

Nutritional Aspects Of Aging

Volume I

Edited by
Linda H. Chan



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Nutritional Aspects Of Aging

Cynthia Petrie Smith



Nutritional Aspects Of Aging:

NUTRITIONAL ASPECTS OF AGING Linda H. Chen, 1986-02-28 Nutrient metabolism requirements nutritional imbalances and deficiencies of nutrients and energy metabolism and obesity as a factor in the pathogenesis of diseases In volume II toxicological factors affecting nutritional status are discussed specifically medications and alcohol nutrient interactions Other topics are nutrition related diseases which occur more frequently among the elderly particularly cardiovascular diseases cancer diabetes mellitus osteoporosis periodontal diseases hypertension diverticular disease and anemias Graphs charts and references are included in each volume *Nutritional Aspects Of Aging* Linda H. Chen, 2018-01-18 In the first section of Volume 2 toxicological factors affecting nutritional status are discussed Medications and alcohol may affect nutritional status Section 2 provides a discussion of nutrition related diseases which occur more frequently among the elderly Cardiovascular diseases including coronary heart disease and cerebrovascular disease are the leading causes of death in the U S The relative importance of cardiovascular diseases in terms of all deaths for the given age group rises steadily with age The death rate from these diseases is 28% for the middle age group 35 to 44 and is 69% for the old age group age 75 and above This reflects the continued progression of arteriosclerosis with aging Cancer is the second leading cause of death in the U S The death rate from cancer also rises steadily with age The death rate from diabetes mellitus increases progressively with age and more rapidly after the age of 45 The incidence of diabetes mellitus is 0 23% under age 25 and 6 2% over 45 **Nutritional Aspects Of Aging** Linda H. Chen, 2018-01-18 The first section in Volume 1 describes the fundamentals of nutrition and aging which include research strategies for the study of nutrition and aging The nutritional modulation of the aging process which has provided a major breakthrough in the field of nutrition and longevity is also discussed These include biomedical influences and social and psychological aspects Section 3 includes dietary characteristics of the elderly population and methods for the assessment of nutritional status The nutritional status of the elderly with respect to individual nutrients as determined by dietary survey and by biochemical methods is described in Section 4 Section 4 also includes discussion on nutrient metabolism requirements nutritional imbalances and deficiencies of nutrients Energy metabolism and obesity as a factor in pathogenesis of diseases are also discussed *Library of Congress Subject Headings* Library of Congress. Cataloging Policy and Support Office, 2005 **Nutrition for the Older Adult** Melissa Bernstein, Ann Luggen, 2010 Nutrition for the Older Adult is a clear comprehensive text that introduces students to nutrition and health promotion for older adults Covering such important topics as the physiological changes of aging weight and nutrition problems in older adults nutritional assessment and support for the elderly and diet and cultural diversity as well as exercise prescriptions for older adults this text is an essential resource for students in the fields of nutrition nursing and gerontology Library of Congress Subject Headings Library of Congress, Library of Congress. Office for Subject Cataloging Policy, 2006 Library of Congress Subject Headings: F-O Library of Congress. Subject Cataloging Division, 1989

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