THE REWARDS
AND STRUGGLES
OF TWO-CAREER
FAMILIES



LUCIA A. GILBERT, Ph. D.

Sharing It All The Rewards And Struggles Of Two Career Families

Stella Chess, Margaret E. Hertzig

Sharing It All The Rewards And Struggles Of Two Career Families:

Sharing it all Lucia Albino Gilbert, 2013-11-11 I realize more and more that to some degree psychologists study their own lives My first studies in the mid 1970s looked at the conflicts that emerge in dual career couples as the partners combine their various roles Ideas for the early studies initially came from con versations with clients friends and people I met trav eling Soon after the topic of dual careers came up dis cussions of guilt and frustration followed The partici pants in my first studies turned out to be predominantly women Men expressed little interest in participating A common response was Talk to my wife 7 8 PREFACE Ostensibly husbands saw their partners but not themselves as dealing with conflicting roles Although I presumed this to be somewhat true I knew from observing my own husband that my having a career had an immeasurable impact on him Were men denying something Were women overly sensitive Discussions with my husband which helped me to get a better grasp on what male partners might be feeling planted the seed for my subsequent book on men in dual career 1 families published in 1985 In gathering material for that book I was struck by the contrast with men s ear lier disinterest Husbands appeared eager to talk about their lives Their greatest concern what happens to the children became the focus of my last set of studies Why this book Sharing it all symbolizes the es sence of a two career marriage **Section of Psychological Research** Andrea Milinki, 2016-09-01 First Published in 2006 This book is designed for students who are learning how to evaluate published psychological research The 41 research articles in this collection provide the Women in Leadership and Work-Family Integration Volume Two Kerri stimulus material for such a course Cissna-Heath, Margaret J. Weber, 2016-08-17 Today women are assuming greater roles within the workplace and men are assuming greater roles within the home Both spheres have to be seen as a place where males and females are competent Gersick suggests that women have to let go of the traditional identities related to social role family and work Both men and women have to step into new identities and develop new roles Will the home look different and the workplace be a different environment Absolutely men will do their work in their way within the family and home while women will clarify their identity within the workplace Helgessen and Johnson 2010 describe the female vision which views the world differently than men Women also bring a unique perspective to the workplace This book encourages us to explore embrace and celebrate these new identities within the workplace and the family **Career Counseling for African Americans** W. Bruce Walsh, Rosie P. Bingham, Michael T. Brown, Connie M. Ward, Samuel H. Osipow, 2000-12-01 This book is the first edited volume devoted exclusively to career counseling with African Americans African Americans are now at parity with the graduation rates of White Americans yet disparities in employment continue to abound At the same time the job market is changing and in need of more highly qualified workers society must begin to understand the career and employment needs of Black Americans if it is to more effectively utilize this available market resource Recent data indicates that stronger economies have a competitive edge if they have a more diverse workforce More effective career counseling must be provided for African Americans so that

they can become more thoroughly integrated in the world of work thus creating stronger economies for society and more satisfying and challenging lives for this segment of the United States Career Counselors need to be trained to effectively interact with African Americans This volume begins to shed more light on just how to do that This book presents nine significant topics focusing on career counseling for African Americans basic issues and concepts career assessment career counseling with African Americans career counseling with dual career African American couples career transition issues affirmative career counseling with African American women career counseling in non traditional career fields the impact of the glass ceiling on the career development of African Americans and future directions in career counseling theory research and practice with African Americans Annual Progress in Child Psychiatry and Child Development, 1990 Stella Chess, Margaret E. Hertzig, 1990-12 Gender and Sex in Counseling and Psychotherapy Lucia Albino Gilbert, Murray Scher, 2009-09-01 Gender is still largely ignored as an active variable in counseling and is typically viewed as pertaining to women s issues or problems The field has leap frogged over gender perhaps because it is too complex perhaps because we resist change or perhaps because our gender socialization is sufficiently effective as is This book makes clear as to why gender must be considered in understanding the client's concerns the process of therapy and the counselor's role in the therapeutic interaction Effective therapy requires an understanding of gender theory and gender processes The approach taken in this book explains complex concepts in understandable terms provides summaries of pertinent research findings and applies theory and research about gender to client case examples Counseling Psychology Mark M. Leach, 2017-03-02 Since its beginnings after WWII Counseling Psychology has grown to become an applied specialty within psychology with unique areas of emphasis This book introduces readers to the field by presenting its history emphases trends and relationships to other areas within psychology followed by seminal articles that have significantly influenced counselors and researchers The volume is organized around the six general themes of history and professional development personal counseling career counseling cross cultural counseling counseling process and outcome and internationalizing Counseling Psychology In presenting articles representing these six themes that have defined counseling psychology readers are given an essential overview to the past the present and future directions of this applied specialty in psychology Faces of Women and Aging Ellen Cole, Esther D Rothblum, Nancy C Davis, 2014-06-03 Discover the diverse ways aging women attempt to deal with the universal challenges of loss sickness and death along with the problems of being old women in a society that values women mainly as sexual partners or producers of children Old women are often seen as poor powerless and pitiful in our sexist and youth oriented society The truth is that women age much more successfully than do men and they are increasingly in the majority as our population ages These truths and others are presented in Faces of Women and Aging a collection written by women a number of whom are themselves older women who bring their unique life experiences and personalities to the topic This uplifting book emphasizes that middle and old age are merely stages of growth and

