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## Conceptual, Research and Clinical Perspectives

Dennis C. Daley, MSW  
Editor

# Relapse Conceptual Research And Clinical Perspectives

**Dennis C. Daley**



## **Relapse Conceptual Research And Clinical Perspectives:**

*Relapse* Dennis C. Daley, 1988 This highly valuable book provides information on the problem of relapse in alcoholism and drug addiction Experts address conceptual issues summarize research on relapse and explore a variety of theoretical and clinical models of relapse prevention Several chapters describe practical applications of relapse prevention approaches used in both inpatient and outpatient clinical settings Rather than adhere to one particular approach this volume presents diverse viewpoints on clinical applications of relapse prevention Intended for all professionals in medicine psychiatry social work psychology and nursing who work with individuals who have alcohol or other drug problems Of particular interest to clinicians who treat alcoholics and drug abusers as well as administrators or supervisors who wish to develop and implement new types of relapse prevention programs Unique in that it addressed conceptual research and clinical perspectives Contributors many who have published extensively on the subject include a range of individuals from those involved in academic research to those who work on the front lines in treatment facilities

**SOFT BACKCOVER COPY** *Relapse Conceptual Research and Clinical Perspectives* provides new and valuable information on the problem of relapse with alcoholics and drug addicts Some of the most respected authorities in the field describe practical applications of relapse prevention approaches used in both inpatient and outpatient clinical settings They also discuss important conceptual issues review the research on relapse and explore theoretical and clinical models of relapse prevention In recent years increasing attention has been paid to the problem of relapse in chemically dependent individuals With advanced research into the causes of relapse and the effectiveness of relapse prevention treatment models and new approaches to relapse prevention more patients and their families are receiving specialized relapse prevention education and treatment focusing on long term maintenance Subsequently all professionals in medicine psychiatry social work psychology and nursing who work with individuals who have alcohol or other drug problems will find it essential to read this up to the minute volume Clinicians who treat alcoholics and drug abusers and administrators or supervisors who wish to develop and implement new types of relapse prevention programs will applaud the comprehensive insights and applications featured in *Relapse Conceptual Research and Clinical Perspectives* Here s what you will find A summary of the existing research and literature on relapse and relapse prevention providing a broad overview of the current state of knowledge A description of four clinical treatment approaches commonly used in the chemical dependency field the cognitive behavioral approach based on the self efficacy theory the Psychoeducational Model of Relapse Prevention the Marlatt and Gordon self management approach and the CENAPS model An examination of the content and structure of relapse prevention programs and the application of various approaches in several clinical contexts including a six month outpatient program an intensive nonresidential rehabilitation program a 28 day residential program a therapeutic community and a program used with adult chronic marijuana users

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Dennis C. Daley, 1988 This highly valuable book provides information on the problem of relapse in alcoholism and drug

addiction Experts address conceptual issues summarize research on relapse and explore a variety of theoretical and clinical models of relapse prevention Several chapters describe practical applications of relapse prevention approaches used in both inpatient and outpatient clinical settings Rather than adhere to one particular approach this volume presents diverse viewpoints on clinical applications of relapse prevention Intended for all professionals in medicine psychiatry social work psychology and nursing who work with individuals who have alcohol or other drug problems Of particular interest to clinicians who treat alcoholics and drug abusers as well as administrators or supervisors who wish to develop and implement new types of relapse prevention programs Unique in that it addressed conceptual research and clinical perspectives Contributors many who have published extensively on the subject include a range of individuals from those involved in academic research to those who work on the front lines in treatment facilities

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**Therapist's Guide to Evidence-Based Relapse Prevention** Katie A. Witkiewitz, G. Alan Marlatt, 2011-04-28 Describes the evidence based approaches to preventing relapse of major mental and substance related disorders Therapist s Guide to Evidence based Relapse Prevention combines the theoretical rationale empirical data and the practical how to for intervention

programs The first section will serve to describe the cognitive behavioral model of relapse and provide a general introduction to relapse prevention techniques While Section II will focus on specific problem areas Section III will focus on diverse populations and treatment settings Incorporates theoretical and empirical support Provides step by step strategies for implementing relapse prevention techniques Includes case studies that describe application of relapse prevention techniques

