# Shattered Assumptions (Janoff-Bullman)

The experience of trauma shatters two basic assumptions about the self and the world:

- The belief in personal invulnerability or immortality
- The belief that the world is a meaningful and orderly place, and that events happen for a reason
- Violence, shatters a third belief: the trust that other human beings are fundamentally benign.

These 3 assumptions (or illusions) allow people to function effectively & to relate to others. After trauma, individuals are left feeling vulnerable, helpless and out of control in a world that is no longer predictable.

# **Shattered Assumptions**

Julian Maxwell Hayter, George R. Goethals

#### **Shattered Assumptions:**

**Shattered Assumptions** Ronnie Janoff-Bulman, 2010-06-15 This book investigates the psychology of victimization It shows how fundamental assumptions about the world's meaningfulness and benevolence are shattered by traumatic events and how victims become subject to self blame in an attempt to accommodate brutality. The book is aimed at all those who for personal or professional reasons seek to understand what psychological trauma is and how to recover from it and Its Wake: The study and treatment of post-traumatic stress disorder Charles R. Figley, 1985 Loss of the **Assumptive World** Jeffrey Kauffman, 2013-05-13 The assumptive world concept is a psychological principle of the conservation of human reality or culture it is a lens for seeing the psychological disturbances that occur in times of change In this collection the authors examine the assumptive world from diverse theoretical perspectives providing the reader with an array of different viewpoints illuminating the concept and its clinical usefulness Shattered Assumptions Ronnie Janoff-Bulman, 1990 Sites of Violence, Sites of Grace Cynthia Hess, 2008-12-16 Cynthia Hess offers a thoughtful reconstruction of Christian nonviolence through an examination of both theological and theoretical works She shows how contemporary understandings of violence and the human person challenge traditional views of nonviolence as pacifism and the refusal of military violence Hess begins with an analysis of the extensive writings on nonviolence by John Howard Yoder one of the foremost twentieth century thinkers on this subject She then seeks to deepen his view by probing the insights of trauma scholars who explore the powerful and lasting effects of traumatic violence on individuals and communities These scholars often maintain that many survivors continue to hold the reality of traumatic violence within their bodies and minds so that it becomes part of them as they move through time In light of this claim Hess argues that Christian nonviolence must move beyond pacifism to directly address the problem of internalized violence In conversation with resources in Yoder's work as well as feminist theory and trauma studies she analyzes an often overlooked dimension of religious nonviolence the creation of communities in which traumatized persons can survive and flourish With its highly interdisciplinary character this book presents a fresh perspective on Christian nonviolence that not only challenges traditional views but also reclaims the centrality of nonviolence for contemporary Christian theology and practice Give Sorrow Words John H. Harvey, 2016-03-23 Throughout our lives we are influenced by the sensation of loss Whether implicit or obvious the impact of this sense of loss affects our daily thinking and behavior This new text provides a comprehensive introduction to the study of loss via exploration into three major types of loss loss of important relationships divorce or perhaps the dissolution of important relationships and friendships losses that damage who we are our self esteem loss of employment and losses resulting from victimization being the target of violence or prejudice loss of home in a natural disaster Students of sociology theology and family studies will find this text of key interest Moreover professionals in these fields including the fields of trauma and loss will appreciate the thorough literature review practical language clinical interventions and case highlights

Theory & Practice in Clinical Social Work Jerrold R. Brandell, 2010-02-16 Today's clinical social workers face a spectrum of social issues and problems of a scope and severity hardly imagined just a few years ago and an ever widening domain of responsibility to overcome them Theory and Practice in Clinical Social Work is the authoritative handbook for social work clinicians and graduate social work students that keeps pace with rapid social changes and presents carefully devised methods models and techniques for responding to the needs of an increasingly diverse clientele Following an overview of the principal frameworks for clinical practice including systems theory behavioral and cognitive theories psychoanalytic theory and neurobiological theory the book goes on to present the major social crises problems and new populations the social work clinician confronts each day Theory and Practice in Clinical Social Work includes 29 original chapters many with carefully crafted and detailed clinical illustrations by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations Collectively these leading authors have treated nearly every conceivable clinical population in virtually every practice context using a full array of treatment approaches and modalities Included in this volume are chapters on practice with adults and children clinical social work with adolescents family therapy and children's treatment groups other chapters focus on social work with communities affected by disasters and terrorism clinical case management cross cultural clinical practice psychopharmacology practice with older adults and mourning and loss The extraordinary breadth of coverage will make this book an essential source of information for students in advanced practice courses and practicing social workers alike **Cognition and Emotion** Michael J. Power, Tim Dalgleish, 1997 This text reviews the topics which fall under the umbrella of cognition and emotion Handbook of Workplace Violence Joseph J. Hurrell, 2006-01-24 This is a valuable resource for researchers and practitioners in the fields of Industrial and Organizational Psychology Human Resources Health Psychology Public Health and Employee Assistance Programs It is also an excellent textbook for graduate courses in Organizational Behavior Occupational Health Psychology and Organizational Psychology

