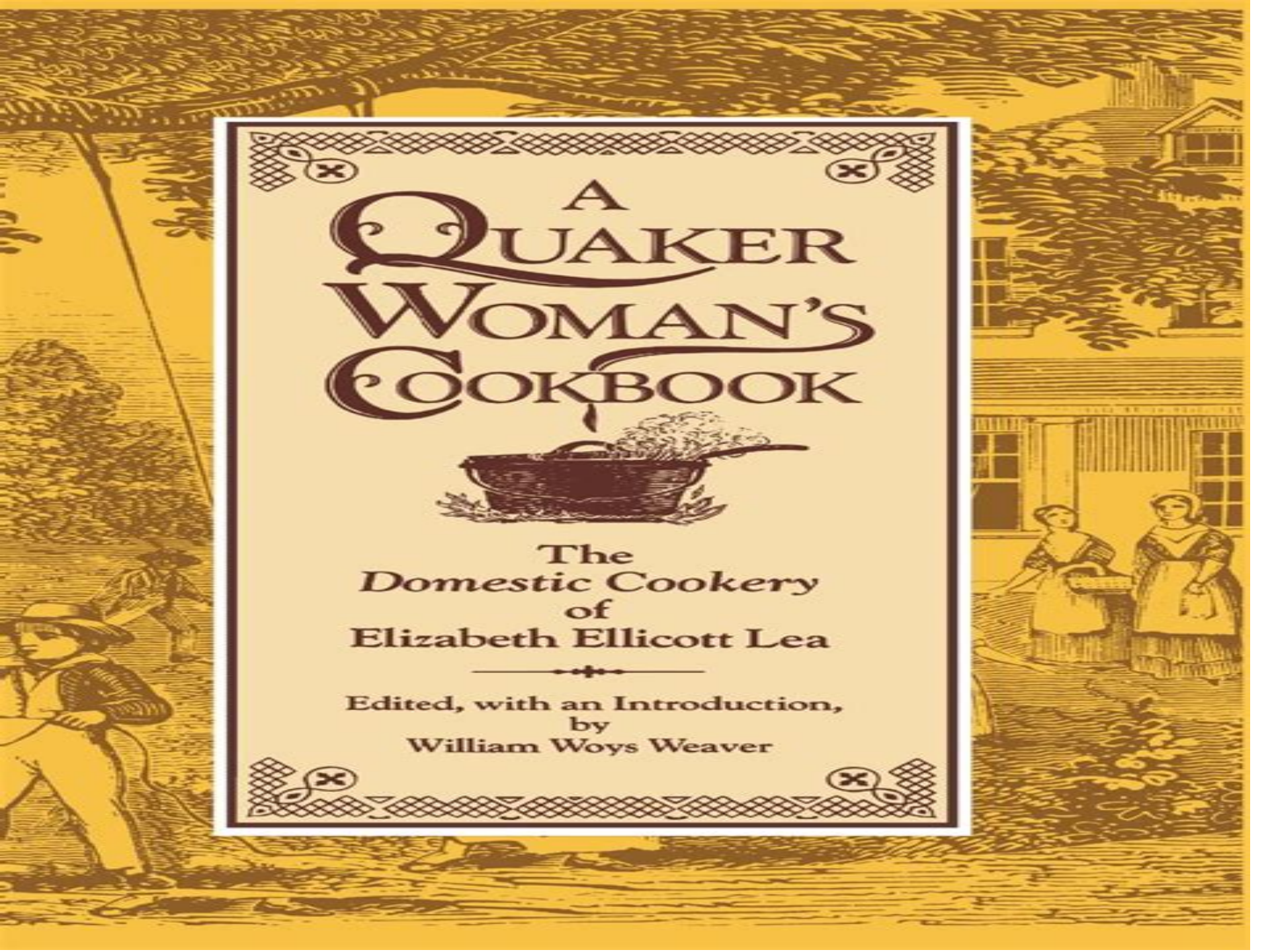


A QUAKER WOMAN'S COOKBOOK



The
Domestic Cookery
of
Elizabeth Ellicott Lea

— ♦ —
Edited, with an Introduction,
by
William Woys Weaver



Quaker Womans Cookbook The Domestic Cookery Of Elizabeth Ellicott Lea

William Woys Weaver



Quaker Womans Cookbook The Domestic Cookery Of Elizabeth Ellicott Lea:

