



# Nursing the Spirit

CARE,  
PUBLIC LIFE,  
AND THE  
DIGNITY OF  
VULNERABLE  
STRANGERS

Don Grant

# Nursing The Spirit

**Verna Benner Carson**



## **Nursing The Spirit:**

**Nursing the Spirit** Don Grant, 2023-05-23 Illness and death have always raised profound spiritual concerns However today most people experience suffering and treatment in hospitals and other impersonal bureaucratic facilities whose employees are expected to follow scientific rationalized norms of behavior How do professional caregivers the nurses and other workers who tend to patients navigate between science and spirituality Don Grant investigates the subtle ways that nurses at an academic medical center incorporate spirituality into their care work Based on extensive fieldwork and an in depth survey on spirituality this book finds that many nurses see themselves as responsible for not only patients physical health but also their spiritual well being They believe they are able to reconcile science and spirituality through storytelling and claim that they can provide more spiritual care than chaplains However nurses rarely talk about religion among themselves because they are concerned that their colleagues are uncomfortable discussing spirituality Nevertheless by seeking to honor patients ultimate worth as human beings many nurses are able to instantiate spiritual values of care Grant interweaves his experiences as a hospital volunteer chaplain and a living liver transplant donor with empirical analyses of nurses spiritual work Developing a new understanding of the social significance of religion **Nursing the Spirit** recasts the intersection of science and spirituality by centering the perspectives of the people who provide care **Nursing the Spirit** Dorothy L. Wilt, Carol J. Smucker, 2001 Looking at spirituality broadly this book offers practical advice to nurses on how to give spiritual care to patients It is written in inclusive language to help nurses of all faiths address the spiritual needs of patients who may be from different belief systems and cultures Case stories gathered from nurses from all types of practice settings around the country demonstrate the variety of ways of supporting patients spiritually Wilt is a nurse psychotherapist and a licensed marriage and family therapist in private practice Annotation copyrighted by Book News Inc Portland OR

**Spirituality in Nursing** Mary Elizabeth O'Brien, 2014 *Spirituality in Nursing Standing on Holy Ground* Fifth Edition explores the relationship between spirituality and the practice of nursing from a variety of perspectives including Nursing assessment of patients spiritual needs The nurse's role in the provision of spiritual care The spiritual nature of the nurse patient relationship The spiritual history of the nursing profession Contemporary interest in spirituality within the nursing profession This Fifth Edition includes a new chapter titled Prayer in Nursing which includes information on topics such as the history of prayer in nursing finding time for prayer in nursing prayer and nursing practice and the ethics of praying with patients A second new chapter titled The Spirituality of Caring A Sacred Covenant Model of Caring for Nursing Practice explores the history of spirituality in nurse caregiving and spiritual concepts in nursing theories of caring A concept analysis of nurses caring as a sacred covenant includes the Sacred Covenant Model of Caring for Nursing Practice a model for clinical practice developed by the author *Spirituality in Nursing Practice* Doreen, A. Westera, 2016-11-14 Delivers a wealth of practical information for fulfilling the spiritual needs of all patients and their families Written as a practical resource to teach

nurses and nursing students this text explores how to best address spiritual assessment and care Spirituality the search for meaning in life and connection to others remains relevant to all patient interactions and an essential component for nurses to integrate into their everyday practice Using a multicultural and client centered approach chapters explore the concept of spirituality and its relationship with religion and health to directly place spirituality in a nursing context Reflection questions interspersed throughout encourage the reader to analyze their own experiences with spirituality within both professional and personal contexts and affirm how a nurse s own spirituality can influence her or his practice Practical exercises illustrate the importance of spirituality in nursing and provide tools and means to incorporate spirituality into clinical practice Chapters use a flexible approach that can be adapted to a variety of contexts in nursing education and practice throughout North America and beyond applicable for self study traditional courses and on line programs They contain a wealth of pedagogical features including case studies discussion questions a comprehensive bibliography and an extensive Instructor s Manual that provides additional direction for discussion and testing Thirteen videos developed by the author and available online provide the perspectives of nursing and health care professionals clients and families to illustrate the main points of the text Key Features Delivers a wealth of practical tools for incorporating spirituality into nursing Useful for self study on campus courses and online programs Contains a variety of pedagogical features including consistent format discussion questions reflective exercises case studies Instructors Manual Applicable to nursing education and practice in North American and beyond Promotes holistic nursing practice

