

DEPRESSION VS. MANIC DEPRESSION

Depression

Don't experience manic "high" episodes

Tend to experience ongoing low moods and suffer from extreme sadness, loss of motivation and low energy for a period of time, normally not interrupted by common symptoms of mania

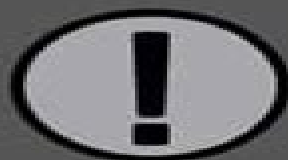
More common, affecting 6%–7% of the U.S. population

Manic Depression

Experience manic high episodes.

Extreme happiness/excitement, hallucinating and becoming overly energized occur

Less common, affecting about 2.6% of U.S. adult population



Irritability



Aggression



Suicidal thoughts



Changes in body sensations, sleep and appetite

Manic Depression

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