

# Nursing Theories List

Nursing theories list serves as a reference tool for nurses, educators, researchers, and students to explore and understand the foundational concepts and perspectives that shape the nursing profession.

## Grand theories

| Nursing theory                              | Founder/ Developer | Year developed | Main concepts/Principles                                                                                                                                                                                                                                                           |
|---------------------------------------------|--------------------|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Theory of human caring                      | Jean Watson        | 1979           | Emphasizes the importance of the nurse-patient relationship and caring as central to nursing practice. Focuses on promoting healing through authentic presence, compassionate care, and therapeutic touch.                                                                         |
| Theory of health as expanding consciousness | Margaret A. Newman | 1970s          | Explores the concept of health as a process of expanding consciousness, transcending illness to achieve higher levels of awareness and well-being. Emphasizes the interconnectedness of mind, body, and spirit in the healing process and the importance of holistic nursing care. |
| Behavioral system model                     | Dorothy E. Johnson | 1959           | Views individuals as behavioral systems, seeking balance and equilibrium. Emphasizes nursing interventions aimed at helping individuals maintain stability in their biological, psychological, and social domains.                                                                 |

## Middle-range theories

| Nursing theory            | Founder/ Developer | Year developed | Main concepts/Principles                                                                                                                                                                                                                        |
|---------------------------|--------------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Theory of comfort         | Katherine Kolcaba  | 1990s          | Its primary objective is to provide clients with comfort, aiming to initiate three stages of comfort: relief, ease, and transcendence.                                                                                                          |
| Self-care deficit theory  | Dorothea Orem      | 1950s to 2001  | Centers on the concept that patients desire to care for themselves but may require assistance. Nurses empower patients to perform self-care activities independently, gradually transitioning them towards increased autonomy as they progress. |
| Theory of goal attainment | Imogene M. King    | 1960s          | Focuses on the nurse-patient relationship and the mutual goal-setting process to achieve optimal health outcomes. Emphasizes the importance of communication, interaction, and goal clarity in facilitating goal attainment.                    |

# Nursing Theories And Quality Of Care

**Janet W. Kenney**



## **Nursing Theories And Quality Of Care:**

*Nursing Theories and Quality of Care* Hugh P. McKenna, 1994 Each nursing model incorporates specific views on four value laden components nursing person health environment In part two of the study an action research approach was used to implement the Human Needs Model HNM on a long stay psychiatry ward Within a broader quasi experimental design selected quality of care indicators were appraised before and after the implementation of the model These dependent variables were also monitored on a control ward Data were collected on both wards at one pretest and two posttest points using a triangulation of mostly quantitative research methods The research instruments Delphi Technique used emanated from the literature and the field work lasted nearly nine months

*Nursing Theories and Models* Hugh McKenna, 2006-09-07 Nursing theory is a major part of all nursing courses and nurses are encouraged to use theories in practice but it is not always easy for the student to make a real connection between the two Drawing on many years experience of teaching and research Hugh McKenna addresses the theory needs of both students and qualified staff He demystifies the confusing terminology associated with nursing theory and shows how all nurses can build theory from practice through reflection and analysis This text offers step by step guidelines on how to analyse concepts how to generate and select theory how to apply and test theory in practice Written in a friendly easy to read style *Nursing Theories and Models* puts forward realistic strategies for bridging the theory practice gap

*Tabbner's Nursing Care* Gabby Koutoukidis, Rita Funnell, Karen Lawrence, Jodie Hughson, Kate Stainton, 2009 Tabbner's Nursing Care Theory and Practice is the only Australian and New Zealand textbook written specifically for the enrolled nurse student The new 5th edition of this best selling text has been fully revised and updated throughout to reflect the content of the new National Curriculum Unit 1 The evolution of nursing Unit 2 The health care environment Unit 3 Cultural diversity and nursing practice Unit 4 Promoting psychosocial health in nursing practice Unit 5 Nursing individuals throughout the lifespan Unit 6 The nursing process Unit 7 Assessing health Unit 8 Important component of nursing care Unit 9 Health promotion and nursing care of the individual Appendices Provided by publisher