**Spirituality in Nursing: Standing on Holy Ground** Mary Elizabeth O'Brien,2007-04-26 [Spirituality in Nursing](#) Mary O'Brien,2010-10-25 This book explores the relationship between spirituality and the practice of nursing providing students and professionals with invaluable insights from a variety of perspectives Although an effort has been made to include examples of patient needs supported by both data and literature relative to other religious afiliations the overall orientation of the work is derived primarily from the Judeo Christian tradition

Preface **Spiritual Care in Everyday Nursing Practice** Janice Clarke,2013-05-31 As changes in technology policy and management put an increasing emphasis on processes and procedures in nursing and health care how do we continue to make room for compassion the ancient human value that calls most nurses to the profession In Spiritual Care in Everyday Nursing Practice Janice Clarke argues that it is compassionate care of the whole person body and soul which is at the heart of nursing practice that values the individual and respects their dignity Rather than seeing spiritual care as an addition to what nurses already do this new approach considers it a natural part of compassionate care which doesn t present the nurse with an extra ambiguous burden to deal with Providing a brief historical introduction to the concept of spirituality Clarke examines the ways in which our spiritual life a source of strength and meaning can be influenced by factors such as age illness and suffering and mental illness as well as our religious beliefs Providing a practical guide to talking about and working with spirituality she explores how nurses might imbue all their practice including the physical aspects of care from

use of touch to helping patients to move bathe and eat with an attention to spiritual needs A timely accessible and practical introduction to a concept that is under explored in contemporary nursing literature this book will be of great value to students and professionals alike      Spiritual Care in Nursing Practice Kristen L. Mauk,Nola A. Schmidt,2004 Focusing on spirituality as an inherent component of effective nursing care this text presents an unbiased view of the nature of human spirituality apart from religion The text offers a unique interdisciplinary and inter religious perspective representing a range of Eastern and Western religious traditions while addressing lifespan considerations and belief systems within the nursing process framework Readable interactive chapters apply the content clinically and highlight timely research on spirituality and health Each chapter includes case studies critical thinking questions and personal reflection questions Website references are also included      *Nursing as a Spiritual Practice* Janet A. Macrae, PhD, RN,2001-04-10 Florence Nightingale is widely regarded as the founder of modern nursing What is less well known is that she also had well developed ideas about the spiritual aspects of nursing care Her views draw from both Eastern and Western spiritual traditions and have a startling relevance to nursing practice today Janet Macrae both a Nightingale scholar and a nationally recognized expert on therapeutic touch outlines Nightingale s ideas on spirituality in this book and discusses how a variety of techniques can be used to implement a more spiritual and humane form of nursing care The techniques which include yoga meditation and relaxation exercises can be used by both nurses and patients      Nursing as Ministry Kristen L. Mauk,Mary Hobus,2019-10-01 Designed to be a student friendly textbook for faith based schools this first edition text focuses on nursing as ministry not just spiritual care      *Making Sense of Spirituality in Nursing and Health Care Practice* Wilfred McSherry,2006 This new edition of an established introductory guide to spirituality and health care practice draws extensively on case studies illustrating the application of theory to practice It encourages the exploration through reflective activities of what spirituality means both to patients and to the healthcare professionals caring for them      **A Sacred Covenant** Mary Elizabeth O'Brien,2008 A Sacred Covenant The Spiritual Ministry of Nursing focuses on the nurse s personal spiritual needs Grounded in biblical passages taken from both Old and New Testament scripture it provides a broad spiritual foundation Each chapter begins with a scripturally oriented nursing meditation and ends with a biblically themed nurse s prayer Anecdotes from practicing nurses are woven throughout each chapter to illustrate the spiritual themes      **Spiritual Assessment in Healthcare Practice** Professor Wilfred McSherry,Dr Linda Ross,2010 There has been a groundswell of interest in and recognition of the importance the spiritual part of a person s life has to play in coping with recovery from illness as well as in the attainment and maintenance of health wellbeing and quality of life Addressing the spiritual part of life is now a key part of the health care professional s job but this raises the question of how this part of life can be assessed and catered for and how health care professionals might be equipped for this task Wilf McSherry and Linda Ross s new edited text tackles this very issue with contributors from different disciplines including nursing medicine theology and chaplaincy

