

Manual de actividades acuáticas en la infancia

Para bebés y niños de hasta seis años

Juan Antonio Moreno

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Paídos Educación física

Manual De Actividades Acuaticas Manual Of Aquatic Activities During Infancy

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Manual De Actividades Acuaticas Manual Of Aquatic Activities During Infancy:

Estimulação aquática para bebês Juan Antonio Moreno Murcia, Luciane de Paula Borges de Siqueira, 2017-01-19 A atividade aquática é uma das atividades físicas mais recomendadas para bebês pois além do grande prazer que proporciona melhora o desenvolvimento neuromotor fortalece a musculatura e o sistema imunológico bem como estimula um sono mais tranquilo entre outros benefícios. Desse modo esta obra busca apresentar uma justificativa teórica da necessidade de utilizar a estimulação precoce no meio aquático apoiada num conjunto de exercícios e técnicas de estimulação selecionados para favorecer e desenvolver as potencialidades dos bebês. *Recursos pedagógicos en las actividades acuáticas* Apolonia Albarracín Pérez, Luciane de Paula Borges, Juan Antonio Moreno Murcia, En esta publicación se encuentran recursos pedagógicos que con el eje vehicular de las actividades realizadas en el medio acuático están divididos en bloques temáticos. En el bloque 1 se comienza con todo lo concerniente al educador acuático y su metodología abarcando tanto la enseñanza acuática del siglo XXI y la decadencia de los profesionales como aspectos didácticos específicos del docente como autoridad empática, diversidad, ubicación, etc. En el bloque 2 se trata el tema de la seguridad acuática, prevención de accidentes y los ahogamientos encontrando tanto temas generales como concretos tales como juegos y utilización de este tema desde el punto estratégico. En el bloque 3 abarca lo relacionado con la enseñanza de la natación aportando datos sobre la propia práctica de este deporte su utilización en las actividades extraescolares de los niños su relación con las edades y desarrollo psicomotrices como algunos aspectos didácticos de enseñanza. En el bloque 4 se continúa con el aspecto específico de Natación en la escuela presentando el propio programa formas de presentarlo así como una reflexión de quiénes deben dirigir dichas clases. El bloque 5 es el más amplio tratando los recursos didácticos que se pueden aplicar a las clases acuáticas comentando cómo se pueden utilizar aspectos tan importantes como la música, los cuentos, las emociones, la profundidad, el material de flotación, la educación en valores, etc. El bloque 6 abarca los programas dirigidos a diferentes poblaciones especiales destacando en este caso los dedicados a los bebés, mujeres embarazadas y personas con diversidad funcional como autistas. Por último y en el bloque 7 se hace referencia a la instalación y sus pautas de actuación recogiendo una propuesta de presentación conjunta de programas acuáticos así como una gran e importante concreción de las pautas a seguir según las necesidades durante la pandemia del COVID-19. *Como alcançar a competência aquática* Juan Antonio Moreno Murcia, Esta obra propone una nova abordagem para a educação aquática na qual se aposta a necessidade de mudar e repensar os cenários aquáticos de ensino e desenvolvimento da competência aquática. Por esse motivo além de desenvolver o conceito de competência aquática e descrever sua evolução não apenas o comportamento afetivo e cognitivo apresenta uma maneira concreta de ensin-lo e avali-lo. O Método Aquático Compreensivo é uma metodologia motivadora que incentiva o que melhora a atenção e o tempo de reação transfere o que foi aprendido para o contexto social e favorece a regulação das emoções positivas. Está focado no aluno e leva em consideração as diferenças individuais em relação aos fatores metacognitivos, cognitivos, motivacionais, afetivos, evolutivos e sociais. Tudo isso em função de aprender a

usar a inteligência para direcionar ativamente a ação de seu comportamento em prol de sua autonomia Assim descrevemos tanto os comportamentos apropriados e inapropriados como suas consequências usando termos explícitos e claros Os alunos são incentivados a buscar metas desafiadoras mas que estão ao seu alcance e a regular seu comportamento O sucesso considerado em termos de melhoria e não em comparação com outros o que ocorre como resultado do esforço este também de forma o Por aprender fazendo por descobrir por si mesmos os principais conceitos teorias e leis para o profundo entendimento produzido pelo raciocínio prático criativo e pelos efeitos permanentes que pode produzir este método de ensino pode significar um ponto de inflexão para o leitor comprometido com este trabalho Juan Antonio Moreno Murcia Professor Universitário e exerce seu trabalho de ensino e pesquisa na Universidade Miguel Hernandez em Elche Espanha autor de mais de 10 livros relacionados a atividades aquáticas e presidente da Associação Iberoamericana de Educação Aquática Especial e Hidroterapia AIDEA Luis Miguel Ruiz Pérez Professor Universitário e exerce seu trabalho de ensino e pesquisa na Universidade Politécnica de Madrid Espanha Diretor do Laboratório de comportamento motor e social do esporte da Faculdade de Ciências da Atividade Física e Esporte INEF da Universidade Politécnica de Madrid e seu campo de pesquisa a Psicologia do Esporte Desenvolvimento Motor Aprendizagem Motora e Desportivo Everyone Can Swim! Stanisław Trembacz,2004

Aquatics for the Very Young Diny Van Dyk,1987 **Water Baby!** Lauren Heston,1999 Diagrams and colorful photos illustrate a step by step guide to teaching safe easy ways to introduce your infant or toddler to the water Infant Swimming Cynthia Clevenger,1986-01-01 *Manual de actividades acuáticas en la infancia* Juan Antonio Moreno Murcia,2004 **The Parent/child and Preschool Aquatic Program Manual** YMCA of the USA.,1999 Designed for use in conjunction with the text Teaching Swimming Fundamentals the aim of this manual is to help swimming instructors develop the skills and insight to work with parents and children effectively in order to help them adjust to the aquatic environment and build their relationships **Teaching Infant and Preschool Aquatics** Judy Cesari,2001 This AUSTSWIM text provides guidelines for swimming instructors and parents of infants and toddlers Aquatic education experts describe children's motor cognitive and emotional development during six stages from newborn to preschool **The Parent-child and Preschool** Ymca of the USA,Mary E. Sanders,1999 *Wet Fun* ,1982 **Teaching an Infant to Swim** Virginia Hunt Newman,1968

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