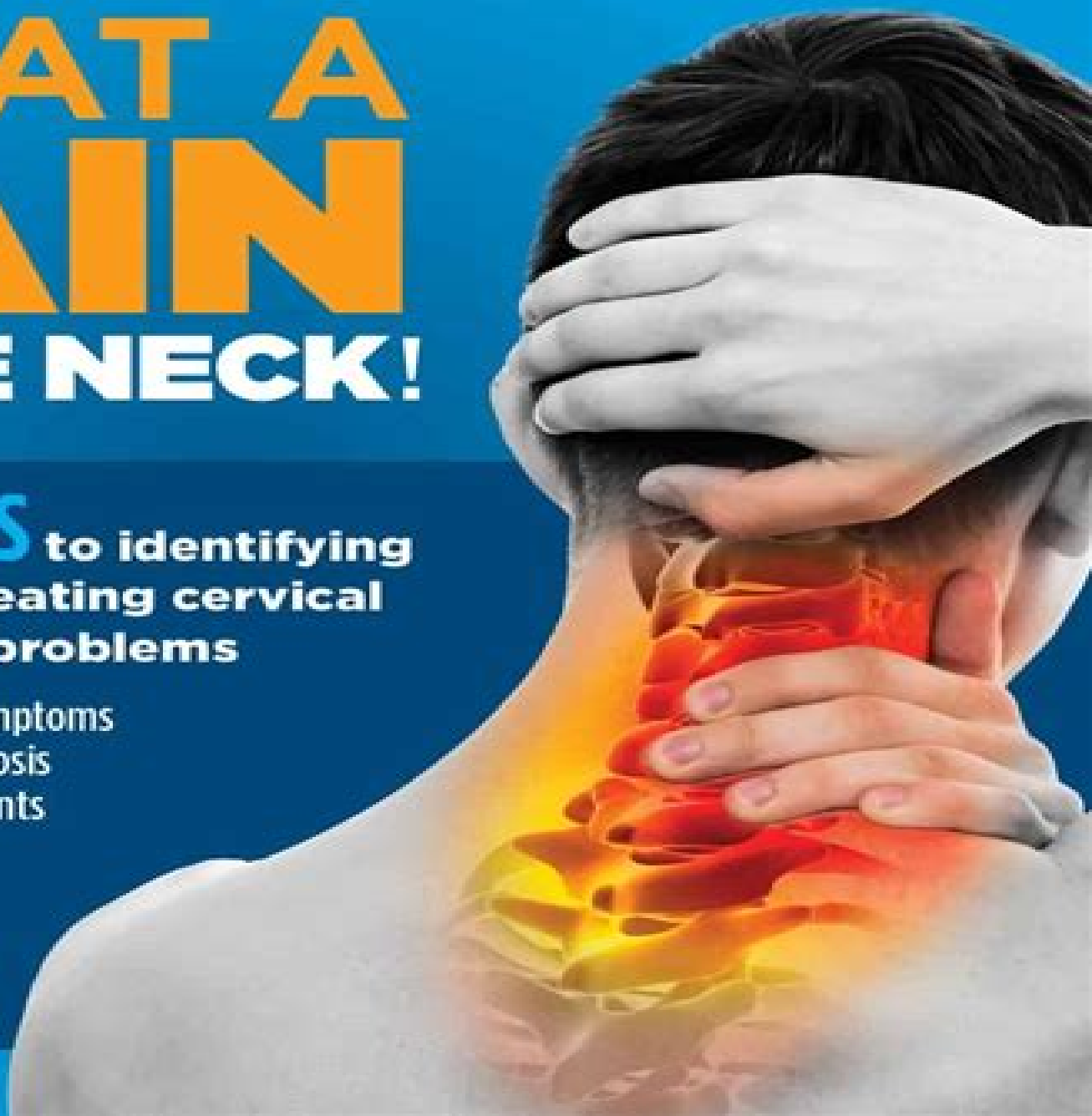


# WHAT A **PAIN** IN THE NECK!

## 5 **STEPS** to identifying and treating cervical spine problems

1. Recognize Serious Symptoms
2. Obtain Medical Diagnosis
3. Conservative Treatments
4. Pain Management  
Procedures
5. Minimally Invasive or  
Traditional Surgery



# Pain In The A

**M Lipman**



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