

A dramatic landscape featuring a jagged, dark mountain peak in the foreground. The sky is a vibrant mix of orange, red, and purple, suggesting a sunset or sunrise. The overall mood is contemplative and inspiring.

We do not escape into  
philosophy, psychology, and art –  
we go there to restore our  
shattered selves into whole ones.

Anais Nin

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# Shattered Selves

**Pasquale De Marco**



## **Shattered Selves:**

**Shattered Selves** James M. Glass, 1993      **Elaborate Selves** E Mark Stern, 2013-12-16 In this fascinating volume Anthony Molino interviews some of today's foremost thinkers in psychoanalysis and psychotherapy Organized around the fertile and controversial concept of multiplicity *Elaborate Selves* explores the life work and thought of a diverse group of therapists who have played key roles in furthering postmodern perspectives on self experience Through five engaging conversations readers discover how discontinuities in self experience reflect phenomena that are both fundamental to formations of human identity and central to an understanding of contemporary relationships Throughout the strands of these interviews theory and practice come alive in a multivocal exploration at the intersections of culture and history ideology and instinct biology and fantasy nostalgia and hope and ultimately of trauma and treatment *Elaborate Selves* explores the postmodern concern with the notion of a multiple or fragmented self In this context the stories lives and selves of the very therapists interviewed are seen to reflect predicaments and tensions of the culture at large Each interview explores a therapist's unique contribution to the field while making connections between efforts and theories that at a first glance appear remarkably diverse Among these are the constructivism of Jungian Buddhist and feminist Polly Young Eisendrath the inspired object relations theorizing of Christopher Bollas and the mystic sensibilities of Michael Eigen Readers will find that the depth and complexities of the following issues are rendered in a language that is at once both compelling and accessible contemporary theories of the self and implications for clinical practice psychoanalysis and postmodernism psychoanalysis and spirituality myth and ritual as a basis for self knowledge and group psychotherapy A fundamental text for clinicians and students of all schools of psychoanalysis contemporary social theory philosophy and religious thought *Elaborate Selves* is a major contribution to the ever growing genre of the interview Indeed the interviews collected in this unique volume offer more than an exciting exploration of a singular group of life experiences They probe beyond the biographical to illustrate connections between personal and intellectual history and between life experience culture and the production of knowledge in an increasingly complex world      *Private Selves, Public Identities* Susan J. Hekman, 2010-11-01 In an age when we are all multiculturalists now as Nathan Glazer has said the politics of identity has come to pose new challenges to our liberal polity and the presuppositions on which it is founded Just what identity means and what its role in the public sphere is are questions that are being hotly debated In this book Susan Hekman aims to bring greater theoretical clarity to the debate by exposing some basic misconceptions about the constitution of the self that defines personal identity about the way liberalism conceals the importance of identity under the veil of the abstract citizen and about the difference and interrelationship between personal and public identity Hekman's use of object relations theory allows her to argue against the postmodernist resort to a fictive subject for a core self that is socially constructed in the early years of childhood but nevertheless provides a secure base for the adult subject Such a self is social particular embedded and connected a stark contrast to the neutral and

disembodied subject posited in liberal theory This way of construing the self also opens up the possibility for distinguishing how personal identity functions in relation to public identity Against those advocates of identity politics who seek reform through the institutionalization of group participation Hekman espouses a vision of the politics of difference that eschews assigning individuals to fixed groups and emphasizes instead the fluidity of choice arising from the complex interaction between the individual's private identity and the multiple opportunities for associating with different groups and the public identities they define Inspired by Foucault's argument that power is everywhere Hekman maps out a dual strategy of both political and social cultural resistance for this new politics of identity which recognizes that with significant advances already won in the political legal arena attitudinal change in civil society presents the greatest challenge for achieving more progress today in the struggle against racism sexism and other forms of oppression

