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**Richard A. Passwater**



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combating modern day killer diseases and in protecting the body's billions of cells      User's Guide to Pycnogenol® Nature's Most Versatile Supplement Richard A. Passwater, 2011-02 One of the most remarkable natural antioxidants ever discovered Pycnogenol is a complex of more than forty individual antioxidants extracted from the bark of French maritime pine trees Long popular in Europe and the United States Pycnogenol has been shown in scientific studies to reduce the risk of cardiovascular diseases painful inflammation and even erectile dysfunction This User's Guide explains how to get the most out of Pycnogenol's unique properties      Live Longer Live Healthier Hasnain Walji, 1996 This up to the minute handbook on antioxidants focuses on latest research and application for the new super antioxidant Pycnogenol which has been shown to enhance the power of Vitamin C by 20 times and Vitamin E by 50 times Learn about the history of Pycnogenol as well as its remarkable success in reducing the free radical damage that encourages cancer its ability to strengthen the immune system and its dynamic role in slowing the ageing process A necessary handbook for any health conscious consumer      **OPC** Chris Kilham, 1998-01 Many of us are living longer but enjoying it less as degenerative conditions induced by free radicals blight the later years This guide argues that OPC is an effective free radical antagonist and can be the key to a healthspan that matches our extending lifespan      The New Superantioxidant—Plus Richard A. Passwater, 1998-01-11      Antioxidants Remi Cooper, 1997-07 Mix the latest scientific data on herbal products and physical ailments with the need for natural approaches to health and what do you have The Woodland Health Series Each of these booklets gives concise pertinent information for those looking to nature for optimal health

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