

RESEARCH ARTICLE

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Non-fatal suicidal behaviour, depression and poverty among young men living in low-resource communities in South Africa

J. Bantjes^{1*}, M. Tomlinson¹, R. E. Weiss², P. K. Yen², D. Goldstone¹, J. Stewart¹, T. Qondela¹, S. Rabie¹ and M.-J. Rotherham-Borus²

Abstract

Background: Suicide is a serious public health problem in low- and middle-income countries. Understanding the context- and gender-specific risk factors for non-fatal suicidal behaviour is the cornerstone of evidence-based public health interventions to reduce suicide. Poverty and symptoms of depression are well-established risk factors for suicidal behaviour. However, little is understood about how proximal economic factors (such as losing one's job, or food insecurity) may confound the effects of symptoms of depression to increase the risk of non-fatal suicidal behaviour in vulnerable populations, such as young men living under conditions of endemic poverty. The aim of this study was to explore the extent to which a wide range of poverty-related variables account for non-fatal suicidal behaviour independent of, or in addition to, symptoms of depression among young men living in low-resource communities in South Africa (SA).

Methods: Data were collected from a clustered sample of 647 young men living in low-resource communities in the Western Cape province of SA. Multivariate regressions were used to identify the associations between poverty-related measures, symptoms of depression, and past-month prevalence of non-fatal suicidal behaviour.

Results: Non-fatal suicidal behaviour in the last month was reported by 47 (6.13%) participants; suicidal ideation ($n = 43$; 5.97%); suicide plan ($n = 5$; 0.77%); suicide attempt ($n = 4$; 0.62%), and deliberate self-harm without intent to die ($n = 4$; 0.62%). Past-month prevalence of non-fatal suicidal behaviour was significantly associated with particular dimensions of poverty (living in a home without a toilet on the premises, having previously been fired, and food insecurity), but not with other dimensions of poverty (such as prolonged unemployment and low levels of income). However, symptoms of depression were a more significant predictor of non-fatal suicidal behaviour than any measure of poverty (aOR=1.093, 95% CI=1.058-1.129, $p < .000$).

Conclusions: Depressive symptoms are more strongly associated with non-fatal suicidal behaviour than a range of proximal and distal economic factors among young men living under conditions of endemic poverty in South Africa. This has important public health implications and highlights the importance of increasing young men's access to psychiatric services and targeting depression as an integral component of suicide prevention in low resource communities.

Keywords: Non-fatal suicidal behaviour, Poverty, Depression, Men, South Africa, Public health, Suicide prevention

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Non Fatal Suicidal Behaviour Among

Danuta Wasserman



Non Fatal Suicidal Behaviour Among:

Non-fatal Suicidal Behaviour Among Prisoners Howard Meltzer,1999 Non Fatal Suicidal Behaviour among Prisoners

Suicidal Behaviour Updesh Kumar,2014-11-13 Suicidal Behaviour Underlying dynamics is a wide ranging collection of articles that builds upon an earlier volume by the same editor Suicidal Behaviour Assessment of people at risk 2010 and delves deeper into the dynamics of suicide by synthesizing significant psychological and interdisciplinary perspectives The volume brings together varied conceptualizations by scholars across disciplines from around the globe thereby adding on to the available theoretical understandings as well as providing research based inputs for practitioners in the field of suicidal behaviour This book contains sixteen chapters divided into two broad sections The volume opens with a discussion about the Theoretical Underpinnings of suicidal behaviour spread through the initial eight chapters that conceptualize the phenomenon from different vantage points of genetics personality theory cognitive and affective processes stress and assessment theories The second section brings in the Varied Research Evidences and Assessment Perspectives from different populations and groups Building upon the theoretical foundations the chapters in this section discuss the nuances of dealing with suicidal behaviours among sexual minority populations alcoholics military personnel and within in specific socio cultural groups The section closes with an intense focus on a significant issue encountered often in clinical practice that of assessment of suicide risk and ways of resolving the cultural ethical and legal dilemmas Introduction to Psychopathology Alessandra Lemma,1996-05-24 I was most impressed by the author s thoroughness in writing this book She seems to leave no stone uncovered this is a work which should become a necessity for all counsellors counselling psychologists psychiatric nurses and psychotherapists This is a book to which I will make reference time and time again and one which will occupy a prominent place in my library Counselling The Journal of the British Association for Counselling An invaluable handbook for students of psychotherapy and a good reference for established therapists I recommend that all therapists have a copy of this book on their shelf Psychology Health Medicine Assessment and referral skills are essential for counsellors and psychotherapists Practitioners need to have an understanding of the clinical manifestations of severe emotional distress They must for example be able to recognize when clients are a suicide risk or when they are suffering from a psychotic episode This lively textbook provides a clear overview of the issues involved in our understanding of psychopathology and offers guidelines on appropriate interventions Alessandra Lemma explores a range of key topics covering how psychiatric diagnoses and classifications are arrived at and the issues that can arise when working in conjunction with other mental health practitioners such as psychiatrists She addresses the needs of practitioners in relation to some of the more common forms of mental distress depression anxiety and eating problems as well as some of the more controversial diagnoses such as schizophrenia and borderline personality disorder The book concludes with a discussion of alternatives to mainstream approaches including those which seek to deconstruct the concept of psychopathology Introduction to Psychopathology offers a framework for