and countries UK USA Malta offering their own perspectives on this important part of care Each chapter therefore has its own unique style but is concerned with one outcome to see spiritual assessment and care as an integral part of holistic care whatever the setting Contents include Introduction Linda Ross Wilfred McSherry Why the increasing interest in spirituality within healthcare Linda Ross The meanings of spirituality a multi perspectival approach to the spiritual John Swinton Recognising spiritual needs Aru Narayanasamy Spiritual Assessment definition categorisation and features Wilfred McSherry The spiritual history an essential element of patient centred care Christina Puchalski Indicator based and value clarification tools Donia Baldacchino Assessing and improving the quality of spiritual care Mark Cobb Dilemmas of spiritual assessment Chris Johnson Considerations for the future of Spiritual Assessment Linda Ross and Wilf McSherry Spiritual Care in Everyday Nursing Practice Janice Clarke,2013-05-31 As changes in technology policy and management put an increasing emphasis on processes and procedures in nursing and health care how do we continue to make room for compassion the ancient human value that calls most nurses to the profession In Spiritual Care in Everyday Nursing Practice Janice Clarke argues that it is compassionate care of the whole person body and soul which is at the heart of nursing practice that values the individual and respects their dignity Rather than seeing spiritual care as an addition to what nurses already do this new approach considers it a natural part of compassionate care which doesn't present the nurse with an extra ambiguous burden to deal with Providing a brief historical introduction to the concept of spirituality Clarke examines the ways in which our spiritual life a source of strength and meaning can be influenced by factors such as age illness and suffering and mental illness as well as our religious beliefs Providing a practical guide to talking about and working with spirituality she explores how nurses might imbue all their practice including the physical aspects of care from use of touch to helping patients to move bathe and eat with an attention to spiritual needs A timely accessible and practical introduction to a concept that is under explored in contemporary nursing literature this book will be of great value to students and professionals alike

**The American Journal of Nursing** ,1917 A Nurse's Handbook of Spiritual Care Mary Elizabeth O'Brien,2004 Provides guidance for the spiritual care of all patients with varying ailments Spiritual Dimensions of Nursing Practice Verna Benner Carson,1989 This unique book discusses the spiritual aspects of nursing care addressing the needs of both nurse and patient It emphasizes the universality of spirituality and is appropriate for nurses and patients of many religious faiths The developmental stages of spirituality how to provide spiritual care in acute and chronic situations Western and Eastern spiritual beliefs and burnout as a spiritual issue are just a few of the topics discussed **Spirituality in Nursing** Mary Elizabeth O'Brien,2017-03-03 Spirituality in Nursing Standing On Holy Ground Sixth Edition explores the relationship between spirituality and the practice of nursing **Spiritual Care** Sharon Fish,Judith Allen Shelly,1978 Spiritual Dimensions of Advanced Practice Nursing Melanie Rogers,2021-10-15 This book recognises the challenges associated with the concept of spirituality An awareness of this concept is integral to the provision of person centred holistic care However

APNs ability to provide spiritual care is often impeded by time pressures and the prioritisation of clinical tasks Confusion about the meaning of spirituality and its relationship to religion compound the challenges involved in providing spiritual care leaving APNs feeling ill equipped to address this area of care Indeed many APNs view spirituality as synonymous with religion This book provides clarity with the assumption that spirituality is innate to all of our patients and is related to what gives them hope meaning and purpose Fundamentally it is about being human APNs ability to practice with kindness compassion and empathy will naturally resonate with spiritually competent practice It begins with an outline of the definitions of spirituality in addition to the concept of spiritually competent practice An emphasis on the importance of personal development follows Case studies from countries across the globe illustrate the benefit of integrating spirituality and provide evidence of the importance and relevance of integrating spirituality into practice These include discussion and presentations of the related concepts of availability and vulnerability which will give APNs more confidence and competence to integrate spirituality into practice This book is relevant for APNs students educators and researchers

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