Discovering the Religious Dimension of Trauma Caralie Cooke,2022-09-19 This book reads the Joseph novella alongside contemporary trauma novels in order to analyze the loss of the assumptive world of the writer and readers of the Joseph novella In turn it re thinks trauma theory in light of the religious understood as the belief in and relationship to a God who orders the universe Thus this book argues that when we read the Joseph novella alongside contemporary trauma novels we see a story written by people trying to reconstruct their assumptive world after the shattering of their old one highlighting the significance of the religious dimension in trauma theory Roots Matter Paula Owens Parker,2016-07-15 Roots Matter recognizes the impact of transgenerational trauma as a result of chattel slavery on the African American community It emphasizes the importance of discovering the silent stories those that were overlooked and ignored unearthing the secret stories those that were intentionally covered up and being attentive to the reverberations of the severed stories of slavery and how they influence family history and family members Interrupting the transference of generational trauma through

mourning forgiveness and prayers for healing accelerates the transference of generational resilience Through celebration and blessing the fortitude courage and determination in the family narrative moves current and future generations toward healing and wholeness Roots Matter prunes the family tree of trauma the silent secret and severed stories that stunt the growth of the family and tends to family roots fertilizing them with the recognition of the resilience achievements gifts and talents of the ancestors thus creating a healthier environment for future generations to flourish Vast as the Sea Samuel Hildebrandt, 2023-12-05 The poetry imagery speeches and emotions readers encounter in texts like Job Psalms and Jeremiah are abundant resources for articulating the painful experiences of the human condition. These compositions are sacred scripts that normalize and articulate the anxiety loneliness and despair that mark life on earth In Vast as the Sea Samuel Hildebrandt presents an accessible exegetical study of these scripts that demonstrates how the Bible's ancient poetry speaks today In conversation with current psychological research Hildebrandt's poetic analyses invite readers to discover the personal and expressive contours of the biblical text as well as its liberating and healing potential Vast as the Sea models an approach to the Old Testament that navigates a critical and creative balance between ancient contexts and contemporary life Hildebrandt joins these two worlds together by maintaining a conscious focus on poetic language By reflecting on individual words engaging selected metaphors and unpacking expressions and their underlying worldviews Vast as the Sea gifts to its readers a reservoir of language for putting the pain of being human into words The world woe and wonder of Old Testament poetry is a vast yet overlooked resource for readers who are left speechless by the tumults of life and who struggle to reconcile such experiences with their faith Promoting emotional literacy and wrestling with the tensions between confession and experience Vast as the Sea will become a long held treasured resource for scholars and everyday readers of the Bible as well as for practitioners in psychology and pastoral counseling Nationalism: (Mis)Understanding Donald Trumpís Capitalism, Racism, Global Politics, International Trade and Media Wars Mwanaka, Tendai Rinos, 2019-05-28 In Nationalism Mis Understanding Donald Trump's Capitalism Racism Global Politics International Trade and Media Wars Africa VS North America Vol 2 we have 10 essays 3 fiction pieces 51 poems 2 plays from leading and upcoming writers essayists academicians and poets from the two regions Africa and North America and their Diasporas in these among other countries USA Canada Sweden Zimbabwe South Africa Nigeria Ghana Botswana Kenya UK etc coming together to transact around issues to do with the nationalism espoused by Donald Trump Cornell dissects issues to do with blackness and racism using Fanon's theories Nyongesa deals with the Fetishism of Donald Trump's policies known colloquially as Trumpism Opicho calls it inoracy Donald Trump s statement Shit hole some essayists took to the personal narrative you would find in Mhondera and Kantey's essays yet Pravda used the middle ground between playwriting Filmmaking and the essay form Ofodile investigates the problematic issue of Boko Horam terrorism in North Nigeria Bearly looks at capitalism so does Koffi with his French Language essay which is also translated into English Ifeachor in his poem has praise for Donald Trump Hall