**Approaches to Drug Abuse Counseling, July 2000 ,2000      Recent Developments in Alcoholism Marc**

Galanter,2013-11-22 Each topic is covered in sufficient depth currency and clarity to be of value to the neophyte and the seasoned researcher clinician American Journal of Psychiatry from a review of a previous volume The current volume addresses a range of issues across this diverse field including the effects on society physiology and biochemistry clinical pathology and trends in treatment      Approaches to Drug Abuse Counseling ,2000      Clinical Work with

Substance-Abusing Clients, Second Edition Shulamith Lala Ashenberg Straussner,2004-08-31 This widely adopted text offers practical guidance for working with substance abusers and their families in a variety of clinical contexts Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with specific substances and meeting the needs of different populations Throughout helpful case vignettes illustrate how to translate the ideas presented into practice and overcome common stumbling blocks Practitioners and students will find all the information needed to stay current in the field in this authoritative comprehensive and highly accessible work      *The ASAM Principles of Addiction Medicine* Richard K. Ries,David A. Fiellin,Shannon C. Miller,Richard Saitz,2014-05-14 In the midst of an addiction epidemic this newly updated edition of The American Society of Addiction Medicine Principles of Addiction Medicine 5th edition is the sought after text every addiction researcher and care provider needs This comprehensive reference text dedicates itself to both the science and treatment of addiction You ll receive a thorough grounding in both the scientific principles behind the causes of addiction and the practical aspects of clinical care Chapters are written by recognized experts covering areas such as the basic science of addiction medicine diagnosis assessment and early intervention pharmacologic and behavioral interventions mutual help and twelve step and co occurring addiction medical and psychiatric disorders backed by the latest research data and successful treatment methods Features Numerous figures tables and diagrams elucidate the text Chapters include case examples List of data research reports provided at end of each chapter NEW material on Prescription Drug Abuse Club Drugs Nursing Roles in Addressing Addiction Conceptual and Treatment Issues in Behavioral Addictions Rehabilitation Approaches to Pain Management Comorbid Pain and Addiction Pharmacotherapy for Adolescents with Substance Use Disorders Preventing and Treating Substance Use Disorders in Military Personnel and more      **The ASAM Principles of Addiction Medicine** Shannon Miller,2018-11-26 Publisher s

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best practices the comprehensive sixth edition of the American Society of Addiction Medicine's ASAM official flagship textbook reviews the science and art behind addiction medicine and provides health care providers with the necessary information to not only properly diagnose and treat their patients but to also serve as change agents to positively impact clinical service design and delivery as well as global health care policy

*Psychological Trauma and Addiction Treatment* Bruce Carruth, 2013-10-23 Important reading for current and future addictions treatment clinicians this book synthesizes and integrates the expanding body of knowledge about combined trauma addiction treatment to specifically address the needs of clinicians in addiction treatment environments Here in a single source is an essential overview of trauma treatment for people in addiction treatment settings Psychological Trauma and Addiction Treatment presents specific methodologies and techniques for clients in inpatient and outpatient addiction mental health settings The contributors leading clinicians and researchers in the field provide a comprehensive set of scientific treatment approaches addressing a broad spectrum of trauma disorders Psychological Trauma and Addiction Treatment brings you up to date authoritative coverage of the dynamics of co occurring psychological trauma and addiction all of the primary treatment frameworks currently utilized in trauma treatment treatment frameworks that take gender into account cognitive therapies in treating these co occurring disorders the role of psychodynamic psychotherapies in treatment attachment disorders and their relation to trauma and addiction treatment EMDR as a treatment for traumatized addicts the psychoneurology of trauma and the implications of psychoneurology in addictions and trauma treatment how self help groups can contribute to and limit recovery for psychologically traumatized clients forgiveness therapy as an adjunct to trauma treatment counselor self care for those who work with this client population Ultimately this is a book of hope Every author in this text has a firm belief that people with co occurring trauma and addiction can recover can maintain quality relationships can confront life's challenges as they arise and can be happy and fulfilled Psychological Trauma and Addiction Treatment is designed as essential reading for entry level and experienced addiction counselors social workers professional counselors psychologists and others working in the trauma treatment field