A Quaker Woman's Cookbook Elizabeth Ellicott Lea, William Woys Weaver, 2004 In this long awaited paperback edition food historian William Woys Weaver revises and expands the lengthy material that supplements a reprint of Elizabeth Ellicott Lea's 1845 cookbook *Domestic Cookery* In his introduction Weaver reveals new information on Lea her Quaker world and her cookbook A glossary traces the origins and histories of the foods in Lea's book placing them in cultural context The cookbook is a quintessential example of rural American folk cookery of the nineteenth century representing a mingling of southern Pennsylvania and Tidewater cuisine Modern kitchen conversions are included

A Quaker Woman's Cookbook Elizabeth Ellicott Lea, 2016-01-11 One of the finest sources for studying authentic American folk diet the 1853 facsimile edition presented here contains a wealth of recipes and folk wisdom from the Quakers Tidewater South and Pennsylvania Germans This volume with an extensive introduction and glossary is the first attempt by an American food historian to analyze the cookery of the Quakers

Thirty-five Receipts from "The Larder Invaded" William Woys Weaver, 1986

Hearthside Cooking Nancy Carter Crump, 2009-11-05 For cooks who want to experience a link to culinary history *Hearthside Cooking* is a treasure trove of early American delights First published in 1986 it has become a standard guide for museum interpreters and guides culinary historians historical reenactors campers scouts and home cooks interested in foodways and experimenting with new recipes and techniques *Hearthside Cooking* contains recipes for more than 250 historic dishes including breads soups entrees cakes custards sauces and more For each dish Nancy Carter Crump provides two sets of instructions so dishes can be prepared over the open fire or using modern kitchen appliances For novice hearthside cooks Crump offers specific tips for proper hearth cooking including fire construction safety tools utensils and methods More than just a cookbook *Hearthside Cooking* also includes information about the men and women who wrote the original recipes which Crump discovered by scouring old Virginia cookbooks handwritten receipt books and other primary sources in archival collections With this new edition Crump includes additional information on African American foodways how the Civil War affected traditional southern food customs and the late nineteenth century transition from hearth to stove cooking *Hearthside Cooking* offers twenty first century cooks an enjoyable informative resource for traditional cooking

History of American Cooking Merrill D. Smith, 2013-01-09 Ideal for American history and food history students as well as general readers this book spans 500 years of cooking in what is now the United States supplying recipes and covering the how and why of eating This book examines the history and practice of cooking in what is now the United States from approximately the 15th century to the present day covering everything from the hot stone cooking techniques of the Nootka people of the Pacific Northwest to the influence of Crisco a shortening product intended as a substitute for lard upon American cooking in the 20th century Learning how American cooking has evolved throughout the centuries provides valuable insights into life in the past and offers hints to our future The author describes cooking methods used throughout American history spotlighting

why particular methods were used and how they were used to produce particular dishes The historical presentation of information will be particularly useful to high school students studying U S history and learning about how wartime and new technology affects life across society General readers will enjoy learning about the topics mentioned above as well as the in depth discussions of such dishes as fried chicken donuts and Thanksgiving turkey Numerous sample recipes are also included

Culinary Ephemera William Weaver,2010-10-18 This extraordinary collection a trove of enchanting designs appealing colors and forgotten motifs that stir the imagination features an unprecedented assortment of ephemera or paper collectibles related to food It includes images of postcards match covers menus labels posters brochures valentines packaging advertisements and other materials from nineteenth and twentieth century America Internationally acclaimed food historian William Woys Weaver takes us on a lively tour through this dazzling collection in which each piece tells a new story about food and the past Packed with fascinating history the volume is the first serious attempt to organize culinary ephemera into categories making it useful for food lovers collectors designers and curators alike Much more than a catalog Culinary Ephemera follows this paper trail to broader themes in American social history such as diet and health alcoholic beverages and Americans abroad It is a collection that as Weaver notes will transport us into the vicarious worlds of dinners past brushing elbows with the reality of another time another place another human condition

