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Tom Harpur

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Radha, Diary of a Woman's Search Radha (Swami Sivananda),1990 **Yoga Journal** ,2004-01 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness Prayer: The Hidden Fire Tom Harpur, 1998 For over 25 years journalist author and travel and fashion and beauty commentator Tom Harpur has been thinking speaking and writing about religion and spirituality for the mass media and a popular audience In the process he has travelled the globe written 14 books and thousands of articles on everything from life after death and the place of healing in religion to the controversy over who Jesus is and the rational basis for a firm belief in God In all of this experience Tom Harpur discovered that one of the central issues for every faith is prayer Yet over his time as a parish priest seminary professor and commentator Harpur found a distinct gap in the books available on prayer Simple practical and focused on real life Prayer The Hidden Fire is the kind of book on prayer Tom Harpur wanted and badly needed many years ago when he first consciously took over his own spiritual journey This book examines our deep inner need to pray Harpur encourages readers to go beyond childhood notions of prayer and to develop a personal style of praying and repertoire of prayers that work for them today Along the way Tom Harpur shares experiences from his own spiritual journey and gives readers his most personal work to date **Yoga Journal**, 1981-10 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

Jewels of the Qila Hugh J.M. Johnston, 2011-11-15 In Jewels of the Qila Hugh Johnston draws on memoirs and interviews newspaper articles and photographs to tell the story of three generations of a remarkable Sikh family and the communities they lived in and supported in both Canada and India The Siddoos are Punjabi Kapoor Singh father and grandfather arrived in British Columbia in 1912 and had to overcome racial prejudice and legal discrimination to transform himself from labourer to lumber baron As he campaigned for citizenship and immigration rights for his people he and his wife Besant Kaur fostered in their daughters a vision of service and activism that as adults they fulfilled by establishing a family run hospital in Punjab and by introducing a Westernized version of an Indian spiritual tradition to Canada The Siddoos are the heart of the story but their history tells a larger tale of an immigrant community s triumphs and tribulations and the strong connection that Indo Canadians continue to forge with their homeland

The Divine Light Invocation Swami Sivananda Radha, 2006

Mantras Swami Sivananda Radha,2005 **Yoga Journal**,1983-09 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to

inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty

Hatha Yoqa Swami Sivananda Radha,2006 Experience the power of Hatha Yoqa as a tool for spiritual transformation Providing symbolic and mythological context for each asana the Hidden Language method encourages you to take Hatha beyond the physical Explore twenty two asanas through symbol and metaphor Spiritualize your Hatha practice of Spiritual Emergency Emma Inc. Bragdon, 2012-08-16 A feast of revealing narratives expose the amazing story of how people deal with critical points in personal transformation also known as spiritual emergency With the increase of interest in yoga meditation mental health recovery and recovery from addiction there is renewed interest in care that is not based on medication as much as empathy and compassionate companionship This book helps anyone who doesn't have a language to understand intense inner experiences and confuses them with mental illness If you have felt disoriented by intense spiritual experiences this book will help you understand where you are and where you may be heading It is a map of the journey of spiritual awakening written by a psychologist who knows the territory well Reading it may make the difference between heading off to the hospital to get drugs to stop the symptoms or staying home and knowing you are OK Just because you have had a conversation with your spirit guide or talked to the spirit of someone who has passed away doesn t mean you are having a breakdown It could mean you are having a breakthrough to a higher level of functioning The author is a psychologist and knows the territory Yoga Journal ,1981-10 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty The Path of Yoga Georg Feuerstein, 2011-03-22 The best selling beginner's guide to the history schools practices and philosophy of the ancient Yoga tradition from a renowned Yoga scholar This overview of the essentials of Yoga is meant to both broaden and deepen the understanding of beginning students It covers all the basic elements of this ancient discipline and philosophy of India including Yoga poses diet breath control meditation mantras Kundalini energy and more It also includes newly translated excerpts from the scriptures and pays special attention to branches of Yoga such as Tantra that are of great interest to Western students but are frequently misunderstood In Praise of Retreat Kirsteen MacLeod, 2021-03-30 For readers of Walden Wild Pilgrim at Tinker's Creek A Book of Silence A Gift from the Sea and other celebrations of the inner adventure An utterly engaging dive into our modern ways of retreat where we go why we re drawn and how it s urgent From pilgrim paths to forest cabins and from rented hermitages to arts temples and quiet havens for yoga and meditation In Praise of Retreat explores the pleasures and powers of this ancient practice for modern people Kirsteen MacLeod draws on the history of retreat and personal experiences to reveal the many ways readers can step back from society to reconnect with