assessing clients which incorporates a broad range of models and approaches and which takes into account psychological social and biological factors It will be an invaluable resource for students of counselling counselling psychology psychotherapy and clinical psychology *Self-Harm in Young People: A Therapeutic Assessment Manual* Dennis Ougrin,Tobias Zundel,Audrey V Ng,2009-08-28 Self harm is a distressing and all too common presentation to emergency departments and yet there is no clear understanding of what it represents and success rates of interventions to prevent future episodes are enormously variable Therapeutic Assessment for self harm is a pragmatic model developed by the authors of this book and forming an organic part of the psychosocial assessment following a self harming incident Its main features are that firstly a therapeutic intervention at the time of distress compared with a standard psychosocial history and risk assessment improves patients responses and their willingness to engage in further therapy and secondly that there is a vast range of evidence based interventions that can be used to build a toolkit that individual practitioners can employ with their patients Therapeutic Assessment is evidence based simple and easy to learn and this book presents the techniques in a clear accessible and user friendly way Based on extensive research it will form an essential reference for psychiatrists and clinical psychologists and for any health professional involved in the assessment of young people who self harm **The Neuroscience of Suicidal Behavior** Kees van Heeringen,2018-08-23 Nearly one million people take their own lives each year world wide however contrary to popular belief suicide can be prevented While suicide is commonly thought to be an understandable reaction to severe stress it is actually an abnormal reaction to regular situations Something more than unbearable stress is needed to explain suicide and neuroscience shows what this is how it is caused and how it can be treated Professor Kees van Heeringen describes findings from neuroscientific research on suicide using various approaches from population genetics to brain imaging Compelling evidence is reviewed that shows how and why genetic characteristics or early traumatic experiences may lead to a specific predisposition that makes people vulnerable to triggering life events Neuroscientific studies are yielding results that provide insight into how the risk of suicide may develop ultimately demonstrating how suicide can be prevented **Forensic Psychology** Joanna R. Adler,Jacqueline M. Gray,2010 This book brings together academics practitioners and experts in the field of forensic psychology to demonstrate the scope of the discipline and push its parameters Its aim is to go beyond introductory texts to challenge perceptions to raise questions for research and to pose problems for practice The editors hope to inspire and stimulate debate about how forensic psychology can aid the practice of justice The book is divided into six sections addressing key topics from the discipline investigation and prosecution testimony and evidence serious and persistent offending treat Young Men in Prison Joel Harvey,2012-12-06 This book examines how young men between the ages of 18 and 21 make the transition to prison life and how they adapt practically socially and psychologically Based on extensive research in Feltham Young Offenders Institution this book examines in particular the role of social support both inside and outside prison in relation to their adaptation along with the