**Treatment Strategies for Substance Abuse and Process Addictions** Robert L. Smith, 2015-03-05 This distinctive and timely text examines the most prevalent substance and process addictions and focuses on current research and evidence based treatment strategies Major substance addictions discussed include alcohol tobacco marijuana methamphetamines and prescription drugs Complete chapters are also devoted to the most frequently cited process addictions making this text unique Behavioral addictions covered in this text include pathological gambling sex disorders disordered eating work exercise shopping and Internet gaming Each chapter contains a listing of student learning outcomes a case study with reflective questions techniques for assessment and diagnosis inpatient and outpatient treatment approaches and resources for further study With its emphasis on treatment strategies this text can be used by practitioners as well as by professors in the classroom in introductory courses in addictions or in subsequent courses that focus on

treatment strategies Requests for digital versions from the ACA can be found on wiley com To request print copies please visit the ACA website here Reproduction requests for material from books published by ACA should be directed to publications counseling org

**Self-Efficacy, Adaptation, and Adjustment** James E. Maddux, 2013-03-09 Covering over fifteen years of research this compilation offers the first comprehensive review of the relationships between self efficacy adaptation and adjustment Following a general overview of self efficacy renowned researchers discuss important topics such as depression anxiety addictive disorders vocational and career choice preventive behavior rehabilitation stress academic achievement and instruction and collective efficacy Psychologists concerned with social cognition and practitioners in clinical counseling will find this an invaluable reference

**Learning the Language of Addiction Counseling** Geri Miller, 2011-01-04 Comprehensive and current Learning the Language of Addiction Counseling Third Edition introduces students to the field of addiction counseling and helps them develop the knowledge understanding and skills needed to counsel people who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides a balanced overview of the major theoretical underpinnings and clinical practices in the field covering all of the essentials from assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional Fully revised and expanded the Third Edition offers a positive practice oriented counseling framework and features Revised chapters reflecting important changes in the field New chapters on Spirituality and Addiction Counseling and Pain and Substance Abuse New case studies interactive exercises and suggested reading and resources at the end of each chapter Personal Reflections sections in each chapter illustrating the author's evolving views of addiction counseling New online Instructor's Manual containing PowerPoint slides test bank questions and syllabi

*National Library of Medicine Current Catalog* National Library of Medicine (U.S.), 1991

**Gay Men and Childhood Sexual Trauma** James Cassese, 2016-01-20 Learn powerful techniques for healing the scars of early sexual abuse in gay men The first book of its kind Gay Men and Childhood Sexual Trauma Integrating the Shattered Self addresses the specific therapeutic needs of gay men in recovery All too often gay men hide their childhood memories of being sexually victimized because of fear shame and the stigma of stereotypes which equate homosexuality with child abuse Some gay men may view these histories as rites of passage and dismiss other perspectives as betrayals of their community or inadvertent support for the anti gay agenda of the religious right Certain therapists and so called support groups ridicule them as hysterics with false memories Groups like the North American Man Boy Love Association or the Rene Guyon Society dismiss the source of their anguish as wishful thinking or a healthy consensual intergenerational romance Finally here is a book that addresses the unique emotional and psychological needs of gay male survivors of sexual abuse Gay Men and Childhood Sexual Trauma offers new hope by separating the crime of pedophilia from the consensual intimacy of an adult male same sex relationship It provides specific guidance for therapists working with gay men either in individual or group therapy settings and offers

practical treatment suggestions as well as moving insights into the painful conflicts gay men may have in accepting their own sexuality and revealing their status as child survivor of an adult sexual predator *Gay Men and Childhood Sexual Trauma* discusses practical ways to help the survivor heal including adopting eye movement desensitization and reprocessing techniques to treat traumatized gay men helping gay men to break the old arousal patterns associated with their abusers handling survivors formidable issues of trust addictions depression and low self esteem leading survivor groups of mixed sexual orientation discerning the special meaning of HIV to traumatized gay men respecting cross cultural differences in treating the gay male sexual trauma survivor finding new directions for research This powerful volume offers sufficient technical detail to be useful for the therapist working with gay men yet it is written with enough clarity and compassion to be used as bibliotherapy for men just coming out as gay as survivor or as both *Gay Men and Childhood Sexual Trauma* is an essential resource for mental health professionals as well as for gay men who have themselves survived sexual abuse or who love someone who did

**Trust the Process** Linda Free-Gardiner, 2001-05-29 *Trust the Process* book and workbook is for people frustrated by lack of tools for Recovery Enhancement programs They report new feelings of hope and the loss of guilt after reading the book and completing the exercises The book is illustrated to help people understand the concepts easier Every person who has addiction issues and or unresolved life trauma can benefit from this revolutionary new approach to relapse prevention Until recently the treatment standard has been to wait for an actual wet relapse then put the person into primary treatment again and again Ask yourself if primary treatment has not prevented relapse one two three or more times why do it again Instead look at an approach proven to be effective People using the Recovery Enhancement Program show an 83% abstinence rate after two years The national average is 16% statistics taken from study Clearly explained concrete exercises keep it simple so you don't waste valuable time figuring out how to do the work The program complements your 12 Step work Think of the 12 Steps as the foundation of recovery and the Recovery Enhancement Program as the mansion built on that foundation