**Self-Knowledge and the Self** David A Jopling, 2002-09-11 In this clear and reasoned discussion of self knowledge and the self the author asks whether it is really possible to know ourselves as we really are He illuminates issues about the nature of self identity which are of fundamental importance in moral psychology epistemology and literary criticism Jopling focuses on the accounts of Stuart Hampshire Jean Paul Sartre and Richard Rorty and dialogical philosophical psychology and illustrates his argument with examples from literature drama and psychology

*Beside One's Self* Catherine Robinson, 2011-05-24 What is it to feel homeless How does it feel to be without the orienting geography of home Going beyond homelessness as a housing issue this book uniquely explores the embodied emotional experiences of homelessness In doing so Robinson reveals much about existing gaps in service responses in community perceptions and in the ways in which homelessness most often becomes visible as a problem for policy makers She argues that the emotional dimension of displacement must be central to contemporary practices of researching understanding writing and responding to homelessness She situates the issue of homelessness at the nexus of important broader intellectual and methodological developments that take bodily and spatial experience as their starting point Drawing on field research and interviews Robinson details the lives of homeless individuals in Sydney Australia The moving narratives of these individuals bear witness to the key experiences of corporeal fragmentation geographical detachment and social alienation At the book's core lies a call to legitimize scholarly work that focuses on emotions particularly trauma facilitating researchers and policy makers to explore new avenues for evaluating service delivery *Beside One's Self* bridges the divide between research that has policy implications and research that makes theoretical contributions

**A Journey Into The Abyss: My Battle With Borderline Personality Disorder** Pasquale De Marco, 2025-04-22 Step into the depths of the human psyche and explore the enigmatic world of Borderline Personality Disorder BPD in this comprehensive guide Written with empathy and expertise this book delves into the complexities of BPD offering a lifeline of understanding and support to those affected by this challenging condition Through personal narratives and expert insights this book unravels the intricate tapestry of BPD's symptoms its impact on relationships and the arduous journey towards

recovery It sheds light on the emotional turmoil the intense mood swings and the relentless self destructive behaviors that often accompany BPD But amidst the darkness there is hope This book illuminates the path towards healing and empowerment providing practical strategies for managing symptoms building resilience and fostering healthy relationships It explores the transformative power of therapy medication and self care empowering individuals with BPD to take control of their lives Whether you are a sufferer of BPD seeking solace and guidance a loved one searching for deeper understanding or a mental health professional seeking to expand your knowledge this book is an invaluable resource It dispels the myths and misconceptions surrounding BPD fostering a climate of compassion and acceptance Join the movement to break the stigma and create a world where individuals with BPD can thrive This book is a beacon of hope a testament to the strength of the human spirit and an indispensable tool for anyone touched by the complexities of Borderline Personality Disorder If you like this book write a review on google books

The Shattering of the Self Cynthia Marshall, 2003-05-22 In *The Shattering of the Self* Violence Subjectivity and Early Modern Texts Cynthia Marshall reconceptualizes the place and function of violence in Renaissance literature During the Renaissance an emerging concept of the autonomous self within art politics religion commerce and other areas existed in tandem with an established popular sense of the self as fluid unstable and volatile Marshall examines an early modern fascination with erotically charged violence to show how texts of various kinds allowed temporary release from an individualism that was constraining Scenes such as Gloucester's blinding and Cordelia's death in *King Lear* or the dismemberment and sexual violence depicted in *Titus Andronicus* allowed audience members not only a release but a shattering as opposed to an affirmation of the self Marshall draws upon close readings of Shakespearean plays Petrarchan sonnets John Foxe's *Acts and Monuments of the Christian Martyrs* and John Ford's *The Broken Heart* to successfully address questions of subjectivity psychoanalytic theory and identity via a cultural response to art Timely in its offering of an account that is both historically and psychoanalytically informed *The Shattering of the Self* argues for a renewed attention to the place of fantasy in this literature and will be of interest to scholars working in Renaissance and early modern studies literary theory gender studies and film theory