*Fundamentals of Nursing Models, Theories and Practice* Hugh A. McKenna, Majda Pajnkihar, Dominika Vrbnjak, 2025-06-16 Introduces different nursing theories and their relevance to everyday nursing practice Nursing theory and nursing models are key elements of any modern nursing course Understanding both the conceptual and practical aspects of nursing is vital to assessing planning and implementing consistent and seamless patient care *Fundamentals of Nursing Models Theories and Practice* is a concise easily accessible introduction to the development application and evaluation of various nursing theories This highly anticipated new edition guides readers through each step of a theory generating journey from identifying phenomena in clinical practice to forming concepts and propositions to constructing a new theory Incorporating the most recent research and up to date references throughout the third edition covers a broader range of nursing theories to guide and improve patient care Examines the relationship between nursing

theory clinical practice and nursing roles Discusses 12 different criteria that readers can use to select the appropriate theory Outlines the different ways that nurses learn and impart knowledge Describes various methodological approaches used by researchers to generate or test nursing theory Demonstrates how the validity of a theory is determined through rigorous and systematic analysis and evaluation Fundamentals of Nursing Models Theories and Practice is a must have book for all pre registration nursing students and newly qualified nurses *Theoretical Nursing* Afaf Ibrahim Meleis,2007 This text guides you through the evolution of nursing s theoretical foundations and examines the ways in which these principles influence the practice of the discipline Jacket *Quality Caring in Nursing* Joanne Duffy,2008-12-15 Winner of an AJN Book of the Year Award for 2009 This book offers a coherent theoretical and research guided framework for quality nursing caring in practice education and leadership a foundational timeless yet transformative framework of substance Jean Watson PhD RN AHN BC FAAN College of Nursing University of Colorado Denver Dedicated time spent with patients and families in clinical settings is often limited rushed and impersonal How can nurses develop more positive caring relationships with their patients and help to improve the quality of patient care at large This book addresses this critical question by presenting Joanne R Duffy s Quality Caring Model the result of 35 years of clinical experience and educational acumen This values based model will bring caring back into the foreground of nursing practice by providing revised curricula for educational programs and outlining the core caring principles for nurse administrators Key Features Establishes Relationship Centered Caring with discussions on how to care for the self patients and families each other and communities Offers multiple case examples and includes reflective questions and applications for use in educational programs workshops conferences and clinical practice Demonstrates how the Quality Caring Model can be implemented in clinical practice nursing education research and nursing leadership settings Includes appendices that discuss how caring can improve patient safety outline course objectives and explain how to assess and measure caring in your facility Written in clear accessible language this book will be an invaluable resource to nursing students nursing scholars clinical nurses nurse educators nurse researchers and nurse leaders Duffy s approach will help create a redesigned patient care delivery system focused on the primacy of caring relationships

Nursing Theories and Nursing Practice Marlaine C. Smith,2019-09-24 The only nursing research and theory book with primary works by the original theorists Noted nursing scholars explore the historical and contemporary theories that are the foundation of nursing practice today The 5th Edition continues to meet the needs of today s students with an expanded focus on the middle range theories and practice models that link theory to clinical practice You ll explore the role of these theories in the real world to see how they guide nursing practice **Nursing Theory** Martha Raile Alligood,2013-08-13 Nursing Theory Utilization the application of different nursing theories models and philosophies and the expansion of these practices with a look toward the future This text provides the opportunity for students who have learned the background of nursing theory using the companion title *Nursing Theorists and Their Work* to apply what they have learned to actual nursing

practice through various patient scenarios Real life case history examples included in application chapters promotes evidence based practice and further demonstrates how a theory is used in practical situations Consistent case history featuring the patient Debbie in every chapter and the nursing plan that follows help you apply philosophies theories and models presented in the text Critical thinking exercises provide a more application based approach rather than just contemplation of theories presented Chapters written by contributors who utilize the work offer a unique approach to using theory in practice Nursing metaparadigm discussion illustrates the four center concepts with which the discipline is concerned to help you see the scope of concern for the profession Logical organization presents content in three distinct parts Glossary offers quick access to key terms throughout the text Updated nursing application examples feature realistic scenarios that promote evidence based practice Scenarios have been updated using references to current literature and evidence based clinical research New information on the benefits and cautions associated with evidence based practice including a new discussion of praxis a dynamic process where theory and practice come together Updated critical thinking exercises reflect the role of the nursing professional and advanced nursing practice encouraging a higher level of thinking regarding the integration of theory and practice Philosophical and Theoretical Perspectives for Advanced Nursing Practice Janet W. Kenney, 2002 A collection of 26 classic and contemporary articles this text is divided into sections addressing the discipline and development of nursing knowledge the history and evolution of nursing science the concepts of the metaparadigm contemporary perspectives of nursing and the interrelationships am **Fundamentals of Nursing** Mr. Rohit Manglik, 2024-01-17 EduGorilla Publication is a trusted name in the education sector committed to empowering learners with high quality study materials and resources Specializing in competitive exams and academic support EduGorilla provides comprehensive and well structured content tailored to meet the needs of students across various streams and levels

