

Nutrition Transition

**Environmental /
Policy**
Food environment

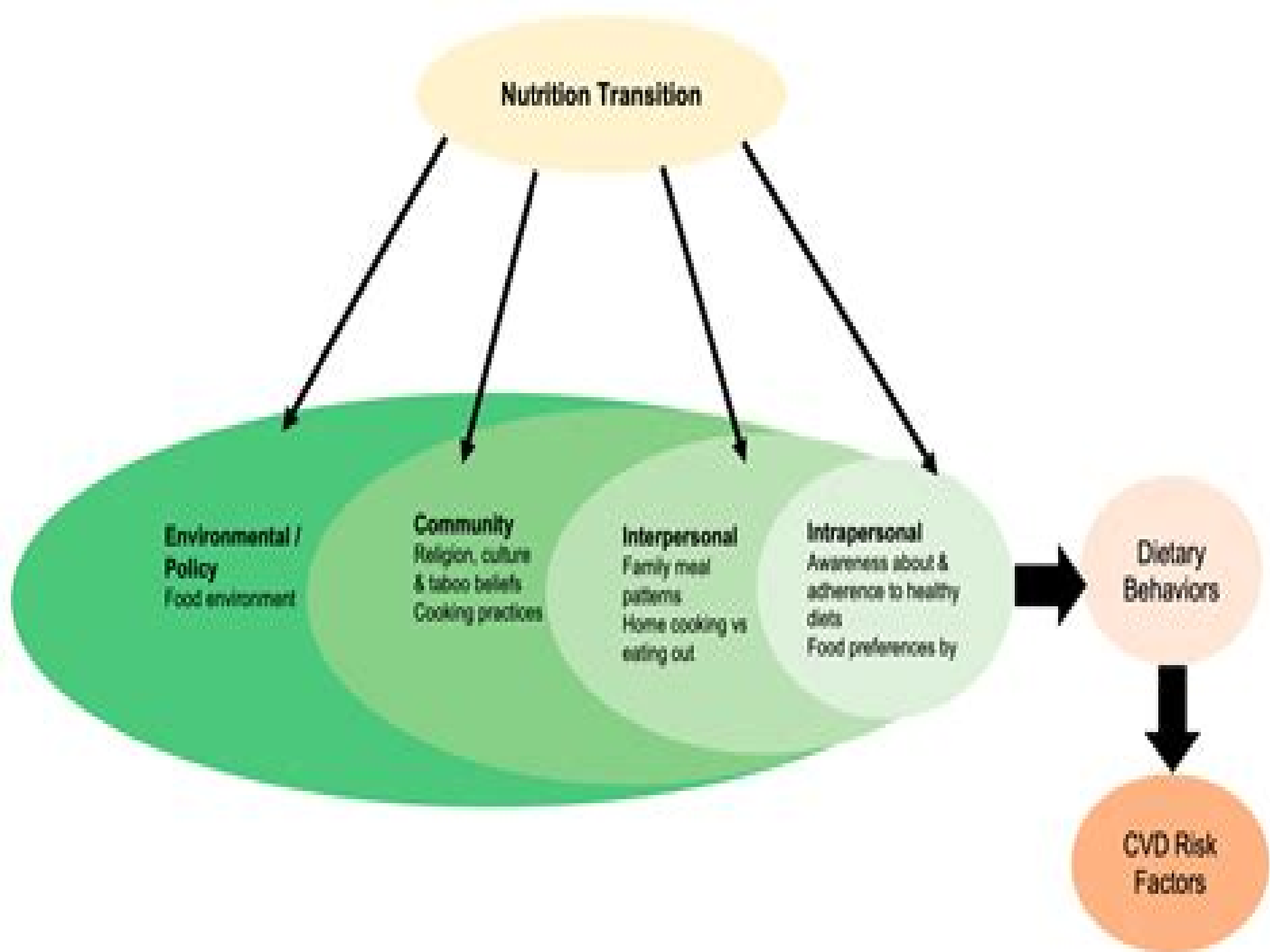
Community
Religion, culture
& taboo beliefs
Cooking practices

Interpersonal
Family meal
patterns
Home cooking vs
eating out

Intrapersonal
Awareness about &
adherence to healthy
diets
Food preferences by

**Dietary
Behaviors**

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Factors**



Nutrition Policy In Transition

Shasha Hu



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