

Alcohol Calories and Units

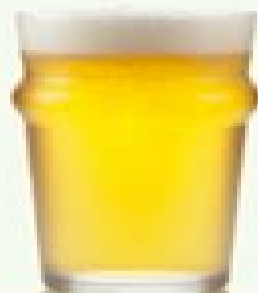


Spirits 40%
1 shot (25ml)
61 calories
1 unit

Alcopop 4%
1 bottle
(275ml)
171 calories
1.1 units



Cider 4.5%
1 pint
210 calories
2.6 units



Beer 4%
1 pint
180 calories
2.3 units



Double Gin & Tonic
1 glass
153 calories
2 units

Wine 13%
1 large glass
(250ml)
228 calories
3.3 units



Double Vodka & Coke
1 glass
168 calories
2 units

Nutrition And Alcohol

RC Schank



Nutrition And Alcohol:

Decoding **Nutrition And Alcohol**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Nutrition And Alcohol**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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