Food and Drink in American History Andrew F. Smith,2013-10-28 This three volume encyclopedia on the history of American food and beverages serves as an ideal companion resource for social studies and American history courses covering topics ranging from early American Indian foods to mandatory nutrition information at fast food restaurants The expression you are what you eat certainly applies to Americans not just in terms of our physical health but also in the myriad ways that our taste preferences eating habits and food culture are intrinsically tied to our society and history This standout reference work comprises two volumes containing more than 600 alphabetically arranged historical entries on American foods and beverages as well as dozens of historical recipes for traditional American foods and a third volume of more than 120 primary source documents Never before has there been a reference work that coalesces this diverse range of information into a single set The entries in this set provide information that will transform any American history research project into an engaging learning experience Examples include explanations of how tuna fish became a staple food product for Americans how the canning industry emerged from the Civil War the difference between Americans and people of other countries in terms of what percentage of their income is spent on food and beverages and how taxation on beverages like tea rum and whisky set off important political rebellions in U S history

The Oxford Encyclopedia of Food and Drink in America Andrew Smith,2013-01-31 Home cooks and gourmets chefs and restaurateurs epicures and simple food lovers of all stripes will delight in this smorgasbord of the history and culture of food and drink Professor of Culinary History Andrew Smith and nearly 200 authors bring together in 770 entries the scholarship on wide ranging topics from airline and funeral food to fad diets and fast food

drinks like lemonade Kool Aid and Tang foodstuffs like Jell O Twinkies and Spam and Dagwood hoagie and Sloppy Joe sandwiches

American Home Cooking Tim Miller, 2017-07-01 American Home Cooking provides an answer to the question of why in the face of all the modern technology we have for saving time Americans still spend time in their kitchens cooking Americans eat four to five meals per week in a restaurant and buy millions of dollars worth of convenience foods Cooking especially from scratch is clearly on its way out However if this is true why do we spend so much money on kitchen appliances both large and small Why are so many cooking shows and cookbooks published each year if so few people actually cook In American Home Cooking Timothy Miller argues that there are historical reasons behind the reality of American cooking There are some factors that over the past two hundred years have kept us close to our kitchens while there are other factors that have worked to push us away from our kitchens At one end of the cooking and eating continuum is preparing meals from scratch all ingredients are raw and unprocessed and in extreme cases grown at the home On the other end of the spectrum is dining out at a restaurant where no cooking is done but the family is still fed All dining experiences exist along this continuum and Miller considers how American dining has moved along the continuum He looks at a number of different groups and trends that have affected the state of the American kitchen stretching back to the early 1800s These include food and appliance companies the restaurant industry the home economics movement of the early 20th century and reform movements such as the counterculture of the 1960s and the religious reform movements of the 1800s And yet the kitchen is still most often the center of the home and the place where most people expect to cook and eat even if they don't

From Boarding House to Bistro Richard Pillsbury, 2025-04-01 The quest for food to fill the body and food to seduce the soul has provided a catalyst for the exploding variety of restaurants in the United States Mapping out the development of the great American restaurant the author takes us on a nostalgic journey in From Boarding House to Bistro originally published in 1990 through the history of a nation's eating houses From the earliest taverns and inns to the fast food chains of 1990s the restaurant mirrored a changing way of life Increasingly Americans chose to eat away from home in a variety of downtown establishments or in the burgeoning sprawl of suburban eateries Richard Pillsbury traces this evolution emphasizing how the restaurant's form its fare and its location reflect the country's diverse economy and social life Abundantly illustrated and with entertaining vignettes on individual eating places this fascinating account is accessible to all readers The unique product of extensive travel across the continent this book gives new insight into the restaurant as an institution and will especially appeal to those interested in the social and behavioral sciences urban planners marketing specialists and others working with the changing American urban scene

Cather's Kitchens Roger L. Welsch, Linda K. Welsch, 2002-04-01 Roger and Linda Welsch matched references from Willa Cather's writing with recipes they collected from Cather family recipe files from other period cookbooks and from old time ethnic cooks still living in the Bohemian tradition Cather's Kitchens comes as close as possible to the precise recipes Cather had in mind and memory as she wrote

