
Reinventing Depression

**A History of the Treatment of
Depression
in Primary Care
1940—2004**



**CHRISTOPHER M. CALLAHAN
GERMAN E. BERRIOS**

Reinventing Depression The History Of The Treatment Of Depression In Primary Care 1940 2004

Kimberly Emmons



Reinventing Depression The History Of The Treatment Of Depression In Primary Care 1940 2004:

Reinventing Depression Christopher M. Callahan M.D., German E. Berrios M.D., 2004-10-28 To inform future research treatment and policy decisions this book traces the scientific and social developments that shaped the current treatment model for depression in primary care over the past half century While new strategies for diagnosing and treating depression have improved millions of people s lives there is little evidence that the overall societal burden of depression has decreased Most experts point to a gap between what psychiatrists know and what primary care doctors do to explain untreated depression Callahan and Berrios argue however that the problem stems mainly from lack of a public health perspective that prevailing etiologic models underestimate the roles of society and culture in causing depression and over emphasize biological factors The current conceptual model for depression is a scientific and social invention of the last quarter century Such models are important because they shape how society views people with emotional symptoms defines who is sick and determines who should get care Most patients who seek treatment for depression receive antidepressant medications in primary care The authors show that although depressed patients help seeking behavior and primary care doctors clinical approach have changed little over the past half century the field of primary care medicine has changed dramatically They describe how the specific diagnoses and treatments developed by psychiatrists in the past 50 years have often collided with the non specific approaches that dominate primary care practice In examining the research seeking to close the gap between psychiatry and primary care Callahan and Berrios offer public health models to explain the ongoing societal burden of depression By exploring the history of depression in primary care they open a pathway for improvements in the care of people with depression where primary care physicians should play a greater leadership role in the future *Reinventing Depression* Christopher M. Callahan, German E. Berrios, 2005 By tracing the history of depression in primary care over the past half century in the US and UK this book opens a pathway for future improvements in the treatment of depressed patients The authors argue for a public health perspective that will place more emphasis on the roles of society and culture in causing depression and will help close the gap between primary care practice and psychiatric knowledge **Stress in Post-War Britain, 1945-85** Mark Jackson, 2016-12-05 In the years following World War II the health and well being of the nation was of primary concern to the British government The essays in this collection examine the relationship between health and stress in post war Britain through a series of carefully connected case studies Companion to Primary Care Mental Health Gabriel Ivbijaro, 2022-03-01 Companion to Primary Care Mental Health is the result of a major collaboration of an international group of general practitioners psychiatrists policy makers mental health professionals and mental health advocates This extraordinary guide provides the best available evidence for the management of patients with mental health conditions in primary care It draws on the wisdom of a range of experts from primary and secondary care who have translated information from the literature and their own clinical experience to apply it across the globe to everyday family

practice With the emphasis on practical application it presents family doctors and their teams with the evidence based knowledge necessary to support the development of fully integrated systems to promote good mental health using tables and figures to illustrate complex matters This includes the need to harness the wider determinants of health and mental health and to tackle stigma through advocacy spirituality and ethical practice The role of public health and the management of the many interfaces associated with providing good mental health are also covered It includes tools for assessment including classification and risk assessment and the general principles required to enable a biopsychosocial approach to care The book also considers the individual mental health conditions that family doctors and their teams are likely to encounter As comorbidity and the management of complexity are very common in primary care mental health these are also explored in the final chapters of the book

McWhinney's Textbook of Family Medicine, 2016-02-05 Highly acclaimed in its first three editions McWhinney's Textbook of Family Medicine is one of the seminal texts in the field While many family medicine texts simply cover the disorders a practitioner might see in clinical practice McWhinney's defines the principles and practices of family medicine as a separate and distinct field of practice The fourth edition presents six new clinical chapters of common problems in family medicine respiratory illness musculoskeletal pain depression diabetes obesity and multimorbidity This new edition also provides information on stewardship of resources patient information and data delivery of care in the home and consultation and referral The volume also covers continuing advances in the research base of family medicine Readers will come away with a deeper appreciation for the role of the generalist in healthcare

