Books

Refresh Your Marriage With Self Talk

Revitalize your marriage by learning to:

- Communicate thoughts and feelings
- Defuse explosive emotions
- Understand the root cause of marital discord
- Renew your thinking with self talk
- Apply biblical principles for marital harmony
- · Develop listening skills
- · Practice the art of forgiveness

Dr. David Stoop & Jan Stoop

Refresh Your Marriage With Self Talk

B Lingard

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