No Foreign Food Richard

Pillsbury, 2018-02-12 Reading Richard Pillsbury's remarkable *No Foreign Food* like the grand opening of a new restaurant in one's neighborhood is an exciting and pleasurable event. He engagingly chronicles the amazing diversity of America's food ways that are so central to our history and culture but he also tells us why our eating habits are much more than mere gastronomic experiences. Karl Raitz UNIVERSITY OF KENTUCKY *No Foreign Food* is the only serious up to date treatment of American food habits that I know a subject unaccountably neglected by most students of the American scene. In Pillsbury's skillful hands American food habits become more than just a set of cranky likes and dislikes but instead a mirror to America's larger culture. It is an indispensable book for any serious student of the American scene. Pierce Lewis PENNSYLVANIA STATE UNIVERSITY *No Foreign Food* explores the evolution and transformation of the American diet from colonial times to the present. How and why did our bland colonial diet evolve into today's restless melange of exotic foods? Why are Hoppin John, lutefisk and scrapple once so important seldom eaten today? How has the restaurant shaped our daily menus? These and hundreds of other questions are addressed in this examination of the changing American diet. **Albion's Seed** David Hackett Fischer, 1991-03-14 This fascinating book is the first volume in a projected cultural history of the United States from the earliest English settlements to our own time. It is a history of American folkways as they have changed through time and it argues a thesis about the importance for the United States of having been British in its cultural origins. While most people in the United States today have no British ancestors they have assimilated regional cultures which were created by British colonists even while preserving ethnic identities at the same time. In this sense nearly all Americans are Albion's Seed no matter what their ethnicity may be. The concluding section of this remarkable book explores the ways that regional cultures have continued to dominate national politics from 1789 to 1988 and still help to shape attitudes toward education, government, gender and violence on which differences between American regions are greater than between European nations.

Baking in America Greg Patent, 2015-10-15 This groundbreaking collection encompasses both sweet and savory favorites: yeast breads and quick breads, layer cakes and loaf cakes, doughnuts and fruit desserts, pies and simple pastries. Taking as his starting point 1796, the year the first American cookbook was published, Greg Patent, an accomplished baker, has mined sources from across the country for exemplary baking recipes by and for home cooks. Perusing old cookbooks, journals and handwritten diaries from libraries and private archives, he has skillfully recreated treasured recipes or used them as inspiration for his own thoroughly up to date creations. Included are historical finds like the original Parker House Rolls, Lindy's Cheesecake from the world famous New York restaurant and a sensationally easy butterscotch cake that won a national baking contest in 1954. Here as well are hundreds of contemporary standouts such as Malted Milk Chocolate Layer Cake, Blueberry Lemon Curd Streusel Muffins, Peaches and Cream Cobbler and Raised Potato Doughnuts. **Pure Ketchup** Andrew F. Smith, 1996 When Andrew F. Smith began researching the heritage of America's favorite condiment, he uncovered the makings of a great story: exotic and mysterious beginnings, unusual and colorful characters, evil adulterators and

contaminators strong willed commercial competitors high minded government regulators and finally a relentless quest for a global market From his large store of historical ketchup recipes Smith offers a representative sampling of the appetizing the intriguing and the outlandish Reflecting the diversity of the condiment s myriad incarnations the volume includes recipes for more than 110 ketchup varieties made from such unexpected ingredients as apricots beer celery cucumbers lemons liver raspberries and rum

Baking in the American South Anne Byrn,2024-09-03 Experience mouthwatering Southern baking from humble home kitchens to innovative new Southern chefs One of the world s richest culinary traditions comes to life through this essential cookbook from bestselling author Anne Byrn With 200 recipes from 14 states and more than 150 photos Baking in the American South has the biscuits cornbread cakes and rolls that will help you bake like a Southerner even if you aren t Recipes can tell you volumes if you pay attention the crops raised languages spoken family customs old world flavors and often religion Did you know that where a mill was located affected the recipes handed down from that area Or that baking and selling pound cakes directly impacted the Civil Rights Movement These stories and recipes developed from good times and bad have been collected and perfected over years and are now accessible to us all Anne s expertise in assessing modernizing and developing well written recipes makes this the definitive guide for bakers of all levels From scratch Southern classic recipes include Thomasville Cheese Biscuits Ouita Michel s Sweet Potato Streusel Muffins Nina Cain s Batty Cakes with Lacy Edges The Best Lemon Meringue Pie Georgia Gilmore s Pound Cake This fascinating dive into the history of 14 Southern states Texas Florida Kentucky and more features stories and beautifully photographed recipes from pre Civil War times to today s Southern kitchens It s about the places the people the products and the culture of the moment that influenced what people baked It s about African American women and the monumental contributions they have made to the art of Southern baking about home cooks and how they ve kept traditions alive wherever they settle by baking family recipes each year for holidays and celebrations and about the pastry chefs who have thoughtfully reimaged how the South bakes Experience the recipes and the stories behind them that showcase the substantial contributions Southern baking has made to American baking at large Food historians bakers foodies and cookbook collectors from every corner of the country will want this cookbook in their collections

