

SECOND CHANCES

MEN, WOMEN & CHILDREN

A DECADE AFTER

DIVORCE

WHO WINS, WHO LOSES — AND WHY

JUDITH S. WALLERSTEIN
& SANDRA BLAKESLEE

Second Chances Men Women And Children A Decade After Divorce

Robert J. Haggerty



Second Chances Men Women And Children A Decade After Divorce:

Second Chances Judith S. Wallerstein, Sandra Blakeslee, 1996 A ten year study of sixty middle class families served as the basis for this book Twenty five years after the original breakup Wallerstein discovers unexpected changes in the children now mostly adults **Second Chances** Judith S. Wallerstein, Sandra Blakeslee, 2004-05 **Second Chances** Sandra Blakeslee, Judith Wallerstein, 2018-05-07 *Second Chances* Judith S. Wallerstein, Sandra Blakeslee, 1990 *Second Chances* based on Judith Wallerstein's groundbreaking study of sixty families has radically transformed the ways in which we think about divorce A national bestseller it is the first book to provide a comprehensive account of the long term emotional economic and psychological effects of divorce on adults and most especially on children For anyone who is contemplating divorce going through a divorce or living in its aftermath the candid and urgent stories gathered here are at once instructive and reassuring With a new introduction that revisits some of the children in *Second Chances* who are now parents themselves this eloquent and deeply moving classic belongs in every family's library **Second Chances** Judith S. Wallerstein, Sandra Blakeslee, 1990 **Before a Bad Goodbye** Tim Clinton, 1999-06-06 Tim Clinton has seen three outcomes through his marriage counseling practice divorce marriage in name only and reconciliation Reconciliation is by far the most difficult option In *Before a Bad Goodbye* he shows couples at the breaking point how to nurture forgiveness develop mutual respect and demonstrate selfless love on a new path to reconciliation *The Postdivorce Family* Ross A. Thompson, Paul R. Amato, 1999-03-31 With about one half of all marriages ending in divorce today it is safe to say that nearly everyone will be or has been affected by divorce in some way For many it does not mean the end to a family Focusing on the consequences of divorce for children *The Postdivorce Family* examines the stressors that divorce can create adjustment problems among children of divorce the issue of resilience for children and individual differences in the psychological adjustment to divorce The authors also examine the parents responsibilities after divorce including custody issues child support orders and nonresidential parenting This book concludes with a section that explores the effects of a high divorce rate in society including how the prevalence of divorce has changed the family form and structural factors that have contributed to various social problems With this volume the authors hope to incite analysis and reflection of the issues surrounding divorce and their implications for public policy This book integrates the empirical research and policy perspectives of several scholars in various disciplines including psychology sociology human development law and social work **Our Lives Before the Law** Judith A. Baer, 1999-08-16 According to Judith Baer feminist legal scholarship today does not effectively address the harsh realities of women's lives Feminists have marginalized themselves she argues by withdrawing from mainstream intellectual discourse In *Our Lives Before the Law* Baer thus presents the framework for a new feminist jurisprudence one that would return feminism to relevance by connecting it in fresh and creative ways with liberalism Baer starts from the traditional feminist premise that the legal system has a male bias and must do more to help women combat violence and overcome

