

**LOWER BLOOD PRESSURE**

POTENTIALS UNLIMITED™

# **SUBLIMINAL PERSUASION™ SELF-HYPNOSIS CASSETTE TAPE**

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WITH SPECIALLY  
COMPOSED  
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## **SUBLIMINAL LOWER BLOOD PRESSURE**

Ten to fifteen percent of all Americans have high blood pressure. While attending a hypnosis convention, I witnessed a demonstration using hypnosis for the treatment of this disorder. After the workshop, a doctor asked me to produce a tape that would teach self-hypnosis and gear the results to lowering blood pressure. He wanted the tape for both himself and his patients. If you or someone you know has high blood pressure, consider this tape.

**SIDE TWO: SELF-HYPNOSIS VERSION**

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# Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape

**J Elliott**



## **Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape:**

**Connecting Link** ,1994      **Ninety Important Things You Must Know to Successfully Survive the 90's** Marshall B. Stearn,1992-03      *Psychology and Life* Philip G. Zimbardo,1992      **Words on Cassette** ,1999      **New Woman** ,1988  
**New Age Journal** ,1984      **Quill & Quire** ,1986      *Words on Cassette* , 1999 Bowker Editorial Staff,Staff Bowker R R,Bowker,1999-02      Healing from the Heart Mehmet C. Oz M.D.,Ron Arias,1999-10-01 Dr Mehmet Oz celebrated heart surgeon and co founder of the Complementary Care Center at New York s Columbia Presbyterian Hospital is spearheading the health care revolution that is yielding powerful new healing tools that will forever change the way we think of medicine In this ground breaking book he describes his pioneering work combining cutting edge Western medicine with such Eastern techniques as acupuncture and chi gong as well as such controversial therapies as hypnosis music massage reflexology aromatherapy and energy healing The inspiring and affecting stories of his patients are the heart of this book from the extraordinary discipline of Frank Torre who used his professional sports training to psych himself into healing after heart transplant surgery to the impossible recovery of blues great Johnny Copeland who was roused from a seemingly impenetrable coma through the force of his own music In recounting his patients experiences Dr Oz forges a blueprint for the radical new medicine of the next millennium drawing on the best from Eastern and Western therapies and empowering patients to become partners with doctors in promoting their own recovery      **Directory of Spoken-word Audio Cassettes** ,1983  
On Cassette ,1990      **Schwann** ,1989      **Ice Cube Sex** Jack Haberstroh,1994 A veteran university educator researcher and advertising practitioner thoroughly explores the subject of subliminal persuasion its history legality effectiveness and even its very existence      *MacUser* ,1988-04      *Popular Science* ,1991-03 Popular Science gives our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it better      The Video Source Book David J. WEINER,1990      **Obesity & Bariatric Medicine** ,1983      **Popular Mechanics** ,1989      **Omni** ,1982-04      *Popular Science* ,1991

This book delves into Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape. Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape
    - Chapter 2: Essential Elements of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape
    - Chapter 3: Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape in Everyday Life
    - Chapter 4: Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, the author will provide an overview of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape. The first chapter will explore what Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape is, why Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape is vital, and how to effectively learn about Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape.
  3. In chapter 2, the author will delve into the foundational concepts of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape. This chapter will elucidate the essential principles that must be understood to grasp Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape in its entirety.
  4. In chapter 3, the author will examine the practical applications of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape in daily life. The third chapter will showcase real-world examples of how Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape in specific contexts. This chapter will explore how Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, this book will draw a conclusion about Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape.

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## **Lower Blood Pressure A Subliminal Persuasion Self Hypnosis Tape Introduction**

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