

Recess

Its Role in Education and Development



Anthony D. Pellegrini

Recess Its Role In Education And Development

Sandra Leanne Bosacki



Recess Its Role In Education And Development:

Recess Anthony D. Pellegrini, 2006-04-21 Writing a book about recess could be a very questionable endeavor for a serious academic psychologist At first blush it seems to be a pretty trivial topic It s the time during the school day where there s a break from what s typically considered the most serious work of the day reading writing and arithmetic Reflecting this trivial tenor it s also that time of the school day that kids perhaps only half jokingly say is their favorite part of school This perception has lead many schools to question the role of recess in the school day This book is an attempt to broach two views of recess the perceived value of recess and the movement to eliminate or reduce the school recess period from the primary school day Due to tightened school budgets and the emphasis on testing many elementary schools eliminate recess gym classes and play periods to the developmental detriment of the very children the schools are supposed to serve Author Anthony Pellegrini has conducted a number of careful studies regarding student attentiveness and performance within programs that have recess periods and those that don t The data show that students need recess in order to blow off energy and interact with each other in the unstructured recess environment in order to grow socially The goal of Recess is to help readers realize the importance of recess and counter the trend to eliminate it from schools This book appeals to academics teachers administrators and parents

The Role of Play in Human Development Anthony D. Pellegrini, 2009 This book argues that play is an excellent example of the ways in which biology and culture influence each other especially during childhood

Justice, Conflict and Wellbeing Brian H. Bornstein, Richard L. Wiener, 2014-08-12 Justice conflict and wellbeing are large topics that occupy researchers from a variety of disciplines as well as laypeople and policy makers The three concepts are closely connected conflict often though not always impairs wellbeing whereas justice often though not always enhances it perceived injustice is a common source of conflict at multiple levels and calls for justice are a common response to conflict In addition each construct has subtypes such as distributive and procedural justice individual and group conflict and physical and psychological wellbeing Although there are established traditions of research on the topics in multiple disciplines there is little cross fertilization across disciplines This volume brings together researchers from social clinical and educational psychology law and political science The unifying theme is how injustice and conflict pose threats to wellbeing at the micro individual and macro groups and societies levels Multi and interdisciplinary research are at the vanguard of science in the twenty first century and the present work applies multi and interdisciplinary perspectives to the important real world topics of justice conflict and wellbeing

It's OK to Go Up the Slide Heather Shumaker, 2016-03-08 When it comes to parenting sometimes you have to trust your gut With her first book It s OK Not to Share Heather Shumaker overturned all the conventional rules of parenting with her renegade rules for raising competent and compassionate kids In It s Ok To Go Up the Slide Shumaker takes on new hot button issues with renegade rules such as Recess Is A Right It s Ok Not To Kiss Grandma Ban Homework in Elementary School Safety Second Don t Force Participation Shumaker also offers

broader guidance on how parents can control their own fears and move from an overscheduled life to one of more free play Parenting can too often be reduced to shuttling kids between enrichment classes but Shumaker challenges parents to reevaluate how they're spending their precious family time This book helps parents help their kids develop important life skills in an age appropriate way Most important parents must model these skills whether it's technology use confronting conflict or coping emotionally with setbacks Sometimes being a good parent means breaking all the rules

The SAGE Encyclopedia of Contemporary Early Childhood Education Donna Couchenour, J. Kent Chrisman, 2016-08-16 The general public often views early childhood education as either simply babysitting or as preparation for later learning Of course both viewpoints are simplistic Deep understanding of child development best educational practices based on development emergent curriculum cultural competence and applications of family systems are necessary for high quality early education Highly effective early childhood education is rare in that it requires collaboration and transitions among a variety of systems for children from birth through eight years of age The SAGE Encyclopedia of Contemporary Early Childhood Education presents in three comprehensive volumes advanced research accurate practical applications of research historical foundations and key facts from the field of contemporary early childhood education Through approximately 425 entries this work includes all areas of child development physical cognitive language social emotional aesthetic as well as comprehensive review of best educational practices with young children effective preparation for early childhood professionals and policy making practices and addresses such questions as How is the field of early childhood education defined What are the roots of this field of study How is the history of early childhood education similar to yet different from the study of public education What are the major influences on understandings of best practices in early childhood education