political economic and social disadvantages She argues however that feminist scholarship has over corrected for this bias By emphasizing the ways in which the system fails women feminists have lost sight of how it can be used to promote women s interests and have made it easy for conventional scholars to ignore legitimate feminist concerns In particular feminists have wrongly linked the genuine flaws of conventional legal theory to its basis in liberalism arguing that liberalism focuses too heavily on individual freedom and not enough on individual responsibility In fact Baer contends liberalism rests on a presumption of personal responsibility and can be used as a powerful intellectual foundation for holding men and male institutions more accountable for their actions The traditional feminist approach Baer writes has led to endless debates about such abstract matters as character differences between men and women and has failed to deal sufficiently with concrete problems with the legal system She thus constructs a new feminist interpretation of three central components of conventional theory equality rights and responsibility through analysis of such pressing legal issues as constitutional interpretation reproductive choice and fetal protection Baer concludes by presenting the outline of what she calls feminist post liberalism an approach to jurisprudence that not only values individual freedoms but also recognizes our responsibility for addressing individuals needs however different those may be for men and women Powerfully and passionately written Our Lives Before the Law will have a major impact on the future course of feminist legal scholarship Mothers and Daughters Ann F. Caron, 2011-04-01 In this positive and illuminating book Ann Caron explores the spirit durability and complexity of the mother daughter bond during a time of mutual searching Daughters hitting their stride after college are setting new standards for themselves and questioning their goals and expectations Mothers themselves going through major life changes are also looking for new ways to express themselves Drawing from her many interviews with women from both groups Caron discusses their joys ambitions frustrations and hopes regarding sex marriage spirituality and careers What clearly emerges is that despite their different generational influences their dreams of finding themselves through connections to others and especially to each other are the same **Dancing with Fear** Paul Foxman, Ph.D., 2011-02-15 Panic attacks phobias avoidant behavior worrying compulsive behavior unwanted obsessions and body symptoms such as racing heart breathing difficulties sweating shaking nausea numbness and weakness are some of the many manifestations of anxiety DANCING WITH FEAR is a comprehensive guide to understanding and managing the many forms of anxiety Using a recovery theme the book offers a hopeful self help approach to the most common costly and chronic emotional problem in our country According to experts anxiety develops from the combination of three ingredients genetic traits such as biological sensitivity family influences and stress the why now factor The stress ingredient accounts for the widespread prevalence of anxiety today Basically anxiety is largely a learned reaction to stress overload in people with a sensitive temperament Through new skills and habits anxiety can be replaced with more effective behavior along with greater peace optimism and joy The book is clearly written and technically accurate Diagrams lists and charts illustrate the information and 35 concrete skills and exercises are included

The book includes information on Survival instinct and anxiety List of anxiety disorders with explanations Diagnostic criteria for each anxiety disorder Common fears by age group Anxiety personality traits Comparison of incomplete and complete stress recovery Drugs used to treat anxiety Herbs and natural remedies for anxiety Some examples of exercises and techniques are Meditation instructions The three S approach to stress management Signals Sources Solutions Yoga and bioenergetic breathing exercises Dietary guidelines for managing anxiety Guidelines for friends and family members How to replace worry with positive thinking Three fundamental health practices for managing anxiety Joy pleasure and satisfaction exercise How to spiritually revitalize your life Content is based on the author s personal anxiety background as well as his expertise as a seasoned psychologist Dr Foxman s own recovery from several anxiety disorders is described in an opening chapter See Prior Distribution for a description of what is specifically new in this second edition Essentials of Human Behavior Elizabeth D. Hutchison,2016-08-11 Essentials of Human Behavior combines Elizabeth D Hutchison s two volume Dimensions of Human Behavior to present a multidimensional framework for understanding human behavior Integrating person environment and the life course this best selling text leverages its hallmark case studies and balanced breadth and depth of coverage to help readers apply theory and general social work knowledge to unique practice situations Now in four color and available with an interactive eBook the Second Edition features a streamlined organization the latest research and original SAGE video to provide the most engaging introduction available to human behavior **The SAGE Encyclopedia of Theory in Counseling and Psychotherapy** Edward S. Neukrug,2015-02-12 The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses This is a quick one stop source that gives the reader the who what where how and why of contemporary counseling and psychotherapy theory From historical context in which the theories were developed to the theoretical underpinnings which drive the theories this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter Features Benefits Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context A Master Bibliography and a Resource Guide to key books journals and organizations guide students to further resources beyond the encyclopedia The Reader s Guide a detailed Index and the Cross References combine for effective search and browse in the e version and helps students take the next steps in their research journeys This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory It is ideal for the public and professionals as well as for students in counselor education programs

