

# **7 RULES OF LIFE**

## **1. LET IT GO**

Never ruin a good day by thinking about a bad day yesterday

## **2. IGNORE THEM**

What other people think of you is none of your business.

## **3. GIVE IT TIME**

Time heals almost everything

## **4. DON'T COMPARE**

The only person you should try to beat is the person you were yesterday

## **5. STAY CALM**

It's okay not to have everything figured out. Know that in time, you'll get in there.

## **6. IT'S ON YOU**

Only you are in charge of your happiness..

## **7. SMILE**

Life is short. Enjoy it while you have it.

# Rules For Lifepack Of Eight

**Ian Pickup**



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