The Transformation of the Psyche in British Primary Care, 1870-1970 Rhodri Hayward, 2014-02-25 Conflicting models of selfhood have become central to debates over modern medicine Yet we still lack a clear historical account of how this psychological sensibility came to be established The Transformation of the Psyche in British Primary Care 1880 1970 will remedy this situation by demonstrating that there is nothing inevitable about the current connection between health identity and personal history It traces the changing conception of the psyche in Britain over the last two centuries and it demonstrates how these changes were rooted in transformed patterns of medical care The shifts from private medicine through to National Insurance and the National Health Service fostered different kinds of relationship between doctor and patient and different understandings of psychological distress The Transformation of the Psyche in British Primary Care 1880 1970 examines these transformations and in so doing provides new critical insights into our modern sense of identity and changing notions of health that will be of great value to anyone interested in the modern history of British medicine

Black Dogs and Blue Words Kimberly Emmons, 2010 Analyzes the rhetoric surrounding depression Maintains that the techniques and language of depression marketing strategies vague words such as worry irritability and loss of interest target women and young girls and encourage self diagnosis and self medication Further depression narratives and other texts encode a series of gendered messages about health and illness As depression and other forms of mental illness move from the medical professional sphere into that of the

consumer public the boundary at which distress becomes disease grows ever more encompassing the need for remediation and treatment increasingly warranted From publisher description **Geriatric Neurology** ,2019-11-19 Geriatric Neurology Volume 167 serves as an update on the basic biological and behavioral mechanisms underlying the aging process with an emphasis on neurological aging and state of the art reviews on our understanding of vascular cognitive neurodegenerative and neuropsychiatric diseases in the elderly Developed with an eye to providing both the basic underpinnings of age related changes and the clinical information necessary to aid in diagnostics and treatment the book serves as a useful volume for students basic and translational scientists and practicing clinicians on how to understand and treat common neurological disorders in the elderly Reviews the foundations of geriatric neurology including the fundamentals of age associated changes in molecular biology altered pharmacokinetics and psychopharmacology that make drug therapy in the elderly different from younger patients Contains major advances in our understanding of neurodegenerative diseases Features contributions from world leaders in geriatric neurology the broadest most expert coverage available *A History of Self-Harm in Britain* Chris Millard,2015-07-31 This book is open access under a CC BY license and charts the rise and fall of various self harming behaviours in twentieth century Britain It puts self cutting and overdosing into historical perspective linking them to the huge changes that occur in mental and physical healthcare social work and wider politics **The Loss of Sadness** Allan V. Horwitz,Jerome C. Wakefield,2007-06-18 Publisher Description *The Empire of Depression* Jonathan Sadowsky,2020-10-22 Depression has colonized the world Today more than 300 million of us have been diagnosed as depressed But 150 years ago depression referred to a mood not a sickness Does that mean people weren t sick before only sad Of course not Mental illness is a complex thing part biological part social its definition dependent on time and place But in the mid twentieth century even as European empires were crumbling new Western clinical models and treatments for mental health spread across the world In so doing depression began to displace older ideas like melancholia the Japanese utsush or the Punjabi sinking heart syndrome Award winning historian Jonathan Sadowsky tells this global story chronicling the path breaking work of psychiatrists and pharmacists and the intimate sufferings of patients Revealing the continuity of human distress across time and place he shows us how different cultures have experienced intense mental anguish and how they have tried to alleviate it He reaches an unflinching conclusion the devastating effects of depression are real A number of treatments do reduce suffering but a permanent cure remains elusive Throughout the history of depression there have been overzealous promoters of particular approaches but history shows us that there is no single way to get better that works for everyone Like successful psychotherapy history can liberate us from the negative patterns of the past **Silencing the Self Across Cultures** Dana C. Jack,Alisha Ali,2010-04-28 Winner of the 2011 Ursula Gielen Global Psychology Book Award This award is presented by APA Division 52 to the authors or editors of a book that makes the greatest contribution to psychology as an international discipline and profession This international volume offers new perspectives on social and psychological aspects