**Concepts of the Self** Anthony Elliott, 2020-05-07 This new updated edition provides a lively lucid and compelling introduction to contemporary controversies over the self and self identity in the social sciences and humanities In an accessible and concise format the book ranges from classical intellectual traditions of symbolic interactionism psychoanalysis and Foucauldian theory through feminism and postfeminism to postmodernism and the mobilities paradigm With characteristic verve and clarity Anthony Elliott explores the relationship between power identity and personhood connecting varied theoretical debates directly to matters of contemporary relevance and urgency such as identity politics the sociology of personal relationships and intimacy and the politics of sexuality This edition also includes a new chapter on the digital revolution which situates the self and work life transformations within the context of AI Industry 4.0 advanced robotics and accelerating automation Offering thoughtful entry points to a rich and

complex literature along with robust critical responses to each theory Concepts of the Self will continue to be an invaluable text for students of social and political theory sociology social psychology cultural studies and gender studies *Paranoia Within Reason* George E. Marcus,1999-03-15 This text examines conspiracy theories and tackles paranoia as a style of debate within science psychotherapy and popular entertainment A conspiracy theory emerges as a way to address the inadequacies of rational expertise and organization in the face of the changes that undermine them **The Bifurcation of the Self** Robert W. Rieber,2006-08-03 For more than a hundred years dissociative states sometimes referred to as multiple personality disorder have fascinated the public as well as scientists The precise nature of this disorder is a controversial one dividing clinicians theorists and researchers Challenging the conventional wisdom on all sides Robert Rieber's Bifurcation of the Self traces the clinical and social history of dissociation in a provocative examination of this widely debated phenomenon At the core of this history is a trio of related evolutions hypnosis concepts of identity and dissociation beginning with nineteenth century hysterics and culminating in the modern boom in Dissociative Identity Disorder DID diagnoses and the parallel rise in childhood abuse repressed memory cases Rieber does not argue the non existence of DID rather he asserts that it is a rare disorder exaggerated by dissociation advocates and exploited by the media In doing so he takes on some of the most difficult questions in the field How crucial is memory to a person's identity Can two or more autonomous personalities actually exist in the same body If trauma causes dissociation why aren't there more DID cases Why are DID cases prevalent in some eras but not in others Does dissociative disorder belong in the DSM The book is rigorously illustrated with two centuries worth of famous cases including Christine Beauchamp Ansel Bourne Eve Black Eve White and most notably the woman known as Sybil whose story is covered in depth with newly revealed manuscripts And Rieber reviews the current state of DID related controversy from the professionals who feel that the condition is underreported to those who consider it a form of malingering so that readers may draw their own conclusions Motherhood and Creativity in Contemporary Self-Life Writing Alice Braun,2024-08-21 This book aims to study the representation of motherhood in self life writing by English speaking authors It highlights the particular issues women writers are faced with when they try to combine their vocation as artists with their duties to their children For those women who claim their right to be both mothers and writers several cultural myths need to be taken down chief among which is the representations that we have of what being an artist should be like as well as the role a mother should have towards her children This book looks at self life writing by women from English speaking countries to reveal the common themes and tropes which recur in texts written on the subject of motherhood by looking at them from both a literary and a cultural perspective It also aims to demonstrate that a new generation of women writers is taking up the subject and forging a new literary tradition **Public Reason** Fred M. Frohock,2019-06-07 In this meditation on the different ways in which contemporary society construes the notion of political reason Fred M Frohock offers an alternative to the merit forms of reasoning prominent in liberal democracies He argues that

divisive issues such as abortion and physician assisted suicide resist rational closure reasonable individuals often reach different and contradictory conclusions The temptation is to abandon reason and depict governing as an exercise of pure power What resources do we have Frohock asks to develop a version of public reason which can succeed even in the deep pluralism anticipated in democratic practices Frohock makes a provocative argument the effects of divisive beliefs can be mitigated with a version of public reason defined as mediated speech acts These acts are dialogues on the model of a guided conversation in which collective terms dominate simple merit adjudication This type of public reasoning requires a survey of considerations beyond the merits of the case at hand Frohock s book combines theory and illustrative cases to present an unusually broad survey of public reasoning in which abstract arguments are developed in the context of highly charged contemporary issues

