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Secrets Of Health And Beauty

American Medical Association



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Celebrity Body Parts Model Turned Media Beauty Expert Louisa Graves shares scientifically proven advice that addresses a variety of self help head to toe beauty and age proofing solutions Louisa walks the talk Many of the DIY beauty recipes remedies and budget friendly products she shares are those that have helped her remain tops in her field in youth oriented Hollywood as both a celebrity body parts model and beauty expert on TV Doctors on TV and radio regularly invite Louisa to share her non invasive approach to halting the aging process addressing topics ranging from hair loss and skin conditions to brittle nails dark circles acne enlarged pores cracked heels hormones cellulite weight loss and much more In fact the doctor approved slimming tonic she reveals in this book helped one woman lose over 150 lbs while dropping her medications from 17 down to ONE Her clients and customers are worldwide They include Doctors actresses models TV anchors producers moms baby boomers seniors and teens As a Beauty Expert Louisa has appeared on myriad television shows including The Talk The Doctors Extra The Style Network and Discovery Channel to name a few She has done over 500 radio shows including Sirius XM's Doctor Radio KIIS FM WGN Chicago Hot 97 New York K Earth Los Angeles and many more Her tips have been featured on the cover of Woman's World Magazine in FIRST Magazine at AOLHealth.com AOLJobs.com MSNBC.com and WomansDay.com to name a few Louisa's proven solutions will have you achieving faster results than many conventional methods There is something for everyone in this concise beauty book whether you're 20 45 or 80 woman or man Louisa stays ahead of the curve so she's on the pulse of what women want proven solutions that work AND don't cost a fortune We all strive to be our best and Louisa provides concise doable information to help us address our concerns Her solutions are very timely given this current economic time

For Health and Beauty Mary Lynn Stewart, 2001 She then examines compulsory education in hygiene and gymnastics the flourishing genre of women's medical and sexual self help literature and the commercialization of health beauty and fitness products all contributing to new scientific and commercial representations of the female body

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