development not just seasons of loss and decline as the end approaches A wealth of topics are covered in Faces of Women and Aging that broaden the reader's awareness of the problems of women and aging including how to maintain self esteem in the face of sexism ageism and severe illness the problems of being single or divorced in the later years the problems of maintaining a good body image for older women in a society which values the young and the beautiful the additional difficulties of minority women specifically lesbians and native American women increased dependency brought on by illness and loss of partners Faces of Women and Aging combines personal narratives that serve as reminders of the human beings behind statistics and case studies with theoretical observations which help therapists assist older women cope with the daily hardships as well as the more catastrophic problems of aging Counseling Across the Lifespan Cindy L Juntunen, Donald R Atkinson, 2002 Counseling Across the Lifespan expands the perimeters of counseling with its emphasis on preventive techniques for adjustment problems in the lifespan of a normal individual This cogent work focuses on counseling intervention strategies from the unique perspective of an individual s lifespan placing techniques in the proper development context By concentrating on life stages from childhood through old age the authors identify the nature and origin of various psychological issues such as self identity and healthy lifestyle development in adolescents family violence in young adults or retirement transitions for older adults The intervention tools needed to confront these issues are presented through succinct pedagogical features including case examples checklists for evaluating clients and exercises Women at the Top Diane F. Halpern, Fanny Cheung, 2011-09-07 Using case studies of top level women and research in the field Women at the Top breaks new ground and offers new insight into how women can create dually successful lives explores the work histories motivation leadership styles mentors and family backgrounds of a diverse assortment of top level women includes the case studies of the President of Old Navy Gap the Chairman of Deloitte and Touche the VP of IBM operations a Supreme Court Judge in China President of Legislative Council in Hong Kong several university presidents and more weighs the positive effects of multiple roles and positive and negative work life spill over discusses strategies for success e g scaling back juggling the need for social support and the importance of cultural context Two Careers, One Family Lucia Albino Gilbert, 1993-03-09 Can a woman and a man both of whom are career oriented achieve a loving and enduring relationship with children and also advance in their careers Why is it that women more often than men push for dual career marriages What personal and societal difficulties and obstacles do they face What special difficulties do men experience as a result of this phenomenon Taking us to the frontier of close relationships where traditional gender roles are being reevaluated in light of what is both functional and optimal for persons in dual career partnerships Two Careers One Family describes the current world of women and men trying to negotiate new realities at home and at work It offers a glimpse of the future and the potential that exists for creative restructuring of our concepts of gender The first part of this unusual and compelling volume describes the societal context of young adults today the second addresses in detail both expectations for and realities of dual career family