The SAGE Handbook of Outdoor Play and Learning Tim Waller, Eva Ärlemalm-Hagsér, Ellen Beate Hansen Sandseter, Libby Lee-Hammond, Kristi Lekies, Shirley Wyver, 2017-06-19 There has been a growing academic interest in the role of outdoor spaces for play in a child's development This text represents a coordinated and comprehensive volume of international research on this subject edited by members of the well established European Early Childhood Education Research Association Outdoor Play and Learning SIG OPAL Chapters written by authors from Europe North and South America Australasia and Asia Pacific countries are organised into six sections Theoretical Frameworks and Conceptual Approaches for Understanding Outdoor Play Learning Critical Reflections on Policy and Regulation in Outdoor Play Learning Children's Engagement with Nature Sustainability and Children's Geographies Diverse Contexts and Inclusion in Children's Outdoor Play Environments Methodologies for Researching Outdoor Play and Learning Links Between Research and Practice

The Science of Play Susan G. Solomon, 2014-11-04 Poor design and wasted funding characterize today's American playgrounds A range of factors including a litigious culture overzealous safety guidelines and an ethos of risk aversion have created uniform and unimaginative playgrounds These spaces fail to nurture the development of children or promote playgrounds as an active component in

enlivening community space Solomon's book demonstrates how to alter the status quo by allying data with design Recent information from the behavioral sciences indicates that kids need to take risks experience failure but also have a chance to succeed and master difficult tasks learn to plan and solve problems exercise self control and develop friendships Solomon illustrates how architects and landscape architects most of whom work in Europe and Japan have already addressed these needs with strong successful playground designs These innovative spaces many of which are more multifunctional and cost effective than traditional playgrounds are both sustainable and welcoming Having become vibrant hubs within their neighborhoods these play sites are models for anyone designing or commissioning an urban area for children and their families The Science of Play a clarion call to use playground design to deepen the American commitment to public space will interest architects landscape architects urban policy makers city managers local politicians and parents *The Routledge Handbook of Youth Physical Activity* Timothy Brusseau, Stuart Fairclough, David Lubans, 2020-04-07 Over the past three decades the study of pediatric physical inactivity has become a public health concern The decreases in physical activity have been associated with obesity and numerous hypokinetic diseases In accordance with this public health concern the study of pediatric physical activity has become a central part of research in the health and exercise science fields The Routledge Handbook of Youth Physical Activity is the first book to survey the full depth and breadth of the issues facing this field Bringing together many of the world's experts and practitioners the book helps to develop an understanding of the underlying issues related to pediatric physical activity as well as the role physical activity plays on cognitive psychomotor and social aspects of childhood The book addresses issues with physical activity measurement and discuss wide ranging aspects of physical activity interventions With more emphasis than ever on physical activity this book makes an important contribution to the scholars and practitioners working in the field of youth physical activity This is the first single text on the state of current knowledge related to pediatric physical activity which offers a comprehensive guide to students and academics on these subjects The Routledge Handbook of Youth Physical Activity is key reading for all advanced students researchers practitioners and policy makers with an interest in physical activity youth sport public health matters sport studies or physical education *Hothouse Kids* Alissa Quart, 2007-07-31 More information to be announced soon on this forthcoming title from Penguin USA **Children's Play, Pretense, and Story** Susan Douglas, Lesley Stirling, 2015-12-21 At the heart of this volume is the recognition that children's engagement with play and story are intrinsically and intricately linked The contributing authors share a passionate interest in the development and well being of children in particular through their use of imagination and adaptation of the everyday into play and stories Following these principles the volume explores the connections between play story and pretense with regard to many cultural and contextual factors that influence the way these elements vary in children's lives In a departure from earlier collections on play and story the authors take a particular focus on normative as compared with atypical development This collection begins with an approach to