**Psychosocial Pathways Towards Reinventing the South African University** Sabrina Liccardo, 2020-11-02 This book proposes a conceptual empirical framework for exploring forms of continuity and change along psychosocial pathways in South African universities It illustrates how the psychosocial pathways are grounded in the symbolic narratives and knowledges of young scientists engineers and architects all interlocutors in the research from which this book is based Alala Mamoratwa Welile Odirile Kaiya Amirah Takalani Nosakhele Naila Ambani Khanyisile Itumeleng Ethwasa and Kgnaya provide collective standpoints in the multiplicities within and between the lived lives and told stories of young Black South African women in Science Technology Engineering and Mathematics STEM fields In doing so this compelling work advances possibilities for demythologising scientific endeavour as a white male achievement and shifting knowledge communities across gendered racialised class and national divides This book presents an innovative narrative methodology utilising the myth of the Minotaur to examine the state of the university at the heart of the hierarchical labyrinth in post apartheid South Africa Throughout the work the author wrestles with and self reflexively highlights her own positionality as a white middle class South African woman to examine how this affects the production of this research in ways which serve to preserve the colonial knowledge system With the rise of the Rhodes Must Fall and Fees Must Fall student movement in South Africa demanding for the fall of institutionalised racial hierarchies the author uses the cover image of narrative formations in the spirit of exploration to think with and through undulating networked forms that could possibly forge new psychosocial pathways towards decolonising and reinventing South African universities This work offers a unique conceptual and methodological resource for students and scholars of psychosocial and narrative theory as well as those who are concerned about the politics of higher education both in South Africa and in other contexts around the world

**Hollywood on Stage** Kimball King, 2013-07-04 Playwrights have been depicting Hollywood as a cultural desert and an industry of profit driven philistines ever since the early days of the movies This collection of original essays covers the period from the 1920s to the present but concentrates on such contemporary playwrights as David Mamet Sam Shepard David Rabe Arthur Kopit and Adrienne Kennedy A substantial proportion of the volume is devoted to a discussion of the way in which

these authors deconstruct Hollywood myths to reveal painful social and psychological issues in American life providing a deeper and darker picture than the simple satires of movie making in the 1920s and 1930s or Odets's comparison of the commercially debased Hollywood with the higher purer art of the theatre To complete and further complicate the picture the volume concludes with essays on the African American experience gay writers and feminist writing as seen through the lens of Marlane Myer's *ETTA JENKS* It is obvious that the legitimate stage remains a watchdog and constant critic of what is possibly the world's most powerful cultural phenomenon This book will be eagerly read by all students of film theatre and 20th century literature *Pillar of Salt* Janice Haaken,1998 Introduces the controversy over recollections of childhood sexual abuse as the window onto a broader field of ideas concerning memory storytelling and the psychology of women

