

AIDS in South and Southeast Asia

Preventing Transmission of HIV: A Biological and Medical Perspective*

MYRON S. COHEN, M.D.

IN MY COMMENTS I will summarize our understanding of the transmission of HIV, and describe how this knowledge has been used to develop prevention strategies—many of which have already been used successfully.

The probability of transmission of HIV depends on the route. HIV-contaminated blood used for a transfusion is still a problem in some resource poor countries, and causes infection more than 90% of the time. In contrast, someone stuck with a contaminated needle has only a 1/300 chance of acquiring HIV. The chance of HIV transmission during childbirth is about 30%. The chances of acquiring HIV from sexual exposure is highly variable, but is often very inefficient, so that dozens or even hundreds of episodes of intercourse appear to be required for transmission to occur. This ought to be surprising since HIV is first and foremost an STD! More than 70% of HIV is sexually transmitted.

Given the relative inefficiency of the sexual transmission of HIV, how can we explain the magnitude of the HIV epidemic? Other factors must define the epidemic. These include the duration of time a person remains contagious, and the number of people exposed. Indeed, we can multiply these factors together to predict the spread of HIV. Thus, the ferocity of the AIDS epidemic is not because the virus is so

easily transmitted. Rather, it is because of the many years that infected people remain sexually active, and because of the large number of different sexual encounters that might occur, particularly where commercial sex work is common.

Now let's look more closely at sexual transmission of HIV by both the infectiousness of the HIV carrier, and the susceptibility of the person exposed.

Infectiousness of HIV is determined by the amount of virus in the blood or genital secretions, and special features of the viral swarm which can render the virus either more or less contagious. Higher concentrations of HIV in blood and genital secretions greatly increase the chance for HIV transmission. Many experts believe that the type of virus found in Sub-Saharan Africa, which is different than the virus found in the United States, is more contagious. The HIV virus in China, as you will hear from Dr. Shao Yiming, is unfortunately caused by a virus similar to that found in Sub-Saharan Africa.

Not everyone is equally susceptible to HIV. Indeed, here are three kinds of resistance to HIV: hereditary, innate, and acquired. Hereditary resistance is observed in about 1/100 Caucasians who have cells that cannot be readily infected with the virus because of a genetic

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*Presented at the observance of World AIDS Day, November 30, 2000 at the United Nations.

Preventing Aids A Programmatic Perspective

**Cynthia Pope, Renee T. White, Robert
Malow**



Preventing Aids A Programmatic Perspective:

Preventing Aids Seth C. Kalichman, 2014-02-25 This book provides a comprehensive overview of behavioral interventions to prevent HIV AIDS risk related behaviors It synthesizes the empirical literature on individual group and community level interventions and provides an objective and detailed assessment of intervention outcomes Factors associated with behavioral risk for HIV transmission theories of HIV risk behavior change and the state of HIV prevention technology transfer are also reviewed Additionally behavioral interventions for adolescents and adults of diverse ethnic and sexual backgrounds are discussed with respect to each intervention type Although the focus is on sexual risk reduction interventions for sexual behavior of substance abusing populations are also covered *Practice Guidelines for Harmonizing HIV Prevention Initiatives in the Infrastructure Sector* Asian Development Bank, 2010-10-01 Development partners have recognized the obligation to mitigate HIV risks associated with infrastructure development as an opportunity to contribute to the fight against HIV AIDS and poverty in the Greater Mekong Subregion Development partners agreed to strengthen inter agency cooperation and harmonization to scale up and enhance the effectiveness of HIV and AIDS prevention in future infrastructure interventions To achieve this they jointly developed a set of practice guidelines that can provide some standardization of effective program elements focusing on three different but interacting populations sex and entertainment workers local communities impacted by infrastructure development and migrant workers **AIDS Bibliography**, 1990