life In the final section the author makes predictions about the benefits of increased gender equity for same sex and heterosexual dual career couples and identifies continuing obstacles and sources of stress for partners in dual career families Stimulating informative and insightful this volume is especially helpful to students and professionals in close relationships gender studies family studies psychology communication counseling clinical psychology social work and sociology It is Lucia Albino Gilbert's recognition of the complexities of the dual career situation the interrelations between family work and society and the influence of theory on the very research questions being framed that make Two Careers One Family The Promise of Gender Equality more than a summary of current research data Although Gilbert's own research focuses on the family and career choices of young adults the book reaches far beyond that topic to place the dual career family into historical philosophical and societal contexts This brief but comprehensive book would be of interest to any scholar of gender or family issues whether in psychology sociology communications or women s studies Gilbert s readable style and useful chapter summaries also make it suitable as a supplementary text for advanced classes Contemporary Psychology The inclusion of a discussion of what trends in dual career families may mean for same sex couples is particularly noteworthy Family professionals students and interested lay people should all find this book valuable It is both well written and successful in providing a meaningful summary of what we currently know about dual career families Family Relations It wasn t until after my neighbor and I he s a nationally known constitutional lawyer got into a discussion of which detergents we preferred when doing the families laundries that I realized how profoundly some parts of society are changing We had often talked about feminist aspects of civil rights legislation but it was the laundry detergent discussion that did it Now Lucia Gilbert chronicles the changes we and our children face Gilbert's Two Careers One Family is a dramatic and graceful description of the emergence of the two career family form Gilbert covers it all theory and research history and future prospects female and male views and more During 93 the media will be preoccupied with the Hillary question but in the meantime change marches on Read Two Careers One Family to understand not just this year s media fuss but what s in store for close relationships in the coming years Milton D Hakel Bowling Green State University Ohio In this volume Gilbert describes and astutely analyzes the interplay between work and family in the lives of dual career couples She looks at this in terms of the past the present and the future as well as from the perspective of the individual the family the work organization and society as a whole I cannot think of anyone better qualified for this task than Lucia Gilbert Her analysis blends her experiences as a counseling psychologist with her skills as a researcher and scholar Her experiences as a counseling psychologist give the book a valuable richness and compassion for each individual s situation Her experience as a scholar one who has been a leader on this topic since the early 80s serves as a solid foundation on which Gilbert paints an up to date empirical portrait of dual career couples with rigor breadth and balance Gilbert's writing is well organized concise and lucid Sprinkled throughout the text are well selected excerpts from other sources cartoons and informative figures and tables

Combining sensitivity with rationality her writing epitomizes an androgynous style Daniel Perlman The University of British Columbia For psychologists personal relationships scholars women s or family studies experts already familiar with this body of knowledge Gilbert describes the conceptual shift in the focus of sociopsychological inquiry from sex as a biological difference to gender as a socially constructed difference She casts her analysis in terms of the new gender as socially constructed difference perspective emphasizing gender as an organizing feature of our lives and as a social process Daniel Perlman The University of British Columbia This book offers a wealth of information and understanding of gender issues The implications are mind boggling in terms of potential for relationship and power shifts between wives and husbands between women and men at home in the workplace in larger social spheres for shifts in child parent roles and relationships and for new parental role models It is rich in detail appealing in lucidity and compassion and delightfully entertaining in sprinkles of humor that sparkle and nip Earl Koile Professor Emeritus University of Texas at Austin I enjoyed reading this book By placing the dual career family literature firmly within a framework of gender dynamics it goes much further than just chronicling the problems faced by dual career spouses It also offers explanations and the vision of a way forward The tone is optimistic while in no way underestimating the hurdles to be overcome in the path to gender equality. The book also broadens the scope of the discussion to include same sex dual career relationships who have so long been overlooked by researchers studying work and family The author demonstrates that they too can benefit from the progress being made by heterosexual couples at home and at work The lifetime perspective on dual career relationships together with the book's accessible style and some delightful hard hitting cartoons should make in invaluable reading for anyone contemplating a dual career relationship as well as an academic readership Suzan Lewis Manchester Metropolitan University Lucia Gilbert's Two Careers One Family is a thorough and current discussion of today s two career families The book is energetic and insightful in its review of social science research on these families including the author's own research. The gender analysis is sophisticated. This book is important reading for those interested in the psychology of gender or the psychology of work and work family issues Janet Shibley Hyde Equal Partners - Good Friends Claire Rabin, 2002-09-11 Marriage as an equal Ph D University of Wisconsin partnership is the goal of amny couples in the western world today and yet equality is often limited by the ways that power and gender interact in the relationship leading to dissatisfaction and ultimately the break up of the marriage In Equal PArtners Good Friends Claire Rabin examines the connection between inequality in marriage and marital distress Drawing on extensive research and personal interviews in the UK USA and Israel she stresses the role of friendship in establishing a truly equal relationship Focusing on issues of gender sex roles and power she provides a new clinical treatment model for therapists working with couples which is much needed in today's climate of change **Working Women and Their Families** Jacqueline V. Lerner, 1994 With so many of today s mothers employed in the workforce this concise volume considers the impact that this dual role has both on the mothers themselves and their children The author examines the

complex issue of children's social emotional and intellectual development indicating the various factors which can influence child development including age sex temperament family wealth or poverty father's attitudes and the quality of child care