A Colonial Plantation Cookbook Richard J. Hooker,2020-02-17 A charming compilation of eighteenth century recipes a well researched account of Mrs Horry s fascinating life style The North Carolina Historical Review Harriott Pinckney Horry began her receipt book more than two hundred years ago It is being published now for the first time You will get a lively sense of what colonial plantation life was like from reading Harriott s receipt book She began it in 1770 shortly after she was married writing recipes and household information in a notebook Her recipes reflect both English and French culinary traditions You will recognize in the recipes the origins of some of your contemporary favorites Harriott writes also about keeping the dairy and smokehouse how to dye clothes what to do about insects how to care for trees and crops and how to make soap all skills she learned in the course of managing the plantation after her

husband's early death From Harriott's writing and Hooker's knowledgeable introduction and editorial notes you will learn what it was like to be well to do and a member of Southern aristocracy living in a world of rice and indigo planters merchants lawyers and politicians the colonial elite Because knowing about food preferences and eating habits of any people expands our understanding of their nature and times the receipt book of Harriott Pinckney Horry opens another window on the history of colonial plantations Gives us a very good idea of the household's prize dishes The Washington Post Cookbook collectors will love it and even readers who don't enter the kitchen will find it entertaining The Charleston Evening Post

Writing in the Kitchen David A. Davis, Tara Powell, 2014-08-04 Scarlett O'Hara munched on a radish and vowed never to go hungry again Vardaman Bundren ate bananas in Faulkner's Jefferson and the Invisible Man dined on a sweet potato in Harlem Although food and stories may be two of the most prominent cultural products associated with the South the connections between them have not been thoroughly explored until now Southern food has become the subject of increasingly self-conscious intellectual consideration The Southern Foodways Alliance the Southern Food and Beverage Museum food themed issues of Oxford American and Southern Cultures and a spate of new scholarly and popular books demonstrate this interest Writing in the Kitchen explores the relationship between food and literature and makes a major contribution to the study of both southern literature and of southern foodways and culture more widely This collection examines food writing in a range of literary expressions including cookbooks agricultural journals novels stories and poems Contributors interpret how authors use food to explore the changing South considering the ways race ethnicity class gender and region affect how and what people eat They describe foods from specific southern places such as New Orleans and Appalachia engage both the historical and contemporary South and study the food traditions of ethnicities as they manifest through the written word

Over the Santa Fe Trail to Mexico Rowland Willard, 2015-10-15 One of the first Anglo Americans to record their travels to New Mexico Dr Rowland Willard 1794-1884 journeyed west on the Santa Fe Trail in 1825 and then down the Camino Real into Mexico taking notes along the way This edition of the young physician's travel diaries and subsequent autobiography annotated by New Mexico Deputy State Librarian Joy L Poole is a rich historical source on the two trails and the practice of medicine in the 1820s Few Americans knew much about New Mexico when Willard set out on his journey from St Charles Missouri where he had recently completed a medical apprenticeship The growing commerce with the Southwest presented opportunities for the ambitious doctor On his first day travelling the plains of the Santa Fe Trail he met the mountain man Hugh Glass who regaled Willard with stories of his wilderness experiences Conducting a physical examination of Glass Dr Willard provided the only eye witness medical account of Glass's deformities resulting from a grizzly bear attack Willard referred to the mountain man as Father Glass a testimony to his age He visited Santa Fe practiced medicine in Taos then traveled south to Chihuahua arriving during a measles epidemic Willard treated patients in Mexico for two years before returning to Missouri in 1828 Willard's narrative challenges long accepted

assumptions about the exact routes taken by pack trains on the Santa Fe Trail It also provides thrilling glimpses of a landscape densely populated with wildlife The doctor describes a great theater of nature with droves of elk and buffalo and wolf and antelope skipping in every direction With his traveling companions he hunted buffalo by crawling after them on all fours afterward making jerky out of bison meat and boots out of their hides Willard also details his medical practice offering a revealing view of physicians operating practices in a time when sanitation and anesthesia were rare The Santa Fe Trail and Camino Real took Willard on the journey of a lifetime This account recalls the early days of the Santa Fe Trail trade and westward American migration when a doctor from Missouri could cross paths with mountain men traders Mexican clergymen and government officials on their way to new opportunities

Benjamin Franklin in London George Goodwin, 2016-01-01

An account of Franklin's British years

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