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RESEARCH ARTICLE

Screening novel antiviral compounds to treat Clostridioides difficile infections

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Abstract

Clostridioides difficile is a major cause of nosocomial infections, often associated with individuals who have gut dysbiosis from previous antibiotic therapies. C. difficile infections. (CDI) have a high recurrence rate and impose significant financial and mortality burdens on the healthcare system. Therefore, novel anti-C. difficile drugs are urgently needed to treat and reduce the severity and recurrence of infection. In this study, we screened a library of 618 antiviral drugs to identify a potential candidate for repurposing as novel anti-C. difficile therapeutics. Following our preliminary screening, we identified 9 novel compounds that inhibited C: difficile at a concentration of 16 µM or lower. Among these, 4 antiviral compounds demonstrated the most potent anti-C. difficile activity against a panel of 15 C. difficile isolates, with minimum inhibitory concentrations (MICs) comparable to the drug of choice. vancomycin. These include rottlerin (MIC₅₀ = 0.25 µg/mL), a-mangostin (MIC₅₀ = 1 µg/mL), dryocrassin ABBA (MIC_{vn} = 1 µg/mL), and obefazimod (MIC_{vn} = 4 µg/mL). All exhibited minimal to no activity against representative members of the human out microbiota. Interestingly, a-mangostin, a natural xanthone derived from the mangosteen fruit, exhibited strong bactericidal action, clearing a high inoculum of C. difficile in less than an hour. All other drugs exhibited bacteriostatic activity. Given their characteristics, these compounds show great promise as novel treatments for CDI.

Introduction

Healthcare-associated infections are one of the greatest burdens on healthcare systems. Most bacteria responsible for a part of this burden are associated with antimicrobial resistance, with one notable exception: C. difficile. Despite lacking a significant antimicrobial resistance profile. C. difficile is still considered an urgent threat and one of the deadliest bacterial infections responsible for approximately 30,000 deaths annually, primarily affecting older populations [1–5]. The incidence of C. difficile infections (CDI) in the United States has increased over the last two decades and has remained relatively stable from 2021 to 2022, with the COVID-19 pandemic seeing a drop in cases due to improved strategies preventing the spread of

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Table of Contents Screening The Novel

- 1. Understanding the eBook Screening The Novel
 - The Rise of Digital Reading Screening The Novel
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Screening The Novel
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Screening The Novel
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Screening The Novel
 - Personalized Recommendations
 - Screening The Novel User Reviews and Ratings
 - Screening The Novel and Bestseller Lists
- 5. Accessing Screening The Novel Free and Paid eBooks
 - Screening The Novel Public Domain eBooks
 - Screening The Novel eBook Subscription Services
 - Screening The Novel Budget-Friendly Options

- 6. Navigating Screening The Novel eBook Formats
 - o ePub, PDF, MOBI, and More
 - Screening The Novel Compatibility with Devices
 - Screening The Novel Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Screening The Novel
 - Highlighting and Note-Taking Screening The Novel
 - Interactive Elements Screening The Novel
- 8. Staying Engaged with Screening The Novel
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Screening The Novel
- 9. Balancing eBooks and Physical Books Screening The Novel
 - \circ Benefits of a Digital Library
 - Creating a Diverse Reading Collection Screening The Novel
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Screening The Novel
 - Setting Reading Goals Screening The Novel
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Screening The Novel
 - Fact-Checking eBook Content of Screening The Novel
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements

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