The Greater Generation Leonard Steinhorn, 2007-03-06 It s fashionable to mock Boomers as self involved and materialistic but what really is their true legacy To understand how the Boomers have changed America think back to the 1950s but without the nostalgia women were kept at home minorities were denied their dignity homosexuality was a crime and anyone who marched to a different drummer was labeled un American Today we live in a far more open inclusive tolerant and equal America That's because Baby Boomers fought a great cultural war to free America from its prejudices inequalities and fears This book tells the story of their accomplishments From publisher description **Dual-Earner Families** Suzan Lewis, Dafna Izraeli, Helen M Hootsmans, 1992-02-21 Addressing a significant gap in the literature to date this book focuses on dual earner families in the international context It brings together contributions from a range of countries and continents to examine the issues and developments for dual earner families located in different socio cultural political and economic systems In particular the book explores the ways in which dual earner couples in these different contexts are reconstructing gender and family roles to balance the demands of work and the family Male/female Roles Neal Bernards, Terry O'Neill, 1989 Various authors debate how sex roles were established and how men and women respond to Organizational Behavior II Richard Schwindt, 1995 changes in sex roles Includes critical thinking skills activities

<u>Family in Transition</u> Arlene S. Skolnick, Jerome H. Skolnick, 1994 Includes bibliographical references and index Liking, Loving and Relating Susan Hendrick, Clyde Hendrick, 1992

Male/female Roles, 1989

The Top Books of the Year Sharing It All The Rewards And Struggles Of Two Career Families The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the fascinating narratives that have captivated audiences this year. The Must-Read: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Sharing It All The Rewards And Struggles Of Two Career Families : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and gripping novel that will keep you speculating until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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Table of Contents Sharing It All The Rewards And Struggles Of Two Career Families

- 1. Understanding the eBook Sharing It All The Rewards And Struggles Of Two Career Families
 - The Rise of Digital Reading Sharing It All The Rewards And Struggles Of Two Career Families
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Sharing It All The Rewards And Struggles Of Two Career Families
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Sharing It All The Rewards And Struggles Of Two Career Families
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Sharing It All The Rewards And Struggles Of Two Career Families
 - Personalized Recommendations
 - Sharing It All The Rewards And Struggles Of Two Career Families User Reviews and Ratings
 - Sharing It All The Rewards And Struggles Of Two Career Families and Bestseller Lists
- 5. Accessing Sharing It All The Rewards And Struggles Of Two Career Families Free and Paid eBooks
 - Sharing It All The Rewards And Struggles Of Two Career Families Public Domain eBooks
 - Sharing It All The Rewards And Struggles Of Two Career Families eBook Subscription Services
 - Sharing It All The Rewards And Struggles Of Two Career Families Budget-Friendly Options
- 6. Navigating Sharing It All The Rewards And Struggles Of Two Career Families eBook Formats
 - o ePub, PDF, MOBI, and More
 - Sharing It All The Rewards And Struggles Of Two Career Families Compatibility with Devices
 - Sharing It All The Rewards And Struggles Of Two Career Families Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sharing It All The Rewards And Struggles Of Two Career Families
 - Highlighting and Note-Taking Sharing It All The Rewards And Struggles Of Two Career Families
 - Interactive Elements Sharing It All The Rewards And Struggles Of Two Career Families
- 8. Staying Engaged with Sharing It All The Rewards And Struggles Of Two Career Families

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Sharing It All The Rewards And Struggles Of Two Career Families
- 9. Balancing eBooks and Physical Books Sharing It All The Rewards And Struggles Of Two Career Families
 - Benefits of a Digital Library
 - o Creating a Diverse Reading Collection Sharing It All The Rewards And Struggles Of Two Career Families
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Sharing It All The Rewards And Struggles Of Two Career Families
 - Setting Reading Goals Sharing It All The Rewards And Struggles Of Two Career Families
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sharing It All The Rewards And Struggles Of Two Career Families
 - Fact-Checking eBook Content of Sharing It All The Rewards And Struggles Of Two Career Families
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - o Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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