**Nursing Theorists and Their Work** Martha Raile Alligood, Sonya R. Hardin, 2025-09 Understand the thinking of 39 leading nursing theorists in one comprehensive text Nursing Theorists and Their Work Eleventh Edition provides a clear in depth look at nursing theories of historical and international significance Each chapter presents a key nursing theory or philosophy showing how systematic theoretical evidence enhances decision making professionalism and quality of care Lead author Martha Raile Alligood is known nationally and internationally for her expertise in nursing theory A classic in the field of nursing theory this text uses objective critiques case studies and critical thinking activities to bridge the gap between nursing theory and application in the practice of nursing NEW Information on the state of nursing in health care after COVID 19 illustrates how nursing knowledge development continues to evolve with new theories that address current health care needs for quality nursing care Theorist chapters written by scholars specializing in that theorist s work often having worked closely with the theorists provide the most accurate and complete information possible Case studies at the end of each theorist chapter present the theory in a larger perspective demonstrating how it can be applied in practice Critical thinking

activities at the end of each theorist chapter help you to process the theory presented and apply it to personal and hypothetical nursing practice situations Theory specific diagrams help you visualize and better understand inherently abstract concepts and their relationships Major Concepts and Definitions boxes outline a theory s most significant ideas and clarifies vocabulary Brief summary sections offer valuable review for tests and validate comprehension Points for Further Study sections direct you to sources of additional information A diagram in each unit illustrates the level of abstraction of the theoretical knowledge presented New information on international theorists will be included New information the topic of clinical reasoning and judgment and how it relates to the various theories presented will be included The new AACN Essentials will be addressed and included where appropriate throughout the text

**Quality Caring in Nursing and Health Systems** Joanne Duffy, 2013-04-23 First Edition named an AJN Book of the Year Joanne Duffy makes a compelling argument in this book that relationships have been marginalized and no longer serve as the central organizing principle of health services This book resonates with a virtual groundswell of findings regarding the importance of relationships for organizational performance and for human wellbeing Jody Hoffer Gittel Professor of Management Brandeis University This edition stresses the proven need for a return to the patient centered care neglected through our health system s emphasis on procedures protocols diagnostic testing technology and costs It addresses the significant challenges to quality care posed by the upcoming changes in our health care system and focuses on health systems the role of nursing within them and the interprofessional health team as the key to change ensuring high quality care The book responds to the Patient Protection and Affordable Care Act s focus on accountable care organizations the recent IOM s Future of Nursing Report the call for radical transformation of nursing education and current evidence on patient safety and quality of care This text explores the Quality Caring Model which honors nursing s most deeply felt value and can be applied to clinical educational and leadership practice to advance our nation s health system Among the book s strengths are its translation of theoretical knowledge to practical applications that can be used for clinical interventions and resolution of professional issues Chapters include key terms case studies along with practical exercises and references and Calls to Action offering inspiration and guidance for implementing change New to the Second Edition Focuses on current challenges to quality care posed by upcoming changes to our health system Addresses health systems the interprofessional health team and the role of nursing within them Combines theoretical foundations for practice with clinical leadership and educational applications Examines the powerful role of relationships in promoting nursing excellence improving patient satisfaction and patient outcomes Serves as a key guide for graduate nurse educators and students nurse leaders and hospital leadership seeking Magnet certification Incorporates recommendations of the Affordable Care Act s focus on accountable care organizations the IOM s Future of Nursing Report educational transformation and current research on safety and quality of care