Dawning Answers Ronald O. Valdiserri, 2003 Dawning Answers looks at the global HIV AIDS epidemic through the lens of its evolving influence on public health theory and practice Losses from the epidemic have been devastating but the many lessons learned have positively influenced other domains of public health and will continue to generate new approaches to health assessment policy development and assurance Students and teachers of public health and preventive medicine will find in this singular volume useful analyses from the various disciplines comprising public health **Preventing AIDS** Ralph J. DiClemente, John L. Peterson, 2013-06-29 Public health has a legacy of neglect regarding social and behavioral research Too often prompted by technical and scientific progress we have ignored even marginalized the vital human element in health thinking and practice Thus for example while family planning programs focused on providing a choice among safe and effective contraceptive methods a supremely worthy goal the central issue of sexuality and sexual behavior was generally neglected Similarly the enormous and important efforts to develop rapid and reliable diagnostic and treatment methods for sexually transmitted diseases helped divert attention away from the crucial issues of sexual practice In short we seem to have difficulty addressing the fundamental behaviors including sex drug taking and other intoxications and violence that are central to the major causes of preventable morbidity disability and premature mortality in the world today Our collective reluctance to examine and understand ourselves is also expressed in the oft repeated pipedream that scientific progress will take care of the HIV AIDS pandemic by delivering a preventive vaccine an effective cure or both Yet even a

cursory glance at the relationship between scientific technical progress and health shows that meeting the scientific challenges is only one step toward effective application of the vaccine or drug. It is typical, not atypical, that hepatitis B vaccine is only now becoming relatively freely available to large populations in the developing world more than a decade after the vaccine's licensure. Proceedings of the 1st National Conference on Alcohol and Drug Abuse Prevention, 1987

Progress in Preventing AIDS? David Ross Buchanan, George Peter Cernada, 2019-03-19 Originally published in the *International Quarterly of Community Health Education*, this work presents twenty-one chapters about the state of HIV/AIDS prevention programs in a global context. *Cross-Cultural Perspectives on Couples with Mixed HIV Status: Beyond Positive/Negative* Asha Persson, Shana D. Hughes, 2016-10-24 This edited volume presents a detailed portrait of couples living with mixed HIV status where one partner is HIV positive and the other negative. Readers will come to understand the various and complex ways in which these mixed status or serodiscordant couples build a life together within the shadow of HIV-related stigma. Spanning the globe, coverage explores serodiscordance as a negotiated practice and process inseparable from the social context in which it is situated. The book shows how couples draw on diverse and sometimes contradictory cultural discourses of medicine, romance, and normality to make sense of and manage their mixed HIV status and any perceived risks, not uncommonly in ways that depart from prevailing HIV prevention messages. Throughout, compelling personal stories accompany the empirical research, sharing the firsthand experiences of men and women in serodiscordant relationships. Bringing together research from diverse disciplines and geographical regions, this book contributes important insights for future HIV health promotion as well as offers new knowledge to scholarship on the cultural intersections of illness and intimacy. It will appeal to a broad audience working across the fields of HIV health, gender, sexuality, development, and human rights.

Women at Risk: Issues in the Primary Prevention of AIDS Ann O'Leary, Loretta Sweet Jemmott, 1995-09-30 Women comprise the group that is rapidly becoming infected with HIV, and while some prevention efforts show signs of promise, many unresolved issues remain. This pivotal volume presents up-to-date research findings offering an in-depth look into issues germane to preventing AIDS in women. Eminent researchers and health care providers focus on specific groups of women based on ethnicity, relationship factors, and behavior. *HIV/AIDS: Global Frontiers in Prevention/Intervention* Cynthia Pope, Renee T. White, Robert Malow, 2014-06-11 HIV/AIDS Global Frontiers in Prevention/Intervention provides a comprehensive overview of the global HIV/AIDS epidemic. The unique anthology addresses cutting-edge issues in HIV/AIDS research, policymaking, and advocacy. Key features include nine original essays from leading scholars in public health, epidemiology, and social and behavioral sciences. Comprehensive information for individuals with varying degrees of knowledge, particularly regarding methodological and theoretical perspectives. A look into the future progression of HIV transmission and scholarly research. HIV/AIDS Global Frontiers in Prevention/Intervention will serve as a precious resource as a textbook and reference for the university classroom, libraries, and researchers. *Prevention Pipeline*, 1987 An alcohol