**Addiction and Pregnancy** Laura M. Sanders, Barry R. Sherman, Chau Trinh, 1998-08-27 Pioneering evidence is presented in this book to support the effectiveness of peer counseling for substance abuse treatment of pregnant women and their families The introduction by Barry R. Sherman describes his personal experience as a behavioral scientist doing work in a culture other than his own A comprehensive overview of the crack epidemic and its impact on women is followed by an up to date account of acupuncture in addiction treatment The authors use the theory and principles of social learning to justify the peer counselor model known as SISTERS Chapters include discussions of conducting culturally competent research development and validation of the Abstinence Self Efficacy Scale ASES and the Traumatic Life Events TLE Inventory as well as the social support systems of drug dependent women Both quantitative and qualitative methods are used to evaluate program impact A urine toxicology index of sobriety as well as empirical measures of psychosocial functioning and client satisfaction demonstrate sufficient success and cost effectiveness of the program to warrant serious



support by health care providers and insurance companies      Changing Addictive Behavior Jalie A. Tucker, Dennis M. Donovan, G. Alan Marlatt, 2001-02-15 This volume proposes that prevailing clinical approaches to treating addictive behaviors are actually best suited to a minority of the population with problems in the case of substance abusers those with substantial functional impairment and physical dependence But what about persons with mild to moderate addictive behavior problems for whom intensive treatment may prove unnecessarily costly disruptive and stigmatizing Or those substance abusers who are unable or unmotivated to abstain but want to reduce the harm associated with drug use Contributors draw upon cutting edge theory and research to examine ways that traditional therapeutic treatments can be supplemented by public health interventions that extend the reach and effectiveness of care Timely and pragmatic the book points the way toward necessary evolutions in the roles of behavior change specialists in today's challenging health care environment      **Handbook of HIV Prevention** John L. Peterson, Ralph J. DiClemente, 2012-12-06 In the nearly two decades since the HIV pandemic began the rapid expansion of behavioral research on HIV prevention has prompted a crucial need for a sourcebook more advanced than an introductory textbook and broader and more readily accessible than a review periodical The Handbook of HIV Prevention is intended as the first attempt to meet this need The current state of affairs led us to edit a book that would represent the major areas of HIV behavioral research at a level appropriate for graduate students and experienced researchers in public health medicine nursing education and the social and behavioral sciences In addition we expect that the handbook will be useful in advanced undergraduate courses and as a reference book for health care professionals Our plans to assemble the Handbook began in the fall of 1996 when we prepared a tentative outline of chapters and invited a large number of distinguished researchers in the field to be the authors of various chapters We received an overwhelmingly favorable response from potential authors to our letters of invitation After considerable effort by both the contributors and the editors the volume was completed in 1999 when all chapters went to press      *Managing Your Drug Or Alcohol Problem* Dennis C. Daley, G. Alan Marlatt, 1997 Section 1 Overview of Substance Use Problems and Self Assessment Chapter 1 Introduction and Plan for Workbook Chapter 2 Recognizing Your Substance Use Problem Chapter 3 Recognizing Consequences of Your Substance Use Section 2 Change Issues and Strategies Chapter 4 Treatment Settings for Substance Use Problems Chapter 5 Stages of Change Ch 6 How to Use Therapy or Counseling Ch 7 Overview of Goal Planning Ch 8 Managing Cravings and Urges to Use Substances Ch 9 Managing Thoughts of Using Substances Ch 9 Dealing With Upsetting Emotions Ch 11 Refusing Offers to Use Substances Ch 12 Dealing With Family and Interpersonal Problems Ch 13 Building a Recovery Support System Ch 14 Self Help Programs and Recovery Clubs Ch 15 Medications for Substance Use Problems Section 3 Relapse Prevention and Progress Measurement Ch 16 Relapse Prevention Reducing the Risk of Relapse Ch 17 Relapse Management Ch 18 Strategies for Balanced Living Ch 19 Measuring Your Progress

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