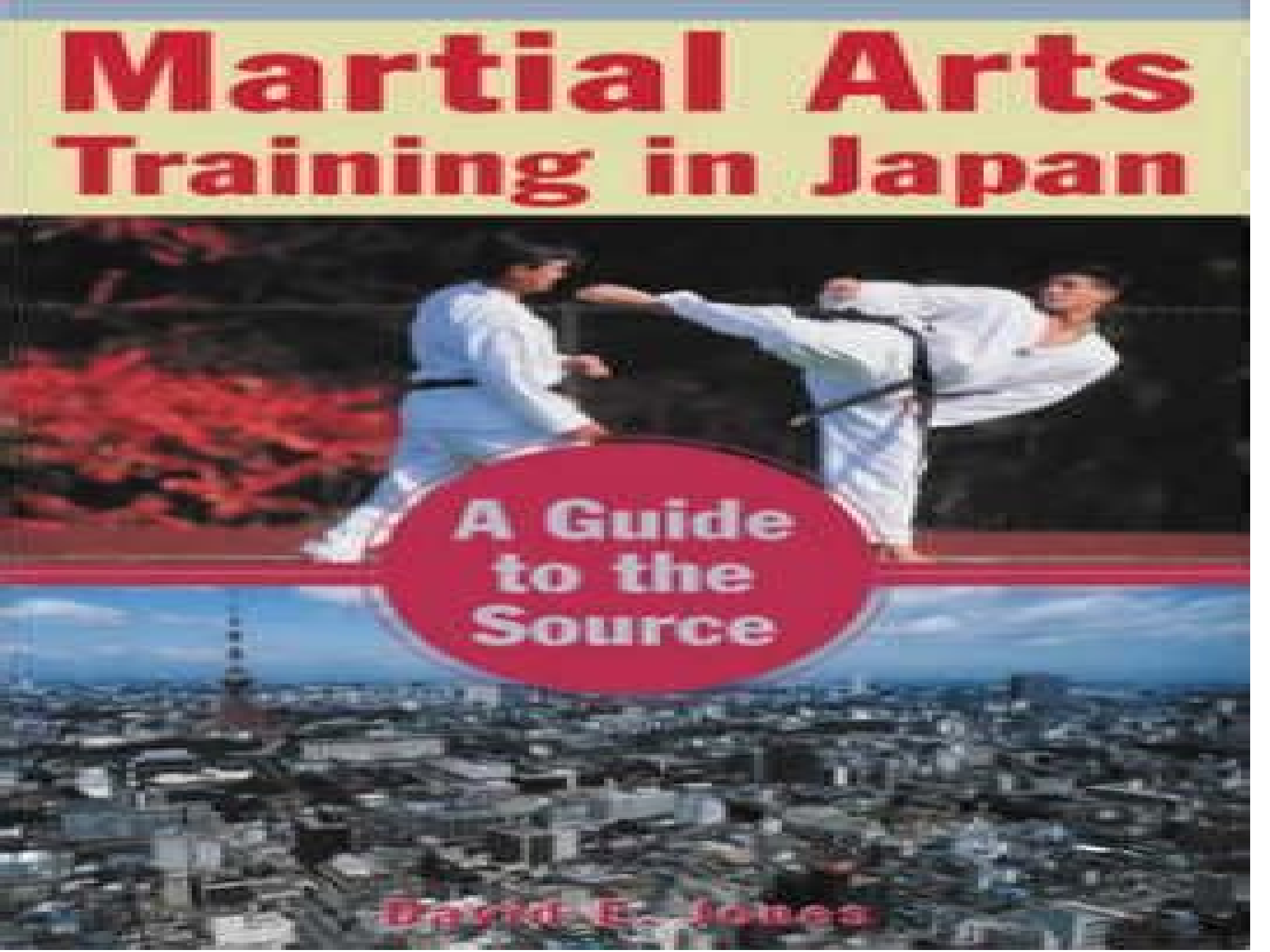


Martial Arts Training in Japan

The background of the cover features a composite image. The upper portion shows two individuals in white martial arts uniforms (gi) with black belts, engaged in a sparring exercise. One person is in a dynamic pose, possibly a high kick or a throw, while the other is in a defensive stance. The lower portion of the image shows a panoramic view of a Japanese city, likely Tokyo, with the Tokyo Tower visible on the left. The city is densely packed with buildings, and the sky is a clear blue. A horizontal band of autumn foliage in shades of red and orange separates the martial arts scene from the cityscape.

A Guide
to the
Source

David E. Jones

Martial Arts Training In Japan A Guide To The Source

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