especially those individuals who are pursuing a Masters level degree **Single in the Church** Kay Collier-Stone,1992-12-31 Explore the concerns needs and fears of single adults and how your church may be ignoring them Discover practical ways churches have opened their ministries worship and congregational life to include singles An eye opening discovery that a church growth model need not rely on family oriented programs and structures **Stress, Risk, and Resilience in Children and Adolescents** Robert J. Haggerty,1996-09-28 Many children s behavioral problems have multiple causes and most children with one problem behavior also have others The co occurrence and interrelatedness of risk factors and problem behavior is certainly an important area of research This volume recognizes the complexity of the developmental processes that influence coping and resilience and the roles sociocultural factors play The contributors focus on four themes that have emerged in the study of risk and coping over the past decade interrelatedness of risk and problems individual variability in resilience and susceptibility to stress processes and mechanisms linking multiple stressors to multiple outcomes and interventions and prevention Psychologists pediatricians and others involved in the research or care of children will take great interest in this text The Angry Child Dr. Timothy Murphy,Loriann Hoff Oberlin,2010-04-28 Every child has an off day when nothing seems to go right but for some angry outbursts frustration and resentment are the norm When a child s anger threatens to jeopardize his school and social life and introduces an element of strain into the family dynamics that affects every member it s time for a parent to ask When is angry too angry Child psychologist Dr Tim Murphy has addressed this very question with hundreds of families helping them to understand both the causes and the repercussions of childhood anger and to devise effective strategies for defusing the time bomb in their midst Whether it s a toddler staging a tantrum a grade schooler unable to make friends or a sulking preteen who greets every adult request with antagonism parents of angry children are baffled by both the depth and the root of their child s unhappiness And when small social problems and household disputes regularly escalate into full fledged battles it s nearly impossible for parents to distance themselves enough from the situation to find a perspective that will remedy it With simple direct techniques Dr Murphy shows it is possible to help an angry child understand what triggers his outbursts and develop new approaches for coping with potentially explosive situations Identifying the ten telling characteristics of an angry child Dr Murphy provides examples from his clinical experience to help adults guide their children to more appropriate responses Dr Murphy also alerts readers to parenting styles that work best for these volatile children explaining how a parent s own behavior can sometimes escalate a child s meltdowns He pinpoints the moments when anger moves from a normal emotional expression to an extreme one indicative of a larger problem In a special chapter devoted to winning daily battles Dr Murphy offers advice on situations in which an angry child s temper is most likely to flare The Angry Child is destined to be a classic With real solutions for the concerns of millions of parents Dr Murphy offers answers and hope for the families and educators of unhappy children of all ages **The Way We Never Were** Stephanie Coontz,2016-03-29 The definitive edition of the classic

myth shattering history of the American family *Leave It to Beaver* was not a documentary a man's home has never been his castle the male breadwinner marriage is the least traditional family in history and rape and sexual assault were far higher in the 1970s than they are today In *The Way We Never Were* acclaimed historian Stephanie Coontz examines two centuries of the American family sweeping away misconceptions about the past that cloud current debates about domestic life The 1950s do not present a workable model of how to conduct our personal lives today Coontz argues and neither does any other era from our cultural past This revised edition includes a new introduction and epilogue exploring how the clash between growing gender equality and rising economic inequality is reshaping family life marriage and male female relationships in our modern era More relevant than ever *The Way We Never Were* is a potent corrective to dangerous nostalgia for an American tradition that never really existed [Traumas and Triumphs](#) Paul Foxman,2022-05-17

What does it take to transcend the impact of trauma and achieve happiness meaning and purpose At an early age Dr Paul Foxman became a victim of childhood sexual abuse poverty multiple life threatening medical crises a hostile divorce and exposure to violence Now an accomplished psychologist Dr Foxman shares key lessons from the process of overcoming traumas to create a life filled with love fulfillment and security He validates the possibility of a fulfilling life that goes well beyond survival to true recovery to regain the ability to trust to love and be loved to feel empowered and safe and to discover one's purpose In *Traumas and Triumphs* Dr Foxman recounts his inspiring personal journey to recovery while supplying insights into resources to aid in managing anxiety and healing from trauma [Great Myths of Child Development](#) Stephen Hupp,Jeremy D. Jewell,2015-02-23 *Great Myths of Child Development* reveals the latest evidence based science behind the myths and misconceptions about the developing child Shatters the most commonly held child development myths Reveals the science behind such topical issues as twin telepathy sex prediction and imaginary friends Covers hot button issues like childhood vaccines spankings time outs and breastfeeding of older children Features numerous pop culture references and examples drawn from popular TV shows and movies such as *Duck Dynasty* *Modern Family* and *Mad Men* Points to a wealth of supplementary resources for interested parents from evidence based treatments and self help books to relevant websites

[Encyclopedia of Human Development](#) Neil J. Salkind,2006 Publisher description [The 5 Love Languages of Children](#) Gary Chapman,Ross Campbell,2016-04-15 More than 1 million sold You know you love your child But how can you make sure your child knows it The 1 New York Times bestselling *The 5 Love Languages* has helped millions of couples learn the secret to building a love that lasts Now discover how to speak your child's love language in a way that he or she understands Dr Gary Chapman and Dr Ross Campbell help you Discover your child's love language Assist your child in successful learning Use the love languages to correct and discipline more effectively Build a foundation of unconditional love for your child Plus Find dozens of tips for practical ways to speak your child's love language Discover your child's primary language then speak it and you will be well on your way to a stronger relationship with your flourishing child For a free online study guide visit

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