and drug awareness service **Promoting Abstinence, Being Faithful, and Condom Use with Young Africans** Mary Louisa Plummer, 2012-10-26 Promotion of the low risk ABC behaviors Abstinence Being faithful and Condom use has had only limited success in Africa This book draws on a large qualitative study affiliated with an adolescent intervention trial to examine how ABC promotion can be improved It evaluates the MEMA kwa Vijana sexual health program which was implemented in 62 primary schools and 18 health facilities in rural Tanzania scrutinizing its teacher led curriculum peer education youth friendly health services youth condom distribution and community mobilization components The book examines how implementing such a low cost large scale program involved many compromises including those between national policies and international best practice recommendations between the most desirable intervention design and one that was affordable and sustainable at a large scale between optimal teaching methods and real world teaching capacity between ideal curriculum content and what was acceptable to the local community and between adults values and youths realities The program s impact is evaluated by triangulating findings from three person years of participant observation in depth interviews survey interviews and biomedical tests The book also provides in depth case studies to examine the motivations and strategies of extraordinary young people who practiced ABC behaviors It outlines broad principles for ABC promotion including acknowledging existing youth sexual relationships promoting each low risk behavior in complexity and depth working with preexisting culturally compelling motivations and intervening at individual interpersonal community and structural levels Many recommendations for the promotion of specific ABC behaviors are discussed such as reducing pressures and incentives for girls to have sex targeting male risk perception and self preservation promoting alternative forms of masculinity than sexual conquest strengthening premarital and marital relationships tailoring fidelity programs for hidden couples couples planning to marry and monogamous and polygynous married partners and addressing pleasure trust pregnancy prevention and fertility protection in condom promotion The book concludes with additional recommendations specific to school programs and a review of promising complementary interventions for out of school youth women men couples and parents *International Perspectives on Women and HIV* Samuel A MacMaster, Brian E Bride, CINDY DAVIS, 2013-09-13 Throughout the world the threat of HIV AIDS to women s health has become the focus of increased concern The Joint United Nations Programme on HIV AIDS 2004 reports that almost 20 million women and girls are living with HIV globally accounting for nearly half of all people living with HIV worldwide Infection rates among women are rising in every region worldwide including high income countries in which heterosexual intercourse may now be the most common mode of transmission Although there are many contributing factors to the current trends in HIV most women who become HIV infected do not practice high risk behaviour Women worldwide may individually view themselves as less susceptible than men and may pay less attention about how HIV is transmitted and how to prevent infection There are also gender inequalities stemming from sexual double standards that constrain women s access to care treatment and support This work focuses on

international perspectives on women and HIV casting a deliberately wide net addressing the issue of the interaction between HIV and gender in a specific geographic area Our intention is to provide a forum for innovative manuscripts whose contribution to the literature is found in their unique approach to this interaction and application of empirical investigation to unique problems and or populations This material was published in the Journal of Human Behavior in the Social Environment

Global HIV/AIDS David Gootnick,2008-08 The Pres Emergency Plan for AIDS Relief PEPFAR provides assistance for combating HIV AIDS in 15 focus countries and elsewhere with global targets for prevention treatment and care The U S Leadership Against HIV AIDS TB and Malaria Act of 2003 which authorizes the 15 billion program contains directives to guide the allocation of this funding The act expires in Sept 2008 The Pres intends to ask Congress to authorize 30 billion for these efforts for the next 5 years In 2007 the Institute of Med recommended eliminating the directives This report describes 1 the views of HIV AIDS experts on these directives 2 an alternative approach to allocating funds and 3 potential challenges related to this approach Charts and tables

Health of HIV Infected People Ronald Ross Watson,2015-04-29 Health of HIV Infected People Food Nutrition and Lifestyle Without Antiretroviral Drugs defines the supportive roles of bioactive foods exercise and dietary supplements on the health of HIV infected people who do not have access to resources or those who choose not to utilize antiretroviral drugs Approaches such as the application of traditional herbs and foods are given careful definition by experts who define the risks and benefits of such practices within this important context Readers learn how to treat or ameliorate the effects of chronic retroviral disease using readily available cheap foods and dietary supplements Ultimately this work delivers a current concise scientific appraisal of the efficacy of key foods nutrients dietary plants and behavioral changes in preventing and improving the quality of life of HIV infected infants and adults who are not undergoing antiretroviral therapy Covers the role of nutrients in the prevention and treatment of HIV induced physiological changes Delivers important coverage on the relationship between HIV infection and infant feeding practice along with public health policy recommendations in social and cultural context Provides coverage of fitness and exercise regimens physical activity and behavioral and lifestyle changes on HIV infected individuals Explores food and treatment of obesity diabetes and cardiovascular disease in HIV infected patients including those without antiretroviral therapeutic treatment Irregular