**Theories in Nursing Administration** Hanaa Sabra, 2014-07-18 This text book is designed to highlight the concepts of theories principles of

leadership and management in nursing practice and education It introduces the steps of management process and leadership styles which would enable the nurse students and personnel to develop an insight to provide quality nursing care and education in any health care and educational center in the country to suit the societal needs It also provides comprehensiveness in understanding the role of a nurse as a manager This book also helps undergraduate and postgraduate students as well as novice teacher to acquire skills in planning and implementing the curriculum

**Quality Caring in Nursing and Health Systems** Joanne Duffy, 2022-12-22 Praise for Previous Editions I enjoyed the book It was well written current and timely with changes in the healthcare system The reflective questions and practice analysis were great and would be wonderful to use with students at the graduate and undergraduate levels Doody's Medical Reviews Freshly updated this acclaimed text demonstrates how nurses can promote caring relationships with individuals groups and communities in various health care settings to ensure better patient outcomes lower costs and greater clinician well being The book is grounded in the author's Quality Caring Model a middle range theory that analyzes relationships among the self the community patients and families and the health care team It expands upon the concept of self caring and examines current thinking on employee work engagement and creating value Interviews with practicing nurses who describe current healthcare challenges and strategies for managing them also enrich the text Written for nursing students clinicians educators and leaders the book delves into the intricacies of relational healthcare and imparts strategies to ameliorate the ills of our current health system by focusing on nursing care that advances equity pursues innovative and advanced educational experiences leads and engages in practice across multiple settings Chapters apply the model to patients and families and provide optimal learning strategies to facilitate quality caring competencies Woven throughout the text are case studies interviews exemplars and relevant lessons to put theory into practice An Instructor's Manual includes a crosswalk of QCM concepts core competencies and performance standards student assignments reflections and value exercises and PowerPoints New to the Fourth Edition Instructor resources and power point slides Updates to address latest recommendations from NAM's The Future of Nursing 2020-2030 ANA's 2021 Nursing Scope and Standards of Practice AACN's 2021 The Essentials and AACN's 2021 Entry to Practice Nurse Residency Program Standards Expanded content on the challenges of self caring with practical guidance for preventing moral injury Examples of caring behaviors in action Current thinking on employee work engagement and creating value Interviews with practicing nurses reflecting challenges and strategies for dealing with current state of healthcare Updated information on resiliency long term career planning and work engagement Revised educational and leadership strategies to address the post pandemic health system Key Features Examines in depth the evolution key concepts and clinical educational and leadership applications of the Quality Caring Model Underscores the significance of caring relationships in improving the safety and quality of healthcare systems Delivers comprehensive concise evidence based content throughout Offers practical insights with real life case studies and interviews

in diverse community and academic settings Includes memorable quotes learning objectives boxed calls to action key summary points reflective exercises and Practice Analysis supporting an active learner centered approach Nursing Theorists and Their Work - E-Book Martha Raile Alligood, Sonya R. Hardin, 2025-06-10 Understand the thinking of 39 leading nursing theorists in one comprehensive text Nursing Theorists and Their Work Eleventh Edition provides a clear in depth look at nursing theories of historical and international significance Each chapter presents a key nursing theory or philosophy showing how systematic theoretical evidence enhances decision making professionalism and quality of care Lead author Martha Raile Alligood is known nationally and internationally for her expertise in nursing theory A classic in the field of nursing theory this text uses objective critiques case studies and critical thinking activities to bridge the gap between nursing theory and application in the practice of nursing NEW Information on the state of nursing in health care after COVID 19 illustrates how nursing knowledge development continues to evolve with new theories that address current health care needs for quality nursing care Theorist chapters written by scholars specializing in that theorist s work often having worked closely with the theorists provide the most accurate and complete information possible Case studies at the end of each theorist chapter present the theory in a larger perspective demonstrating how it can be applied in practice Critical thinking activities at the end of each theorist chapter help you to process the theory presented and apply it to personal and hypothetical nursing practice situations Theory specific diagrams help you visualize and better understand inherently abstract concepts and their relationships Major Concepts and Definitions boxes outline a theory s most significant ideas and clarifies vocabulary Brief summary sections offer valuable review for tests and validate comprehension Points for Further Study sections direct you to sources of additional information A diagram in each unit illustrates the level of abstraction of the theoretical knowledge presented New information on international theorists will be included New information the topic of clinical reasoning and judgment and how it relates to the various theories presented will be included The new AACN Essentials will be addressed and included where appropriate throughout the text **Philosophical and Theoretical**