constructs of trust locus of control and safety It concentrates both on the successful adaptation to prison life and on the experience of individuals who have difficulties in adapting it pays special attention to those who harm themselves whilst in prison It is the first study to provide an in depth account of the psycho social experience of imprisonment for young adults Understanding this early stage of imprisonment is of major importance to policy makers and practitioners in the light of the fact that up to a half of completed suicides occur within the first month in prison *Suicide* Stephen Palmer,2014-04-04 All practitioners working in the caring and helping professions face many challenges and questions when dealing with suicidal clients Is this client being serious Can I do more What should I do Should I refer on Should I break confidentiality Have I assessed this client correctly Both experienced practitioners and trainees wish to have more knowledge about assessing and dealing with suicidal clients *Suicide Strategies and Interventions for Reduction and Prevention* examines myths about suicide explores facts and statistics at national and international levels and uses client cases to uncover thoughts leading to suicidal behaviour The editor offers an insight into what can be done in the community and within therapeutic settings when working with this challenging client group Contributions are divided into four parts covering suicide statistics research theory and interventions personal experience of suicide three therapeutic approaches to prevent suicide group interventions Featuring chapters from a range of experienced practitioners this book provides a wealth of information on strategies and possible interventions The addition of a self harm management plan assessment checklists and list of useful organizations makes it essential reading for both mental health professionals and those in training *Suicide* Matthew K. Nock,Guilherme Borges,Yutaka Ono,2012-03-22 Presents a unique global perspective on suicidal behaviors using new data collected in 21 countries on 6 continents **Seminars in General Adult Psychiatry** George Stein,Greg Wilkinson,2007-04 This second edition of *Seminars in General Adult Psychiatry* provides a highly readable and comprehensive account of modern adult psychiatry Key features of the first edition that have been retained are the detailed clinical descriptions of psychiatric disorders and historical sections to give the reader access to the classic studies of psychiatry as well as the current evidence Additional topics covered here for the first time include liaison psychiatry psychosexual medicine clinical epidemiology and international and cultural psychiatry Clinical management is given due prominence with extensive accounts of modern drug management cognitive therapy the main psychosocial approaches and current guidelines such as those published by the National Institute for Health and Care Excellence An essential text for trainees studying for their MRCPsych this book is also a one stop reference work for established practitioners providing comprehensive coverage of the whole of adult psychiatry Handbook of Suicidal Behaviour Updesh Kumar,2017-10-26 This essential reference volume in the field of suicidology brings forth leading edge conceptualizations of suicidal behaviour by including emerging trends and recent research advances in the field across the globe It highlights the trajectories of suicidal behaviour emphasizing the psyche behind attempting suicide identifying vulnerable groups and bridging the gap between theoretical underpinnings and application for

addressing the aftermath of suicide The handbook delineates research progress on risk assessment among vulnerable groups of varied milieu Furthermore it introduces various avenues of change and well being It also addresses important concerns related to terrorism and suicide in the armed forces This handbook is a comprehensive repository of the latest research synergized with theoretical conceptualizations that pave the way for newer approaches towards management and prevention of suicidal behaviour It includes contributions by eminent authors across the globe and is a must have resource for scholars academics and professionals in the areas of mental health and social work *Morbidity and Mortality Weekly Report* ,2011

A Million Person Household Survey: Understanding the Burden of Injuries in Bangladesh Adnan A.

Hyder,Olakunle Alonge,2018-08-07 This book is a printed edition of the Special Issue A Million Person Household Survey Understanding the Burden of Injuries in Bangladesh that was published in IJERPH Mood Disorders Eric J. L.

Griez,2005-04-08 Written by an outstanding team of internationally recognised experts this practical textbook is based on the European Certificate in Anxiety and Mood Disorders It provides a thorough overview of diagnosis and treatment of mood disorders and analyses the most recent developments and scientific evidence Covers the most important clinical topics in the field including symptomatology natural course and diagnosis Treatment strategies are reviewed in the light of all available empirical evidence Outstanding list of international contributors **The International Handbook of Suicide and**

Attempted Suicide Keith Hawton,Kees van Heeringen,2000-11-21 Recent research in the area of suicidology has provided significant new insights in the epidemiological psychopathological and biological characteristics of suicidal behaviour The International Handbook of Suicide and Attempted Suicide is the first book to bring together this expertise and translate it into practical guidelines for those responsible for policy issues and for those involved in the treatment and prevention of suicidal behaviour Leading international authorities provide a truly comprehensive and research based reference to understanding treating and preventing suicidal behaviour They explore concepts and theories which best guide work within this field and detail key research which has supported conceptual developments preventive interventions and clinical treatment No self respecting worker in deliberate self harm and suicide prevention either clinical or research can afford to be without access to this comprehensive handbook possession and regular use may well become a marker of serious involvement in the subject This is the most comprehensive up to date informative and well written source of information on suicide and suicidal behaviour an invaluable work of reference which will be essential for clinicians and researchers for many years to come Andrew Sims Emeritus Professor of Psychiatry St James s University Hospital Leeds UK British Journal of Psychiatry Oxford Textbook of Suicidology and Suicide Prevention Danuta Wasserman,2021 Part of the authoritative Oxford Textbooks in Psychiatry series the new edition of the Oxford Textbook of Suicidology and Suicide Prevention remains a key text in the field of suicidology fully updated with new chapters devoted to major psychiatric disorders and their relation to suicide *Mental Capital and Wellbeing* Cary L. Cooper,Usha Goswami,Barbara J. Sahakian,2009-08-18 This major new