understanding the developmental relationship between play and story which recognizes their similarities while acknowledging their differences Much of the collection addresses pretend play and story in children with autism spectrum disorder an understudied but important group for consideration as these dimensions of their lives and development have often been considered problematic The volume also includes sections on play and story in classroom settings and play and story across cultures including non English speaking environments such as Israel Romania China and Mexico It concludes with a discussion of how play differs across sociocultural and economic contexts making a unifying claim for the importance of play in children s lives but also calling for an understanding of what play means to very different groups of children

Play and Creativity in Art Teaching George Szekely,2015-03-02 In *Play and Creativity in Art Teaching* esteemed art educator George Szekely draws on his two classic volumes *Encouraging Creativity in Art Lessons* and *From Play to Art* to create a new book for new times The central premise is that art teachers are not only a source of knowledge about art but also a catalyst for creating conditions that encourage students to use their own ideas for making art By observing children at play and using props and situations familiar to them teachers can build on children s energy and self initiated discoveries to inspire school art that comes from the child s imagination The foundation of this teaching approach is the belief that the essential goal of art teaching is to inspire children to behave like artists that art comes from within themselves and not from the art teacher *Play and Creativity in Art Teaching* offers plans for the study of children s play and for discovering creative art teaching as a way to bring play into the art room While it does not offer a teaching formula or a single set of techniques to be followed it demystifies art and shows how teachers can help children find art in familiar and ordinary places accessible to everyone This book also speaks to parents and the important roles they can play in supporting school art programs and nourishing the creativity of their children

Children's Emotional Lives Sandra Leanne Bosacki,2008 Drawing on evidence from a longitudinal study of Canadian children s emotional experiences within the grade school classroom this book considers the nature and significance of such experiences for children s development and well being Within the learning context of the classroom the girls and boys share their experiences of self emotional understandings and social relations through interviews and social cognitive tasks The chapters provide scholarly analysis and practical information for those who agree that emotions are paramount to children s comprehensive development The book concludes by describing the practical implications and applications of its findings for parents teachers and caretakers of children including how to help children learn about and negotiate emotions in themselves and in their interactions with others

Play from Birth to Twelve Doris Pronin Fromberg,Doris Bergen,2006 Publisher description

Perspectives on Play Avril Brock,Pam Jarvis,Yinka Olusoga,2018-12-07 This text offers innovative multi disciplinary perspectives on the subject of play in a range of environments the classroom playground home and local community Chapters include observation notes case studies and comprehensive illustrations of ideas in action as well as encouragement for the reader to stop and reflect on their own

practice with questions for consideration Extensively revised and with new contributions this third edition explores the theory and clearly demonstrates how to take the theory from the academic classroom and apply it to practice in a child s setting New features include an up to date exploration of the latest policy developments and research including Ofsted s 2015 Early Years Report and the 2017 EYFS Statutory Framework an exploration of globalisation and technology and critical analysis of children s leisure time screen interaction and virtual experiences international perspectives on play and the connections between play and mental health brand new practical examples woven throughout accompanied by additional full colour photos Perspectives on Play is an invaluable resource for any student studying within childhood studies playwork programmes or training to teach at early years or primary level It is also ideal for early years primary and play practitioners

Alleviating Bullying Ashraf Esmail,2014-05-05 *Alleviating Bullying* examines the facets of bullying that have become a major concern around the nation This book explores the impact of bullying on teachers students the elderly prisoners and other socio economic groups This book also identifies warning signs of bullying and provides suggestions on how to alleviate bullying The book provides deeper insight into the harmful effects of bullying and what a victim can do to prevent bullying behaviors and further victimization