**Want to Get the Most out of Life?** Glenn Goree,2021-07-28 Do you ever feel as if God doesn't love you and therefore conclude you have no hope But God has always loved us and it is Satan who causes the hopelessness not God How then do we overcome our hopelessness God is the ultimate provider of hope If we turn to him and the Holy Spirit for guidance our God-given purposes will become clear and then we'll be able to follow the quests to accomplish our missions in life If you feel your spiritual life is at a crossroads read the real life stories I've included and meditate on the Scriptures to strengthen your hope and to help you discover your purpose *Crabtracks* ,2021-12-28 The essays in this collection celebrate the signal achievement of Dieter Riemenschneider in helping found and consolidate the study of postcolonial anglophone literatures in Germany and Europe As well as poems a short story drawings of the Indian scene the first and abiding focus of this scholar's work and letters of reminiscence one quite grave there are revealing contributions of a literary historical nature on the establishment of anglophone especially African literatures as an academic discipline within Germany the UK and Northern Europe generally as well as a group of searching reflections on such topics of postcolonial import as globalization and the applicability of models to the literature of the indigene in Canada and Australia The largest section is devoted to individual topics each treatment implicitly keyed to approaches to the teaching of New Literatures texts Writers covered include Anita Desai landscape and memory Salman Rushdie painting in *The Moor's Last Sign* Charlotte Brontë imperial discourse in *Jane Eyre* Derek Walcott *Omeros* and cultural cohabitation and Witi Ihimaera his rewriting of Katherine Mansfield Topics dealt with include music and radio in West Africa the African literary hit parade the New Zealand prose poem Canadian and Australian war fiction the Middle Passage in the American and Caribbean novel Paul Theroux's uneasy relations with V S Naipaul and the colonial discourse of illness and recuperation The volume closes with Dieter Riemenschneider's very first and most recent critical essays the one a classic on Mulk Raj Anand the other a challenging and doubtless controversial thesis on postcolonial minority writing A select bibliography of Riemenschneider's work books edited publications journal articles and book contributions reviews and broadcasts rounds off this substantial collection **How Trauma Resonates: Art, Literature and Theoretical Practice** Mark Callaghan,2019-01-04 This volume was first published by Inter Disciplinary



Press in 2014 What emerged from the 3rd Global Conference on Trauma Theory and Practice was a lively and informed view of the different ways our history personal experiences education and forms of entertainment are shaped by trauma and its resultant interpretations This volume comprises numerous academic papers concerning essential subjects in relation to trauma from literary representations of and responses to war related trauma to the articulating of suffering and other traumatic legacies of colonialism Key scholars including Cathy Caruth and Ann E Kaplan are employed to develop these important research areas as conference participants provide new insights into artistic representations of trauma and their subsequent analysis Significant time is also dedicated to papers concerning post traumatic growth and the role of psycho spiritual transformation in the process outcomes and management of trauma Using clinical examples valuable research concerning the creation of safe learning environments for traumatized children is also discussed along with additional research concerning Sandplay therapy and the theoretical and empirical aspects of time

### **The Untethered Mind**

Pasquale De Marco,2025-08-16 The Untethered Mind is a comprehensive guide to understanding schizophrenia a complex and often misunderstood mental illness Drawing upon the latest scientific research and real life experiences this book offers insights into its causes symptoms and the challenges faced by those living with this condition Beyond diagnosis and symptoms this book emphasizes the importance of holistic care for individuals with schizophrenia It discusses the range of treatment options available including medication psychotherapy and social support and highlights the crucial role of family and community in the recovery process By empowering individuals with knowledge and resources we can create a path towards recovery and well being The Untethered Mind is not merely an academic treatise it is a beacon of hope for those affected by schizophrenia It offers practical strategies for coping with the challenges of the illness promoting self advocacy and empowering individuals to live fulfilling and meaningful lives Through education empathy and a commitment to recovery we can transform the lives of those living with schizophrenia fostering a world where they are valued respected and supported In The Untethered Mind readers will Gain a comprehensive understanding of schizophrenia its causes symptoms and impact on individuals and families Explore the latest scientific research and treatment options including medication psychotherapy and social support Learn about the challenges faced by individuals with schizophrenia and how to provide support and understanding Discover practical strategies for coping with the symptoms of schizophrenia and living a fulfilling life Find resources and support for individuals and families affected by schizophrenia The Untethered Mind is an essential resource for anyone seeking to understand schizophrenia and support those living with it With compassion and clarity this book provides a roadmap for recovery and hope for a brighter future If you like this book write a review

*Alone Together*  
Milton C. Regan,1999 How can we draw on the liberating aspects of individualism in marriage without denying the importance of connection How might we benefit from recognizing the importance of sharing and sacrifice in marriage without reinforcing the traditional view that women should subordinate their interests to those of other family members In

addressing these questions Regan's analysis is informed by communitarian and liberal theory as well as by feminist perspectives on marriage and family life

Shattered Selves: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the fascinating narratives that have charmed audiences this year. The Must-Read : Colleen Hoover "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and suspenseful novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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