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Guide to

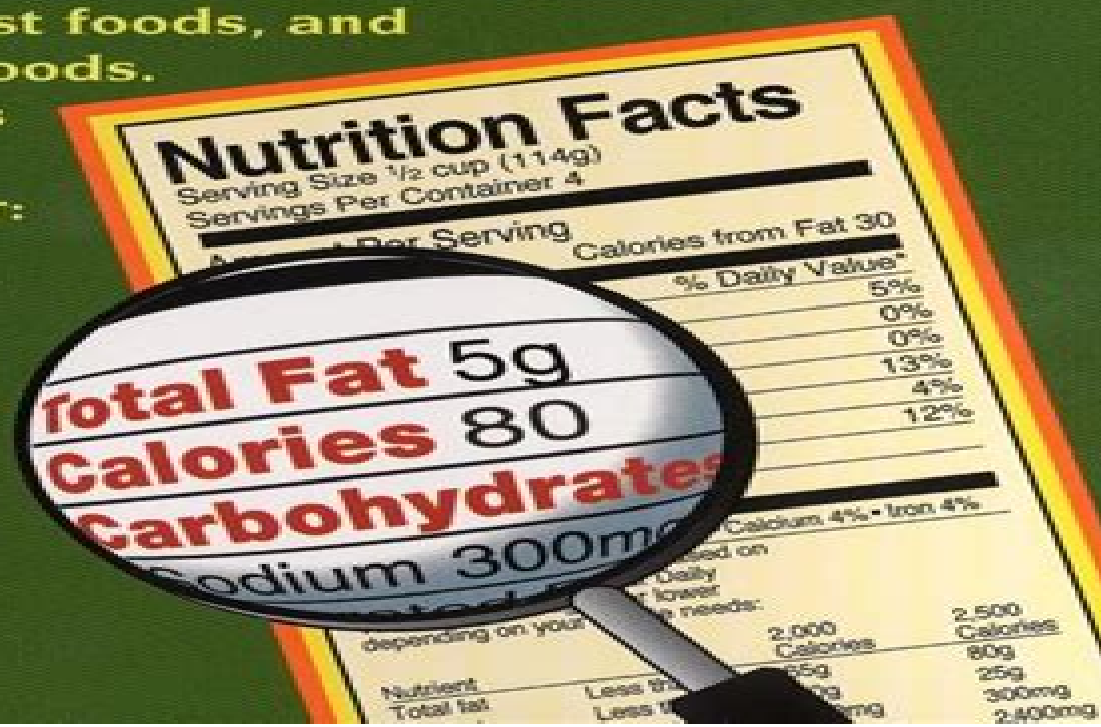
Completely  
Revised and  
Updated

# Carbohydrates, Calories & Fat

Entries for more than 40,000 food products,  
including brand-name and generic foods,  
specialty foods, fast foods, and  
chain-restaurant foods.

Compare products  
accurately, with  
content listings for:

- Carbohydrates
- Calories
- Fat



# Nutribase Guide To Carbohydrates Calories And Fat In Your Food

**J Spring**



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