

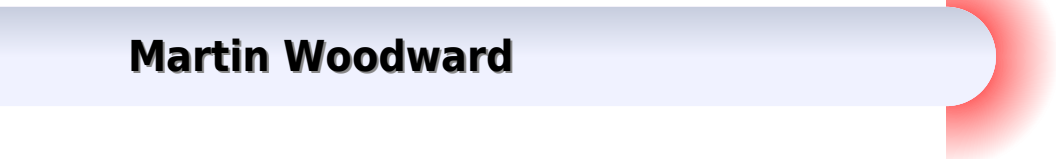
REBIRTHING MADE EASY

A Gateway
to Self-knowledge,
Aliveness and
Compassion.

COLIN P. SISSON

Rebirthing Made Easy

Martin Woodward



Rebirthing Made Easy:

Rebirthing Made Easy Colin P. Sisson, 1987 **The Golden Sphere - An Introduction to Rebirthing and A Course in Miracles** Martin Woodward, 2011-03-03 A Wonderful Story of Rebirthing and Reiki With Unique 60 minute relaxation mp3 download You ll love this charming little book which is packed full of hidden gems and contains a seriously important message It s been described as being like Alice in Wonderland with Zen sutras and is both thought provoking and entertaining at the same time Don t be misled by the fact that the characters are clowns monkeys and bears etc this is simply to make it more fun to read but the underlying message which is present even in the idiotic parts is certainly no joke See Testimonials Here http://deeprelaxation.co.uk/gs_test.html The very fact that you are reading this page is an indication that this book was written specifically for you and you will certainly identify with many of the points brought into question this is no coincidence You ll even find out what really happened to Goldilocks and the three bears surely you want to know this And words of wisdom from Humpty Dumpty just before he became an omelette Throughout much of the story there are several quotations from A Course in Miracles If this story does nothing more than encourage you to read the above then its purpose will have been achieved Please see http://www.deeprelaxation.co.uk/gs_test.html for testimonials But you may also want to look further into the Conscious Connected Breathing Rebirthing technique which Bonjo is taught herein you d be wise to do so Also included is a 60 minute Conscious Connected Breathing mp3 recording which is both empowering and deeply relaxing The link is at the end of the book More information about this FREE recording can be found on my website at http://www.deeprelaxation.co.uk/conscious_connected_breathing.html If you have any problems with the download I can be contacted via the contacts page of my website at www.deeprelaxation.co.uk and am very approachable Grab your copy Now Scroll up click the buy button today You ll be glad you did Thanks for Looking Namaste Spirit Being Human Hazel Rose, 2023-01-20 Everything happens for a reason Soon after the initial trauma has subsided the universe provides a golden opportunity to hear the language of light within to grow heal and become a stronger wiser and healthier person In a unique journey of self discovery Hazel Rose leads others through her traumatic experiences while growing up in a small island community in North Queensland and later as she encountered tragedy accidents a family breakdown domestic violence drugs and alcohol rape confrontations with the law and repeated violent relationships While detailing her life journey Hazel also documents her accounts of the fight fright and freeze responses in her body and how this propelled her spiritual growth as she found a new path from her darkest challenges to a remarkable recovery where she reconnected with spirit through yoga meditation and the arts discovered an inner sanctuary and realized the importance of community family and friends Spirit Being Human shares a journey of self discovery as a trauma survivor discovers resilience through yoga the arts her spiritual connection and much more Rebirthing into Androgyny Berenice Andrews, 2012-11-14 In these interesting times when many people are searching for spiritual nourishment this book is intended to be a means of providing it Rebirthing Into

Androgyny Your Quest For Wholeness And Afterward offers to the hungry ones a familiar yet totally different feast While it sets forth an already established metaphysics it also presents a radical new ideaone that has been implicit in that spiritual thought but unavailable until now and the new awareness associated with quantum physics In other words while this book provides soul searchersalso known as learnerswith an ages old means of generating a fundamental inner change a rebirthing it also provides a new living prototype of what is being reborn Thus a persons rebirthing is both a gestation and a labor a quest producing an ever increasing knowing gnosis which gradually becomes being that can finally merge with the Beloved Self And the new living prototype is that of the human soul not as what a person has but as what a person is a creative energy being who generates its own bodies out of its soul substanceits creative consciousness energyby means of its archetypal human energy system while always being guided by its nucleus of divinity In this book which is a textbook for soul searchers all of this transformative change is offered explored and explained in a series of carefully crafted lessons lovingly taught by a shamanic teacher healer in a stone circle classroom the ancient site of a modern teaching There is a grand feast awaiting

Calling Romeo Alexandra Potter,2004-02 Bored by her comfortable romantic relationship with Will Juliet a successful businesswoman dreams of passion and excitement and finds herself drawn to a handsome rival from a competing advertising firm

ReBirthing Your Dreams Catherine Trim,2020-05-15 Book Delisted

Radical Awareness Catherine Dowling,2014-12-08 Experience a profound engagement with life through the transformational power of spiritual awakenings Presenting a simple and safe system that can be applied to daily living Radical Awareness shows you how to achieve the mystical state of oneness Join author Catherine Dowling as she offers meditation techniques hands on exercises and breathwork methods for enlightenment and expanded awareness Exploring five practices for turning everyday experiences into opportunities for spiritual growth you will learn to move past fear and self sabotage break the bonds of anger understand the expectations of others honor your own values and more Grounded in the knowledge of ancient and contemporary world wisdom traditions Radical Awareness is a down to earth workable guide for living with passion abundance and serenity Praise There is much learned and practiced wisdom here Fr Richard Rohr author of Falling Upward and founder of the Center for Action and Contemplation When you ve read this book you will understand what mysticism and spirituality are Everyone will grow with Radical Awareness even the most experienced It is a truly excellent book Joy Manne PhD author of Conscious Breathing in Everyday Life

A Gift to Myself Charles Whitfield,2010-01-01 This is a gentle and effective workbook and guide to Healing the Child Within It can be used with or without having already read Healing the Child Within Using numerous experiential exercises that the reader can do at their own pace physician and author Charles Whitfield takes us on a healing journey into our inner and outer life Once a reader starts this book the healing process begins even if they rarely do any of its exercises One of the highlights of this book is the clear description of age regression one of the most crucial concepts in healing and recovery

Tantra Made Easy Shashi Solluna,2018 An introductory guide to the sacred

sexuality practices of Tantra and how you can weave them together to create wholeness in your life Tantra is often described as the path of love or the way of the heart It is a spiritual path that brings apparent opposites into unity so that life can flow with ease Sexuality is fused with spirituality masculine with feminine playfulness with depth and the dark shadows of the psyche with the light of conscious awareness And the catalyst for this union is love In this book sacred sexuality teacher Shashi Solluna explains how Tantric practices can help you become fully alive and move from sex to spirit and from spirit to sex in a creative dance of life You will learn the philosophy of Tantra as a spiritual path different ways to explore your own sexuality techniques to open your heart and cultivate sacred relationships how to activate your sexual energy and experience a richer more fulfilling sex life how to unite the physical with higher spiritual consciousness through intimacy sensuality and orgasm This title was previously published under the title Tantra Hay House Basics series *Rebirthing* Deike Begg, 2013-08-01 This is a pioneering book in the field of breath work therapy Rebirthing is an impressive life changing therapeutic procedure that promotes and accelerates personal growth and development in a relatively short time

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