of depression The twenty one contributors hailing from thirteen countries represent contexts with very different histories political and economic structures and gender role disparities Authors rely on Silencing the Self theory which details the negative psychological effects that result when individuals silence themselves in close relationships and the importance of social context in precipitating depression Specific patterns of thought on how to achieve closeness in relationships self silencing schema are known to predict depression This book breaks new ground by demonstrating that the link between depressive symptoms and self silencing occurs across a range of cultures Silencing the Self Across Cultures explains why women s depression is more widespread than men s and why the treatment of depression lies in understanding that a person s individual psychology is inextricably related to the social world and close relationships Several chapters describe the transformative possibilities of community driven movements for disadvantaged women that support healing through a recovery of voice as well as the need to counter violations of human rights as a means of reducing women s risk of depression Bringing the work of these researchers together in one collection furthers international dialogue about critical social factors that affect the rising rates of depression around the globe

Etiopathogenic Theories and Models in Depression Juan Pablo Jiménez,Alberto Botto,Peter Fonagy,2022-02-03 This book reviews the different theories and models that seek to explain the causes of depression from different perspectives from the molecular to the socio cultural level Depression is a complex psychopathological construct of high phenotypic heterogeneity which must be understood as a phenomenon in which different explanatory levels interact with each other However very little is known about this interaction The aim of this book is to provide clinical psychologists and psychiatrists a better knowledge of the interaction of different etiopathogenic levels in order to help these professionals make better therapeutic decisions when treating depressed patients Chapters in this volume review etiopathogenic theories and models of depression developed by different disciplines and fields of research such as clinical psychology psychiatry genetics neurobiology psychophysiology psychoneuroendocrinology and psychosocial studies and examine certain conditions where the integrated consideration of different explanatory levels illuminates how depression originates and is maintained In each chapter authors critically review the state of the art in their field of expertise and explain the weak points of their own theories and their possible openness or connection to alternative theories or models Etiopathogenic Theories and Models in Depression will be a valuable resource for clinical psychologists psychiatrists and other health professionals working with depressed patients as well as to researchers investigating how depression originates and is maintained presenting an integrated perspective of high translational value for clinical practice

From Melancholia to Prozac Clark Lawlor,2012-02-23 Depression is an experience known to millions But arguments rage on aspects of its definition and its impact on societies present and past do drugs work or are they merely placebos Is the depression we have today merely a construct of the pharmaceutical industry Is depression under or over diagnosed Should we be paying for expensive talking cure treatments like psychoanalysis or Cognitive Behavioural Therapy Here Clark Lawlor

argues that understanding the history of depression is important to understanding its present conflicted status and definition. While it is true that our modern understanding of the word depression was formed in the late nineteenth and early twentieth centuries, the condition was originally known as melancholia and characterised by core symptoms of chronic causeless sadness and fear. Beginning in the Classical period and moving on to the present, Lawlor shows both continuities and discontinuities in the understanding of what we now call depression and in the way it has been represented in literature and art. Different cultures defined and constructed melancholy and depression in ways sometimes so different as to be almost unrecognisable. Even the present is still a dynamic history in the sense that the new form of depression defined in the 1980s and treated by drugs like Prozac is under attack by many theories that reject the biomedical model and demand a more humanistic idea of depression, one that perhaps returns us to a form of melancholy.

Beyond Depression Christopher Dowrick, 2009-07-09. The book provides a new framework for understanding encounters in primary care and mental health and for moving beyond depression as a medical concept and a personal problem.