Migration and Human Rights: Theoretical, European and International Perspectives Barbara Bogusz,Ryszard Cholewinski,Adam Cygan,Erika Szyszczak,2004-09-01 Desperate and vulnerable people who take enormous risks to migrate to Europe in rickety boats or concealed in the containers of articulated lorries are familiar images portrayed in the media of irregular migrants Irregular migration has become a major political concern both at the European level and in the wider international context In the European Union politicians have identified irregular migration as a problem and have given priority to preventing this phenomenon in the development of the common asylum and immigration policy This collection of essays is the outcome of an international conference on Irregular Migration and Human Rights which gathered together

prominent scholars policy makers and practitioners working in the migration and human rights field The objective of the book in contrast to the prevailing political approach which focuses almost solely on prevention is to discuss the human rights dimensions of irregular migration from theoretical European and international perspectives The book is divided into five substantive parts the complex question of who is an irregular migrant and the difficulties in assessing the size of irregular movements official and popular perceptions of irregular migrants a debate which is frequently considered in terms of security concerns asylum and human trafficking and smuggling the myriad strands of the developing EU law and policy on irregular migration such as the adoption of readmission agreements and the relationship of this law and policy to external border controls in the context of EU enlargement and other non legal means of EU decision making the contributions of international and non governmental actors to charting a rights based approach to irregular migration and the problems these vulnerable persons face while resident in host countries such as discrimination and denial of access to social rights and public services which is inextricably bound up with their irregular status **HIV/AIDS Prevention** ,1993 **Consolidated**

guidelines on HIV prevention, testing, treatment, service delivery and monitoring World Health Organization,2021-07-16 These consolidated guidelines on HIV prevention testing treatment service delivery and monitoring bring together existing and new clinical and programmatic recommendations across different ages populations and settings bringing together all relevant WHO guidance on HIV produced since 2016 It serves as an update to the previous edition of the consolidated guidelines on HIV These guidelines continue to be structured along the continuum of HIV care Information on new combination prevention approaches HIV testing ARV regimens and treatment monitoring are included There is a new chapter on advanced HIV disease that integrates updated guidance on the management of important HIV comorbidities including cryptococcal disease histoplasmosis and tuberculosis The chapter on general HIV care contains a new section on palliative care and pain management and up to date information on treatment of several neglected tropical diseases such as visceral leishmaniasis and Buruli ulcer New recommendations for screening and treating of cervical pre cancer lesions in women living with HIV are also addressed in this chapter Guidance on service delivery was expanded to help the implementation and strengthening the HIV care cascade Importantly this guidance emphasizes the need for differentiated approaches to care for people who are established on ART such as reduced frequency of clinic visits use of multi month drug dispensing and implementation of community ART distribution The adoption of these efficiencies is essential to improve the quality of care of people receiving treatment and reduce the burden on health facilities particularly in resource limited settings **HIV/AIDS Prevention Newsletter** ,1990-10 [Consolidated guidelines on HIV, viral hepatitis and STI prevention, diagnosis, treatment and care for key populations](#) World Health Organization,2022-07-29 The Consolidated guidelines on HIV viral hepatitis and STI prevention diagnosis treatment and care for key populations outline a public health response for five key populations men who have sex with men trans and gender diverse people sex workers people who inject

drugs and people in prisons and other closed settings They present and discuss new recommendations and consolidate a range of recommendations and guidance from current WHO guidelines Particularly for key populations social legal structural and other contextual factors both increase vulnerability to HIV viral hepatitis and STIs and obstruct access to health and other essential services These guidelines highlight the critical importance of addressing structural barriers in all settings as a priority In most countries inadequate coverage and poor quality of services for key populations continue to undermine responses to HIV viral hepatitis and STIs All countries should prioritise reaching key populations and supporting key population communities to lead the response and provide equitable accessible and acceptable services In most countries inadequate coverage and poor quality of services for key populations continue to undermine responses to HIV viral hepatitis and STIs All countries should prioritise reaching these key populations and supporting key population communities to lead the response and provide equitable accessible and acceptable services to these groups

Preventing Aids A Programmatic Perspective Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Preventing Aids A Programmatic Perspective**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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