their deepest selves and to their loftiest aspirations in life In the 21st century disengaging even briefly is seen by many as self indulgent unproductive and antisocial Yet to retreat is as basic a human need as being social and everyone can benefit whether it's for a weekend a month or a lifetime Retreat is an uncertain adventure with as many peaks and valleys as any mountain expedition except we head inward to recharge and find fresh energy and brave new ideas to bring back into our Yoga Journal, 1981-10 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty **The Spiral Path** Theresa King, 1992-09 This treasure of diverse and visionary writings explores the sacredness of women's everyday lives Twenty two contemporary spiritual teachers including Irina Tweedie Brooke Medicine Eagle Swami Radha Bernadette Roberts and Mary Giles probe aspects of their lives from sexuality work and cooking to relationships prayer and mysticism A vision then emerges of women as extraordinary sacred beings their lives sources of personal and community transformation This book is a guide for those seeking a practical workable spiritual life *New Age* ,1981 American Yoga Carrie Schneider, 2003 The masters profiled here represent radically different styles from the exuberance of Rodney Yee to the quiet contemplativeness of Nischala Joy Devi Whatever the tradition they will help you yoke the power of the body and the mind A Survey of Hinduism Klaus K. Klostermaier, 1994-08-30 This revision reflects recent toward liberation of the soul developments and events in India In particular a new Part has been added entitled The Meeting of East and West in India which contains a new chapter on Mahatma Gandhi There is also a new chapter on the position of women in Hinduism In addition to the added chapters the entire book has been rewritten with many new illustrations and maps This book provides a comprehensive survey of the Hindu tradition dealing with the history of Hinduism the sacred writings of the Hindus the Hindu worldview and the specifics of the major branches of Hinduism Vaisnavism S aivism and S aktism It also focuses on the geographical ties of Hinduism with the land of India the social order created by Hinduism and the various systems of Hindu thought Klostermaier describes the new development of Hinduism in the 19th and 20th centuries including present day political Hinduism and the efforts to turn Hinduism into a modern world religion A unique feature of this book is its treatment of Hinduism in a topical fashion rather than by chronological description of the development of Hinduism or by summary of the literature The complexities of Hindu life and thought are thus made real to the reader Hindus will recognize it as their own tradition Yoga Journal, 1981-10 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty Modern

Transnational Yoga Hannah K. Bartos, 2021-03-22 This is the first book to address the social organisation of modern yoga practice as a primary focus of investigation and to undertake a comparative analysis to explore why certain styles of yoga have successfully transcended geographical boundaries and endured over time whilst others have dwindled and failed Using fresh empirical data of the different ways in which posture practice was disseminated transnationally by Krishnamacharya Sivananda and their leading disciples the book provides an original perspective The author draws upon extensive archival research and numerous fieldwork interviews in India and the UK to consider how the field of yoga we experience today was shaped by historic decisions about how it was transmitted The book examines the specific ways in which a small group of yogis organised their practices and practitioners to popularise their styles of yoga to mainstream audiences outside of India It suggests that one of the most overlooked contributions has been that of Sivananda Saraswati 1887 1963 for whom this study finds his early example acted as a cornerstone for the growth of posture practice Outlining how yoga practice is organised today on the world stage how leading brands fit into the wider field of modern yoga practice and how historical developments led to a mainstream globalised practice this book will be of interest to researchers in the field of Yoga Studies Religious Studies Hindu Studies South Asian History Sociology and Organisational Studies

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