**Perspectives for Advanced Nursing Practice** William K. Cody, 2006-02-08 **Nursing Theory: Practice & Metaparadigm** Pasquale De Marco, 2025-07-23 Nursing Theory Practice Metaparadigm provides a comprehensive overview of nursing theory and its importance in nursing practice This book is designed to help nurses understand the different nursing theories how to apply them to practice and how to evaluate their effectiveness Nursing Theory Practice Metaparadigm is divided into 10 chapters each of which covers a different aspect of nursing theory The first chapter provides an overview of nursing theory including its definition purpose and importance The second chapter discusses the nursing metaparadigm which is the four concepts that are central to nursing person environment health and nursing The third chapter discusses the nursing process which is the five step process that nurses use to provide care to patients The fourth chapter discusses nursing theories and models including the grand theories of nursing the middle range theories of nursing



and the practice models of nursing The fifth chapter discusses nursing theory and evidence based practice and the sixth chapter discusses nursing theory and research The seventh chapter discusses nursing theory and education and the eighth chapter discusses nursing theory and practice The ninth chapter discusses nursing theory and healthcare policy and the tenth chapter discusses nursing theory and the future of healthcare Nursing Theory Practice Metaparadigm is an essential resource for nurses who want to learn more about nursing theory and how it can be used to improve practice This book is also a valuable resource for nursing educators and researchers Nursing Theory Practice Metaparadigm is written in a clear and concise style and it is filled with examples and case studies that help to illustrate the concepts that are discussed This book is a must read for any nurse who wants to provide the best possible care to their patients If you like this book write a review

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Tabbner's Nursing Care - E-Book Gabby Koutoukidis,Jodie Hughson,Rita Funnell,Karen Lawrence,2008-11-20 A vital member of the health care team the contemporary enrolled nurse faces increasing challenges and an increasing level of responsibility Written specifically for Australian and New Zealand enrolled nurse students this long awaited new edition reflects the changes and challenges in contemporary enrolled nurse practice as well as the additions and modifications that are occurring in nursing curricula Tabbner s Nursing Care Theory and Practice 5th edition has been written reviewed and edited by the people who educate the enrolled nurse and continues to provide enrolled nurse students with the most comprehensive resource available

**Fundamentals of Nursing - E-Book** Patricia A. Potter,Anne Griffin Perry,Patricia Stockert,Amy Hall,2016-02-02 It s your complete guide to nursing from basic concepts to essential skills Fundamentals of Nursing 9th Edition prepares you to succeed as a nurse by providing a solid foundation in critical thinking evidence based practice nursing theory and safe clinical care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Griffin Perry this bestselling nursing textbook helps you develop the understanding and clinical reasoning you need to provide excellent patient care 51 skills demonstrations provide illustrated step by step instructions for safe nursing care and include rationales for each step 29 procedural guidelines provide streamlined step by step instructions for performing basic skills UNIQUE Critical Thinking Models in each clinical chapter show how to apply the nursing process and critical thinking to achieve successful clinical outcomes Evidence Based Practice chapter shows how nursing research helps in determining best practices UNIQUE Caring for the Cancer Survivor chapter prepares nurses to care for cancer patients who may still face

physical and emotional issues Case studies include unique clinical application questions and exercises allowing you to practice using care plans and concept maps The 5 step nursing process provides a consistent framework for care and is demonstrated in more than 20 care plans 15 review questions in every chapter test your retention of key concepts with answers available in the book and on the Evolve companion website Practical study tools on Evolve include video clips of skills skills checklists printable key points a fluid electrolytes tutorial a concept map creator an audio glossary and more UNIQUE Clear streamlined writing style makes complex material more approachable More than 20 concept maps show care planning for clients with multiple nursing diagnoses Key points and key terms in each chapter summarize important content for more efficient review and study Unexpected Outcomes and Related Interventions for each skill alert you to potential problems and appropriate nursing actions Delegation coverage clarifies which tasks can and cannot be delegated A glossary provides quick access to definitions for all key terms

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