Young Entrepreneurs in Sub-Saharan Africa Katherine V. Gough,Thilde Langevang,2016-03-02 Young people in sub Saharan Africa are growing up in rapidly changing social and economic environments which produce high levels of un and underemployment Job creation through entrepreneurship is currently being promoted by international organizations governments and NGOs as a key solution despite there being a dearth of knowledge about youth entrepreneurship in an African context This book makes an important contribution by exploring the nature of youth entrepreneurship in Ghana Uganda and Zambia It provides new insights into conceptual and methodological discussions of youth entrepreneurship as well as presenting original empirical data Drawing on quantitative and qualitative research conducted under the auspices of a collaborative interdisciplinary and comparative research project it highlights the opportunities and challenges young people face in setting up and running businesses Divided into a number of clear sections each with its own introduction and conclusion the book considers the nature of youth entrepreneurship at the national level in both urban and rural areas in specific sectors including mobile telephony mining handicrafts and tourism and analyses how key factors such as microfinance social capital and entrepreneurship education affect youth entrepreneurship New light is shed on the multi faceted nature of youth entrepreneurship and a convincing case is presented for a more nuanced understanding of the term entrepreneurship and the situation faced by many African youth today This book will be of interest to a wide range of scholars interested in youth entrepreneurship including in development studies business studies youth studies and geography as well as to development practitioners and policy makers The Open Access title has now been added to the Open Access page <http://www.tandfebooks.com/page/openaccess>

Playwork in Practice Ali Wood,Julia Sexton,Jacky Kilvington,2024-09-05 *Playwork in Practice* introduces the ways that playwork can be used across the children s workforce

including carers qualified teachers parents and other adults You will learn the theoretical and practical aspects of the playwork approach supported by a wealth of research evidence this book is for anyone studying playwork or looking to use it in their own practice The chapters focus on the following areas where the playwork approach can be applied behaviour adult expectations relationships and inclusion space environment and outdoors age risk and resilience emotions and resilience health well being and gender Using a reflexive reflective approach the book offers vivid descriptions of interactions between children and adults in a range of different circumstances and analyses these interactions critically Each chapter includes a real life story with analysis based on the authors conversations with carers playworkers parents and other adults The chapters also include reflective questions

Rethinking Children's Play Fraser Brown, Michael Patte, 2013-01-17 A thought provoking re examination of children s play drawing together insights and experiences across fields such as education sociology philosophy and psychology to encourage an inter disciplinary approach [Encyclopedia of Play in Today's Society](#) Rodney P. Carlisle, 2009-04-02 Selected as an Outstanding Academic Title by Choice Magazine January 2010 The Encyclopedia of Play A Social History explores the concept of play in history and modern society in the United States and internationally Its scope encompasses leisure and recreation activities of children as well as adults throughout the ages from dice games in the Roman empire to video games today As an academic social history it includes the perspectives of several curricular disciplines from sociology to child psychology from lifestyle history to social epidemiology This two volume set will serve as a general non technical resource for students in education and human development health and sports psychology leisure and recreation studies and kinesiology history and other social sciences to understand the importance of play as it has developed globally throughout history and to appreciate the affects of play on child and adult development particularly on health creativity and imagination

A Moral Case for Play in K-12 Schools Judd Kruger Levingston, 2023-07-21 In A Moral Case for Play The Urgency of Advancing Moral Ecologies of Play in K 12 Schools Levingston argues that schools must make room for character building play because of its essential role in moral development He utilizes field based research including interviews and observations from hallways classrooms playgrounds and lunchrooms at Catholic Jewish Progressive Quaker single gender and other non sectarian schools Levingston s timely new insights and explanations of the moral ecologies of play build on and intersect with the work of anthropologists fellow educators and education researchers folklorists medical researchers psychologists and STEAM educators This book demonstrates that beyond physical and social play at recess students need to engage in role playing along with language number kinesthetic and imaginative play Offering a new definition of play Levingston s research shows how schools can create unique ecologies that promote moral growth creativity and a sense of community in any academic program

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