A History of Male Psychological Disorders in Britain, 1945-1980 Alison Haggett, 2015-09-18. This book is open access under a CC BY license and explores the under-researched history of male mental illness from the mid twentieth century. It argues that statistics suggesting women have been more vulnerable to depression and anxiety are misleading since they underplay a host of alternative presentations of distress more common in men.

Strengthening the DSM, Second Edition Anne Petrovich, Betty Garcia, 2015-07-16. In this revised edition of *Strengthening the DSM*, the authors use a comprehensive yet easy-to-grasp formulation of diversity and resilience to establish the most accurate diagnostic criteria for each psychiatric condition. Their readers will be edified by the clarity with which they describe the major changes that were introduced with the publication of the DSM-5. This is a very helpful adjunct text for mental health practitioners of all disciplines.

Hani Raoul Khouzam MD MPH, Health Sciences Clinical Professor of Psychiatry UCSF Fresno. Praise for the First Edition: Garcia and Petrovich provide a balanced overview of the strengths and weaknesses of the DSM, a comprehensive review of the nature, etiology, and treatment of major mental disorders, and most importantly, a perspective based on solid scholarship that makes clear how much we are missing by only looking at signs and symptoms in the diagnostic process. Their arguments leave no doubt that paying attention to cultural and resiliency factors can open up critical new pathways for understanding and help.

Sharon Berlin PhD, Helen Ross Professor Emerita, School of Social Service Administration, University of Chicago. Mental health practitioners have long recognized the failure of the DSM to address important sources of strength and resiliency that can significantly affect diagnosis and treatment, a deficit that has become more pronounced with the DSM-5's elimination of the multi-axial format. The second edition of *Strengthening the DSM* presents a new conceptual framework, the Diversity Resiliency Formulation, that encompasses the whole person in order to promote effective diagnosis and treatment. It considers patient strengths, sources of resilience, support, and cultural identity that are essential to the accurate understanding of an individual and

demonstrates how mental health practitioners can draw upon these resources during treatment The second edition also addresses significant changes resulting from implementation of the Affordable Care Act ACA and features a completely new chapter on trauma and stressor related disorders Key Features Reflects major changes in the DSM 5 and the implementation of the ACA Presents contrasting clinical vignettes illustrating diagnosis with and without the Diversity Resiliency Formation Features a new chapter on trauma and stressor related disorders Includes discussion questions and activities for clinicians and students

Feeling the strain Jill Kirby, 2019-07-31 Examining the popular discourse of nerves and stress this book provides a historical account of how ordinary Britons understood explained and coped with the pressures and strains of daily life during the twentieth century It traces the popular vernacular discourse of stress illuminating not just how stress was known but the ways in which that knowledge was produced Taking a cultural approach the book focuses on contemporary popular understandings revealing continuity of ideas about work mental health status gender and individual weakness as well as the changing socio economic contexts that enabled stress to become a ubiquitous condition of everyday life by the end of the century With accounts from sufferers families and colleagues it also offers insight into self help literature the meanings of work and changing dynamics of domestic life delivering a complementary perspective to medical histories of stress

Desperate Housewives, Neuroses and the Domestic Environment, 1945-1970 Ali Haggett, 2015-10-06 Although the figure of the desperate housewife is familiar to us Haggett suggests that many women in the 1950s and 60s led satisfying lives and that gender roles while very different were often seen as equal

From Melancholia to Depression Åsa Jansson, 2020-09-21 This open access book maps a crucial but neglected chapter in the history of psychiatry how was melancholia transformed in the nineteenth century from traditional melancholy madness into a modern biomedical mood disorder paving the way for the emergence of clinical depression as a psychiatric illness in the twentieth century At a time when the prevalence of mood disorders and antidepressant consumption are at an all time high the need for a comprehensive historical understanding of how modern depressive illness came into being has never been more urgent This book addresses a significant gap in existing scholarly literature on melancholia depression and mood disorders by offering a contextualised and critical perspective on the history of melancholia in the first decades of psychiatry from the 1830s until the turn of the twentieth century

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