

Massage for Lovers

Simple, Sensuous Techniques for Enhancing Sexual Pleasure

Massage for Lovers opens the door on a whole new world of physical delights. Written by leading therapist Nitya Lacroix, the book presents a unique series of routines aimed at soothing away the stresses and strains of everyday life and helping you and your partner to realize your potential as sensual beings.

Illustrated with over 100 specially commissioned photographs, *Massage for Lovers* reveals precisely how to bring pleasure to your partner through the versatile language of touch.

Massage for Lovers includes:

- Basic massage strokes
- Techniques for combating stress and sexual tension, those twin "killers" of joy and desire
- Simple routines focusing on the body's

Lovers Guide To Massage

Sasha Craig-taylor, Vtct C. Craig-Taylor

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Sensual Massage Susan Mumford, 2002-04-01 *Lovers Guide to Massage* Ramboro Books, 1997-09 A Lover's Guide to Massage Roger Hicks, Victoria Day, 1996 Easy to follow routines for every area of the body includes a head to toe illustrated sequence of a whole body massage and gives full instructions for all basic techniques Sensual Massage Susan Mumford, 1999-01-31 *Pet Lover's Guide to Natural Healing for Cats and Dogs* Barbara Fougere, 2005-08-30 Part of the Pet Lover s Guide series this volume presents detailed information on alternative therapies for both dogs and cats Written in a clear simple manner the book is divided into three main parts Part 1 on diet and natural therapies addresses the importance of diet for pets and discusses the pros and cons of both commercially available and homemade diets It also covers the basic explanations of the various alternative therapies widely used by holistic veterinarians and readily available to pet owners e g supplements and herbs acupuncture homeopathy chiropractic and other manual healing Part 2 makes recommendations for specific health conditions such as skin problems or digestive tract problems and describes how various alternative therapies are used alone or in combination with allopathic therapies to treat or relieve the condition Finally Part 3 offers an overview of health maintenance and preventive health and includes information about vaccinations flea and tick control weight control and caring for the aging pet Full color line art and photographs illustrate various plants and herbs and also techniques such as manual therapies massage and other hands on healing techniques in a user friendly and easily identifiable manner Special boxes labeled Where We Stand present the author s strong opinions on specific sometimes

controversial issues in a highlighted easy to find format Key terms are highlighted making them easy to locate and reference these terms are also included in the glossary with clear simple definitions Important information is bulleted and placed in a shaded box bringing the main points to the reader's attention in a quick and useful way Clear readability makes information easily accessible to pet owners helping them to better understand natural therapies and their uses in treating pets It also enables veterinarians to carry the book in their practices and recommend it to clients Written by established recognized veterinarians this book is a reliable source for veterinary professionals

The Sensual Touch Susan Mumford,1994

Lovers' Guide to Sensual Massage Virginia Comfrey,1994-07-01

The Pet Lover's Guide to Canine Arthritis & Joint Problems Kurt Schulz,2006-01-01 Covering the most common joint disease in dogs including osteoarthritis this handbook explains treatment options including nutrition and weight management exercise physical therapy medications and other supplements surgical interventions and alternative therapies acupuncture chiropractic and herbal medicine

Lover's Guide to Japan Boye Lafayette De Mente,1989 Whether you're a newcomer to Japan or an old hand at romance in the Land of the Rising Sun this guide can be your ticket to after hours fun Where to go what to do what to say it's all here Lover's Guide to Japan gives you instant access to all the sensual mysteries of Japan and the Japanese Once this book shows you what goes on behind those sliding screens you may never want to leave

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A Woman's Guide to Overcoming Sexual Fear and Pain Aurelie Jones Goodwin,Marc E. Agronin,1997 This gentle guide uses clinical examples and women's personal accounts to chart a course to sexual enrichment Through exercises and suggestions for specific disorders readers understand their own sexuality 10 illustrations Charts

The Backyard Bird-Lover's Guide Jan Mahnken,1996-01-08 Provides advice on feeding and housing birds and offers detailed information on such types of birds as water birds thrushes swallows tanagers cardinals towhees sparrows and finches

Today's Black Woman ,1997

Bowker's Complete Video Directory ,2000

New Guide to Massage Carole McGilvery,Jimi Reed,1996 A guide to massage techniques for health relaxation and vitality

Romantic Massage Sasha Craig-taylor,Vtct C. Craig-Taylor,2012-08-01 Romantic Massage gives detailed massage routines complete with 179 full colour photographs and diagrams specifically for couples who wish to improve their relationship as well as their health Guidance is given as to which oils to use what strokes to use and their benefits and how massage can improve muscle and skin tone

The Complete Guide to Massage Carole McGilvery,Jimi Reed,2002 A good massage is as enjoyable to give as to receive and with the right guidance and a little practice everyone is capable of giving a wonderful therapeutic and pleasurable massage themselves

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