goes back to apartheid South Africa period and as a direct tangent Matshoba deals with Xenophobia in his letter written from the future Smith looks at the white supremacist demonstrations for or against Trump Thompson and Swanson encourage us to unfocus on Donald Trump and Thompson rightly blames us for allowing the likes of Donald Trump and the kind of Nationalism and Capitalism he stands for to grow Thus this collection of writings is rich robust and very interesting and will be invaluable to scholarship to do with Nationalism Capitalism Media freedoms Global Politics Racism and International Abingdon Old Testament Commentaries | Ezekiel Nancy R. Bowen, 2010 Explores Ezekiel a story of trauma holiness trade and survival Reconstruction and the Arc of Racial (in) Justice Julian Maxwell Hayter, George R. Goethals, 2018-01-26 This collection of original essays and commentary considers not merely how history has shaped the continuing struggle for racial equality but also how backlash and resistance to racial reforms continue to dictate the state of race in America Informed by a broad historical perspective this book focuses primarily on the promise of Reconstruction and the long demise of that promise It traces the history of struggles for racial justice from the post US Civil War Reconstruction through the Jim Crow era the Civil Rights and Voting Rights decades of the 1950s and 1960s to the present day Anxiety Disorders in Adults Vladan Starcevic, 2005 The title presents six types of adult anxiety disorders panic disorder with and without agoraphobia generalized anxiety disorder social anxiety disorder social phobia specific phobias obsessive compulsive disorder and posttraumatic stress disorder There is emphasis on the description and clinical features of all the disorders and The Language of Battered Women Carol L. Winkelmann, 2012-02-01 Winner of the 2005 Outstanding Book Award more presented by the Organization for the Study of Communication Language and Gender OSCLG This study of battered women living in a shelter offers a rhetorical analysis of survivors personal theologies Author Carol L Winkelmann holds that while it is virtually ignored in the domestic violence literature the Christian heritage of many battered women plays a significant if complicated role in their language thoughts and lives The women's religious faith serves not only to sustain them through periods of profound suffering but also to develop solidarity with other culturally different women in the shelter Designed to assist women to greater independence the shelter actually functions as a culture of surveillance where women turn to one another and to their faith to cope with the trauma of violence To heal the women engage in dialogue that is dense in religious imagery talking about the relationship of God and the church to suffering and evil At the same time these women also acknowledge that organized religion is very much involved in the maintenance of patriarchal marriage and its attendant abuses in their own lives Together battered women are sometimes able to construct creative theological responses to the problem of suffering and evil A mix of religious and secular languages compels them to devise new ways of thinking about their role in family church and society The Impact of Complex Trauma on Development Cheryl Arnold, Ralph Fisch, 2011-10-16 The Impact of Complex Trauma on Development describes what happens cognitively and emotionally behaviorally and relationally to people who are repeatedly traumatized in childhood Part One brings together trauma theory

with a number of theories of human development It directly addresses and describes developmental pathology and its origins Through powerful examples it conveys to the reader the pain and destruction caused by ongoing trauma abuse and continuous stress Part Two written from the perspective of a clinician who has worked extensively with traumatized children and adults is primarily directed to mental health professionals and graduate students. These chapters are devoted to describing how to recognize the pathological consequences of trauma and how to intervene and remediate these developmental deficits The overarching theory is psychoanalytically based and developmental but other treatment approaches are integrated into the therapy when they are developmentally and therapeutically appropriate The text raises important questions related to the development of the self its relationship to therapy and the diagnosis and treatment of complex trauma in children adolescents and adults Berkeley Journal of Religion and Theology, Vol. 3, No. 1 BJRT GTU, 2018 Berkeley Journal of Religion and Theology Vol 3 No 1 This is the regular issue journal Featuring 2016 Distinguished Faculty lecture the 2017 Surjit Singh Lecture and articles by Pravina Rodrigues Jennifer Fernandez and Jaesung Ryu Also featuring several book reviews Clinician's Guide to PTSD Steven Taylor, 2009-06-05 Grounded in current clinical and neurobiological research this book provides both an understanding of posttraumatic stress disorder PTSD and a guide to empirically supported treatment The author offers well documented practical recommendations for planning and implementing cognitive behavioral therapy with people who have experienced different types of trauma sexual assault combat serious accidents and more and shows how to use a case formulation approach to tailor interventions to the needs of each patient Coverage includes different conceptual models of PTSD approaches to integrating psychopharmacology into treatment and strategies for addressing frequently encountered comorbid conditions Illustrated with helpful case examples the book features over a dozen reproducible handouts and forms

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