reference presents The Foresight Mental Capital and Wellbeing Project a UK Government project in the Government Office for Science It offers a comprehensive exploration of how mental capital and wellbeing operate over the lifespan how experiences in the family in school at work and following retirement augment or reduce mental capital and wellbeing and the impact that this has for the individual and for the welfare and economic progress of the nation Mental Capital and Wellbeing comprises a series of scientific reviews written by leading international scientists and social scientists in the field The reviews undertake systematic analyses of the evidence base surrounding five key themes on which they propose future policies will have to be based An internationally renowned team of Editors introduce each theme and draw together conclusions in terms of both policy and practice

Section 1 Mental Capital and Wellbeing Through Life Mental capital refers to the totality of an individual's cognitive and emotional resources including their cognitive capability flexibility and efficiency of learning emotional intelligence and resilience in the face of stress The extent of an individual's resources reflects his or her basic endowment e.g. genes and early biological programming motivation and experiences e.g. education which take place throughout the life course This section presents the very latest on the science of mental capital throughout life

Section 2 Learning Through Life provides a coherent overview of a fast moving and complex field of policy and practice Educational attainment has a considerable impact on physical and mental wellbeing both directly and indirectly by enabling people better to achieve their goals The ability to continue learning throughout the lifespan is critical to a successful and rewarding life in contemporary societies

Section 3 Mental Health and Ill Health draws together the most recent evidence about positive mental health as well as a range of mental disorders to consider their importance to the population and economy in terms of prevalence and disability and the wider burden on society

Section 4 Wellbeing and Work It is estimated that 13 million working days are lost through stress each year costing the economy over 3.7 billion per annum This theme explores those drivers that influence the nature and structure of work and the impact this has on employee wellbeing

Section 5 Learning Difficulties This theme provides a cutting edge picture of how recent insights from genetics cognitive and neuroscience improve our understanding of learning difficulties such as dyslexia dyscalculia and attention deficit hyperactivity disorder Reviews focus on how current research can contribute to early diagnosis and improved intervention

Understanding Repeated Self-Injury Digby Tantam, Nick Huband, 2009-03-31 Why do some people repeatedly injure themselves How common is this form of self harm How can professionals offer appropriate intervention and support to those whose lives are troubled by it either directly or indirectly This authoritative and systematic book adopts a holistic approach to the problem of repeated self injury and the difficult emotions and experiences that it gives rise to Bringing together theory research and a wealth of case vignettes Understanding Repeated Self Injury examines both the psychological and physical aspects of self injury The authors explain how deliberate cutting or burning of the skin is used by many as a way to overcome and temporarily escape bad feeling and thus transcend the limits of their identity In particular the book Presents a unifying model for theory and practice based on

the phenomenology of self injury Examines the important role of identity and dissociation in perpetuating self injury
Considers the wider impact of self injury on family and friends and on staff Addresses treatment strategies and self help
resources Each chapter draws on the authors considerable clinical experience across a range of contexts and is written with
professionals and trainees particularly in mind This book is an essential introduction and indispensable resource for those
working or considering to work in counselling therapeutic and health care settings where they are or might be confronted
with the complexities of self injury *Challenges in Counselling: Self-Harm* Andrew Reeves, 2013-06-21 Home in on the
common problems and anxieties your students are likely to encounter in this notoriously difficult area of counselling Working
as a counsellor carries a high likelihood of working with clients who self harm This resource allows your students to develop
and carefully reflect upon their understanding of self harm and the different ways in which counsellors respond to it
Providing professional support throughout this book contextualises many of the difficult situations and anxieties your
students may face when working in this area Foundations of Clinical Psychiatry Sidney Bloch, Bruce S. Singh, 2001
Foundations of Clinical Psychiatry

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